

September 2024

Mt. Nebo Middle

851 West 450 South Payson, Utah 84651



BOYS & GIRLS CLUBS
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is All the Feels

Get To Know



My name is Leticia Jessen, and I am the Site Coordinator for the Boys and Girls Club at Mt. Nebo. In this role, I oversee and manage the daily operations of the afterschool program. My primary responsibilities include ensuring effective activity and service delivery, administering memberships, and providing healthy snacks. I am here to help you!

I am very excited about this opportunity!

CONTACT INFORMATION

Leticia Jessen- Site Coordinator

Phone: 801-633-4104

Email: mtnebo@bgcutah.org

PARENT RESOURCES

[Parent Handbook](#)
[Membership Handbook](#)

Project Learn

Project Learn is a period of time during our clubs where we provide students with Homework Help and an opportunity to increase literacy skills.

STEM Labs

Fridays 2:45 - 4:30

We have a variety of clubs building skills in science, technology, engineering, and math. Students will learn a variety of STEM skills and related activities.

Enrichment

Tuesdays - Friday 2:45 - 5:30

Students are given the opportunity to explore and learn different skills and a variety of different activities.

Prevention & Education

Tuesdays and Thursdays 4:00 - 4:30

Positive Action is used to teach students social emotional learning skills. They will learn communication skills and social skills that they can use their entire lives. We strive to help youth be their best in all situations.

Everyday we will discuss different Social Emotional Topics using Kid-Grit curricula!

Happy Birthday



UPCOMING EVENTS

CLUB CLOSED

9/2 - Labor Day



www.facebook.com/bgcutah



www.instagram.com/bgcutah



Utah State Board of Education





Social Emotional Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
The Impact Our Choices Have	2 No Clubs Labor Day	No Clubs Faculty Meeting	4 Afternoon: Crafts/Quilting (Baguley) Rm 221 Social Emotional Learning (P) Drama Rehearsals (Schofield) Rm 300 3D Printing/Maker Space (Lai) Library (see notes below) Auditions Drama Competition Team/One Act	5 Afternoon: Social Emotional Learning (B) Project Learn/Tutoring 4:40-5:30 Academic support and Project Learn (Library) Board and Card Strategy Games (Abbott) Rm TBA Rehearsal Drama Competition Team/One Act	6 Afternoon: Computers Coding Duolingo (Baguley) Rm 221 3D Printing/Maker Space (Lai) Library Board and Card Strategy Games (Abbott) Rm TBA Rehearsal Drama Competition Team/One Act SMART Moves
Learning Self Kindness	9 <u>No clubs - Teacher Development Day</u>	10 Afternoon: Social Emotional Learning (P) Sewing (Baguley) Rm 221 Social Emotional Learning (P)Pre-Survey 3D Printing/Maker Space (Lai) Library (see notes below) Project Learn/Tutoring 4:40-5:30 Academic support and Project Learn (Library) Auditions Drama Competition Team/One Act	11 Afternoon: Social Emotional Learning (B) Crafts/Quilting (Baguley) Rm 221 Drama Rehearsals (Schofield) Rm 300 3D Printing/Maker Space Canceled for today Rehearsal Drama Competition Team/One Act	12 No Clubs Parent/Teacher Conference	13 Afternoon: Computers Coding Duolingo (Baguley) Rm 221 3D Printing/Maker Space (Lai) Library Board and Card Strategy Games (Abbott) Rm TBA Rehearsal Drama Competition Team/One Act SMART Moves
Pre-Surveys	16 <u>No clubs - Teacher Development Day</u>	17 Afternoon: Social Emotional Learning (P) Sewing (Baguley) Rm 221 Social Emotional Learning (P)Pre-Survey 3D Printing/Maker Space Canceled for today Project Learn/Tutoring 4:40-5:30 Academic support and Project Learn (Library) Rehearsal Drama Competition Team/One Act	18 Afternoon: Crafts/Quilting (Baguley) Rm 221 Drama Rehearsals (Schofield) Rm 300 3D Printing/Maker Space (Lai) Library (see notes below) Rehearsal Drama Competition Team/One Act	19 Afternoon: Social Emotional Learning (B) Project Learn/Tutoring 4:40-5:30 Academic support and Project Learn (Library) Board and Card Strategy Games (Abbott) Rm TBA Rehearsal Drama Competition Team/One Act	20 Afternoon: Computers Coding Duolingo (Baguley) Rm 221 3D Printing/Maker Space (Lai) Library Board and Card Strategy Games (Abbott) Rm TBA Rehearsal Drama Competition Team/One Act SMART Moves
Taking Care of Our Bodies	23 <u>No clubs - Teacher Development Day</u>	24 Afternoon: Social Emotional Learning (P) Sewing (Baguley) Rm 221 Social Emotional Learning (P)Pre-Survey 3D Printing/Maker Space (Lai) Library (see notes below) Project Learn/Tutoring 4:40-5:30 Academic support and Project Learn (Library) Rehearsal Drama Competition Team/One Act	25 Afternoon: Crafts/Quilting (Baguley) Rm 221 Drama Rehearsals (Schofield) Rm 300 3D Printing/Maker Space (Lai) Library (see notes below) Rehearsal Drama Competition Team/One Act	26 Afternoon: Social Emotional Learning (B) Project Learn/Tutoring 4:40-5:30 Academic support and Project Learn (Library) Board and Card Strategy Games (Abbott) Rm TBA Rehearsal Drama Competition Team/One Act	27 Afternoon: Computers Coding Duolingo (Baguley) Rm 221 3D Printing/Maker Space (Lai) Library Board and Card Strategy Games (Abbott) Rm TBA Rehearsal Drama Competition Team/One Act SMART Moves
Self Awareness	30 <u>No clubs - Teacher Development Day</u>	1	2	3	4



Daily Schedule

Afternoons

2:40 pm - 2:45 pm: School is Released. Students head to cafeteria to check-in
2:45 pm - 3:00 pm: Check-in and snacks
3:00 pm: Clubs Begin
4:00 pm - 4:30 pm: Social Emotional Learning Positive Action Lesson - Friday SMART Moves 3:30pm - 4:30pm
4:00 pm - 4:45 pm: Clubs
5:00 pm - 5:25 pm Academic Support/Project Learn
5:25 pm Afternoon Snack
5:30 pm: Clubs Close

Contact Info

Leticia Jessen
Site Coordinator
Email: mtnebo@bgcutah.org
Phone: 801-633-4104

Program Address: 851 West 450 South
Payson, Utah 84651

The Boys & Girls Club at Mt Nebo Middle 2024-2025



September Club & Activity Details

Message to Parents:

Dear Parents,

Welcome back to another exciting year at the Boys & Girls Club at Mt Nebo Middle! We are thrilled to have your children return to our afterschool program, where we are dedicated to providing a safe, engaging, and enriching environment for all participants. Our team has been working diligently to plan a variety of activities and programs designed to foster personal growth, academic achievement, and social development. This year is going to look differently than it has in the past. Due to less funding we will NOT be having late buses for the afterschool program or morning clubs that are run through us. We hope that you invite your child to still attend. We believe that every child has the potential to succeed, and we are committed to supporting them on their journey. Thank you for entrusting us with your child's after school experience. We look forward to a fantastic year filled with learning, laughter, and unforgettable memories!

Morning Club:

There will be no morning clubs this year due to lack of funding.

Afternoon Clubs:

Project Learn - Tuesdays through Friday. Participating in tutoring can enhance kids' critical thinking, problem-solving, logical reasoning, collaboration, and numerical proficiency, fostering a deeper understanding and appreciation for mathematics in a fun and interactive setting. Students will also be able to work on homework or get academic help if they need it.



www.facebook.com/bgcutah



www.instagram.com/bgcutah



Utah State Board of Education



Sewing - Tuesdays after school with Mrs. Baguley (Rm 221). Participating in a sewing club can empower kids to hone fine motor skills, enhance creativity, cultivate patience, and develop practical problem-solving abilities, while also fostering a sense of accomplishment through the creation of handmade projects.

Crafts- Wednesdays after school with Mrs. Baguley (Rm. 221). Participating in a crafts club can nurture kids' creativity, fine motor skills, patience, attention to detail, and teamwork as they explore various artistic techniques and materials to express their imagination through handmade projects.

3D Printing - Tuesdays and Fridays after school with Mr. Lai in the Library. Participating in a 3D printing club can equip kids with skills in digital design, problem-solving, spatial reasoning, technology literacy, and teamwork, fostering their creativity and understanding of additive manufacturing processes.

Coding- Fridays after school with Mrs. Baguley (Rm. 221). Participating in a coding club can equip kids with problem-solving, logical reasoning, creativity, collaboration, and computer programming skills, empowering them to navigate the digital world and potentially pursue future careers in technology

Strategy Card/Board Games - Fridays after school with Tiffini in Room 301. Participating in a card games club can enable kids to enhance critical thinking, strategic planning, arithmetic proficiency, social interaction, and sportsmanship, while enjoying a diverse array of engaging and intellectually stimulating card games.

Drama: Auditions and Rehearsals will start on September 3-4. More information to come.

Social Emotional Learning:

Positive Action - Social Emotional Learning curriculum is an evidence based program that is integrated in afterschool activities to build a positive environment throughout the program -- an environment that encourages students to do their best and be their best. Positive Action teaches real-life concepts that help students feel good about themselves. This program is run Monday & Wednesday with new topics each week.

SMART Moves - Is a BGCA Social Emotional Learning curriculum that is evidence based with focuses on building positive relationships, decision-making/critical thinking skills, learning how to avoid/resist harmful substances/circumstances, and bullying prevention. This program is run Fridays with new topics each week.



www.facebook.com/bgcutah



www.instagram.com/bgcutah



Utah State Board of Education

