

September 2024

Mt. Mahogany

250 E 1650 S, Orem UT 84058 | (801)717-5035



BOYS & GIRLS CLUBS
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our SEL Focus this month is Positive Action and SMART

Happy Birthday



Franciz - 9/3
Gabi - 9/25
Dominic - 9/16
Brooklyn - 9/17
Ashtyn - 9/30

UPCOMING EVENTS

September 2-Labor Day Holiday
(NO SCHOOL)

CLUB CLOSED

September 2-Labor Day Holiday
(NO SCHOOL)



Get To Know



Hello everyone! I cannot wait for this upcoming school year! My name is Kiah Welch and I have worked for the Boys and Girls club for almost two years! I

recently just got married and life has been so much fun. In my free time I love to be outside, go to the gym, concerts, play board games and travel! I graduated from Utah State University last August in Behavior Analysis and loved it. I look forward to another great year at Mt. Mahogany!

CONTACT INFORMATION

Kiah Molyneux
Site Coordinator
Email: mtmahogany@bgcutah.org
Phone: 801-633-1525

Program Address: 618 N 1300 W St,
Pleasant Grove, UT 84602

PARENT RESOURCES

[Parent Handbook](#)
[Membership Handbook](#)

Project Learn

Time to work on homework, practice math, read, or do other academically enriching activities.

STEM Labs

Activities involving science, technology, engineering, mathematics, and related topics. Kids will learn a variety of STEM related skills and participate in many hands-on activities.

Enrichment

Clubs are provided Monday-Thursday that are designed to introduce new activities, new passions, and new ideas to the children. We offer a rotation of activities on Friday where kids can participate in a new physical and creative activity each week.

Social Emotional Learning (Prevention and Behavior)

This is a great time to explore our social emotional learning. Through this program we will be able to identify emotions and learn techniques to help understand our emotions.



www.facebook.com/bgcutah



www.instagram.com/bgcutah



Utah State Board of Education





Social Emotional Learning Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Having a Positive Attitude	2 AFTERSCHOOL CLOSED — Labor Day Holiday	3 Power Hour SMART K-3: Building Your Group Agreements 4-6: Building Your Group Agreements CLUBS K-2: STEAM 3-6: STEAM	4 Power Hour Social Emotional Learning: Positive Action (P) K-3: Self-Concept: Its Definition, Formation, and Importance 4-6: Staying in the Positive Zone Age Journey...to You! CLUBS K-2: Five Senses - Touch 3-6: Five Senses - Touch	5 Power Hour SMART K-3: Building Your Group Agreements 4-6: Building Your Group Agreements CLUBS K-2: STEAM 3-6: STEAM	6 FUN FRIDAY Physical and Creative Rotations
Practicing Positive Actions	9 Power Hour Social Emotional Learning: Positive Action (P) K-3: Self-Concept: Its Definition, Formation, and Importance 4-6: Giving Ourselves A Break CLUBS K-2: Junior Staff - Soccer 3-6: Five Senses -	10 Power Hour SMART K-3: Feeling Faces 4-6: All the Feels CLUBS K-2: STEAM 3-6: STEAM	11 Power Hour Social Emotional Learning: Positive Action (B) K-3: Self-Concept: Its Definition, Formation, and Importance 4-6: How To Be Happier CLUBS K-2: Five Senses - Sight 3-6: Five Senses - Sight	12 Power Hour SMART K-3: Feeling Faces 4-6: All the Feels CLUBS K-2: STEAM 3-6: STEAM	13 FUN FRIDAY Physical and Creative Rotations
Expressing Our Feelings	16 Power Hour Social Emotional Learning: Positive Action (P) K-6: Pre-Surveys CLUBS K-2: Five Senses - Taste 3-6: Five Senses - Taste	17 Power Hour SMART K-3: Emotions Head to Toe 4-6: Emotions Head to Toe CLUBS K-2: STEAM 3-6: STEAM	18 Power Hour Social Emotional Learning: Positive Action (B) K-6: Pre-Surveys CLUBS K-2: Five Senses - Taste 3-6: Five Senses - Taste	19 Power Hour SMART K-3: Emotions Head to Toe 4-6: Emotions Head to Toe CLUBS K-2: STEAM 3-6: STEAM	20 FUN FRIDAY Physical and Creative Rotations
Choices & Consequences	23 Power Hour Social Emotional Learning: Positive Action (P) K-3: Self-Concept: Its Definition, Formation, and Importance 4-6: To Choose or Not to Choose CLUBS K-2: Junior Staff – Balloon Cars 3-6: Five Senses	24 Power Hour SMART K-3: Time Travelers 4-6: Before, During, and After CLUBS K-2: STEAM 3-6: STEAM	25 Power Hour Social Emotional Learning: Positive Action (B) K-3: Physical and Intellectual Positive Actions for a Healthy Self-Concept 4-6: Being A Good Egg CLUBS K-2: Five Senses - Hear 3-6: Five Senses - Hear	26 Power Hour SMART K-3: Time Travelers 4-6: Before, During, and After CLUBS K-2: STEAM 3-6: STEAM	27 FUN FRIDAY Physical and Creative Rotations (Junior Staff)
Choices & Consequences	30 Power Hour CLUBS K-2: Five Senses 3-6: Five Senses	1	2		4

Daily Schedule Monday, Wednesday	Daily Schedule Tuesday, Thursday	Daily Schedule Friday
3:30-3:45 Check in, Snack, Circle Up, Recess 3:45-3:50 Transition 3:50-4:10 Social Emotional Learning: - Positive Action 4:10-4:55 Power Hour 4:55-5:00 Transition 5:00-5:30 Enrichment Clubs 5:30 Snack, Check out	3:30-3:45 Check in, Snack, Circle Up, Recess 3:45-3:50 Transition 3:50-4:10 SMART 4:10-4:55 Power Hour 4:55-5:00 Transition 5:00-5:30 STEAM 5:30 Snack, Check out	3:30-3:45 Check in, Snack, Circle Up 3:45-4:00 Structured Recess 4:00-4:45 Physical Enrichment 4:45-5:20 Creative Enrichment 5:20 Gratitude, Snack, Check out

Contact Info		
Site Coordinator: Kiah Molyneux		
Email: mtmahogany@bgcutah.org	Program Address: 618 N 1300 W St, Pleasant Grove, UT 84602	Phone: 801-633-1525



September Club & Activity Details

Message to Parents:

Hello all! What a great few weeks of Boys and Girls Club. We have already started seeing some awesome activities with your students. This next month we will continue to build off our curriculum we taught last month with SEL and SMART. We also have exciting activities starting up this month. Thanksgiving Point will be returning Tuesdays and Thursday to teach out 4th, 5th and 6th graders about STEAM. We also are introducing a new program called Junior Staff. Two 5th or 6th graders each month will help teach and plan lessons with our staff. We look forward to helping your students build leadership skills. We hope this next month can be a fun and rewarding experience for all of your students. We are excited for the month of September.

STEM - This club will engage in hands-on activities that teach them the fundamentals of science, technology, engineering and math. The goal of this program is to teach them about applicable yet fun skills they can use on a daily basis or just for fun. We strive and encourage students to try new things and put these ideas into action. In the month of September we will be exploring each letter of STEM and diving deeper in the coming months.

Social Emotional Learning - Our Social Emotional Learning program is an evidence based program in which students will learn how to develop a positive and safe environment. This curriculum is paired with our SMART moves curriculum. Each goes hand in hand in teaching vital skills like making and healthy choices so they can feel good about decisions they are making while still learning about themselves.

Five Senses- This club will invite students to learn more about our five senses while participating in activities like: Guess that smell, extreme lspy, mystery boxes and even more. This club will help cultivate curiosity, interest and fun while maintaining a safe and positive environment.

