

September 2024

Heritage

747 E Riverside Dr, St. George UT 84790 | (801) 372-3434



BOYS & GIRLS CLUBS
OF SOUTHERN UTAH

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning focus this month is "Having a Positive Attitude, Practicing positive Actions, Pre-Survey, Choices & Consequences & Physical Health Positive Actions"

Happy
Birthday



To all our September Birthdays

UPCOMING EVENTS

No program on September 2nd & 6th

Special Guest: St. George Fire Department September 19th

CLUB CLOSED

Monday 2nd
Friday 6th



Get To Know



Hello! I'm Jalen Taggart, a returning Youth Development Professional (YDP). I love reading, baking, and hiking. I am currently at Utah Tech studying Communications.

CONTACT INFORMATION

D Leyva
Site Coordinator
Phone: (801) 372-3434
Email: darian.leyva@bgcutah.org

PARENT RESOURCES

[Parent Handbook](#)
[Membership Handbook](#)

Power Hour

M-THU 4:55pm-5:20pm

In Project Learn our goal is to help members reach their reading minutes, as well as give students opportunities to finish homework and receive help.

STEM Labs

Fridays during 'Rotations'

Members will have the opportunity to participate in STEM labs. They will learn how science, technology, engineering and math can be used in everyday life.

Enrichment

K-2nd: Tuesday/Thursday 4:15-4:50pm
3rd-5th: Monday/Wednesday
4:15pm-4:50pm

Enrichment clubs are offering our members opportunities to participate in a variety of activities which will continue to change as the year progresses.

Social Emotional Learning (Prevention & Behavior)

K-2nd: Monday/Wednesday
4:15pm-4:50pm
3rd-5th: Tuesday/Thursday 4:15-4:50pm

Positive Action curriculum provide members with important social-emotional skills that can help them throughout life.



www.facebook.com/bgcsouthutah



www.instagram.com/bgcsouthutah



Utah State Board of Education



Heritage Afterschool Program 2024-2025

September



**BOYS & GIRLS CLUBS
OF SOUTHERN UTAH**

| SEL Weekly Focus | Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|--|
| Having a Positive Attitude | 2 | 3 Social Emotional Learning (P) Positive Action: 3rd-5th: Lesson 5 "Staying in the Positive Zone" <u>Clubs:</u> K-2nd Bowling or Artists Club Project Learn | 4 Social Emotional Learning (B) Positive Action: K-2nd: Lesson 13 "Self-Concept: Its Definition, Formation, and Importance" <u>Clubs:</u> 3rd-5th: Bowling or Artists Club Project Learn | 5 Social Emotional Learning (B) Positive Action: 3rd-5th: Lesson 7 "The Difference Between" <u>Clubs:</u> K-2nd Bowling or Artists Club Project Learn | 6 |
| Practicing Positive Actions | 9 Social Emotional Learning (P) Positive Action: K-2nd: Lesson 14 "Self-Concept: Its Definition, Formation, and Importance" <u>Clubs:</u> 3rd-5th: Bowling or Artists Club Project Learn | 10 Social Emotional Learning (P) Positive Action: 3rd-5th: Lesson 12 "Giving Ourselves A Break" <u>Clubs:</u> K-2nd Bowling or Artists Club Project Learn | 11 Social Emotional Learning (B) Positive Action: K-2nd: Lesson 15 "Self-Concept: Its Definition, Formation, and Importance" <u>Clubs:</u> 3rd-5th: Bowling or Artists Club Project Learn | 12 Social Emotional Learning (B) Positive Action: 3rd-5th: Lesson 13 "How To Be Happier" <u>Clubs:</u> K-2nd Bowling or Artists Club Project Learn | 13 STEM CLUB Rotations SMART Moves |
| Pre-Survey | 16 Social Emotional Learning (P) Positive Action: K-2nd: Pre-survey <u>Clubs:</u> 3rd-5th: Bowling or Artists Club Project Learn | 17 Social Emotional Learning (P) Positive Action: 3rd-5th: Pre-survey <u>Clubs:</u> K-2nd Bowling or Artists Club Project Learn | 18 Social Emotional Learning (B) Positive Action: K-2nd: Pre-Survey <u>Clubs:</u> 3rd-5th: Bowling or Artists Club Project Learn | 19 Social Emotional Learning (B) Positive Action: 3rd-5th: Pre-Survey <u>Clubs:</u> K-2nd Bowling or Artists Club Special Guest: St. George Fire Department | 20 STEM CLUB Rotations SMART Moves |
| Choices & Consequences | 23 Social Emotional Learning (P) Positive Action: K-2nd: Lesson 16 "Self-Concept: Its Definition, Formation, and Importance" <u>Clubs:</u> 3rd-5th: Bowling or Artists Club Project Learn | 24 Social Emotional Learning (P) Positive Action: 3rd-5th: Lesson 16 "To Choose or Not to Choose" <u>Clubs:</u> K-2nd Bowling or Artists Club Project Learn | 25 Social Emotional Learning (B) Positive Action: K-2nd: Lesson 21 "Physical and Intellectual Positive Actions for a Healthy Self-Concept" <u>Clubs:</u> 3rd-5th: Bowling or Artists Club Project Learn | 26 Social Emotional Learning (B) Positive Action: 3rd-5th: Lesson 17 "Being A Good Egg" <u>Clubs:</u> K-2nd Bowling or Artists Club Project Learn | 27 STEM CLUB Rotations SMART Moves |
| Physical Health Positive Actions | 30 Social Emotional Learning (P) Positive Action: K-2nd: Lesson 25 "Physical and Intellectual Positive Actions for a Healthy Self-Concept" <u>Clubs:</u> 3rd-5th: Bowling or Artists Club Project Learn | 1 | 2 | 3 | 4 |

Daily Schedule

Monday-Thursday

- 3:30pm-3:40pm: Check In
- 3:40pm-3:55pm: Snack/Brain Break
- 4:05pm-4:15pm: Circle Up
- 4:15pm-4:50pm: Social Emotional Learning/Clubs
- 4:55pm-5:25pm: Project Learn
- 5:30pm- Check out & Pm Snack

Friday

- 12:00pm-12:10pm: Check In
- 12:10pm-12:35pm: Snack/Brain Break
- 12:45pm-1:00pm: Circle Up
- 1:00pm-1:40pm: SMART Moves
- 1:50pm-3:50pm: Rotations
- 4:00pm-4:20pm: Snack
- 4:25pm-4:45pm: Team Building
- 4:50pm-5:20pm: Gratitude
- 5:30pm- Check out & Pm Snack

Contact Info

D Leyva
Site Coordinator
Email: darian.leyva@bgcutah.org
Phone: (801) 372-3434

Program Address: 747 E Riverside Dr, St. George UT 84790



www.facebook.com/bgcsouthutah



www.instagram.com/bgcsouthutah



Utah State Board of Education



September Club & Activity Details

Message to Parents:

Hello Parents and Welcome to the month of September at Boys and Girls Club! We are so excited for the fun activities we have planned for this month! Please be sure to look over the calendar and newsletter and reach out with any questions!

Social Emotional Learning

Positive Action- Social Emotional Learning curriculum is an evidence based program that is integrated in afterschool activities to build a positive environment throughout the program -an environment that encourages students to do their best and be their best. Positive Action teaches real-life concepts that help students feel good about themselves. The April theme is “**Having a Positive Attitude, Practicing positive Actions, Pre-Survey, Choices & Consequences & Physical Health Positive Actions**” k-2nd: Tuesday/Thursday & 3rd-5th: Monday/Wednesday

SMART Moves- This is a Social Emotional Learning curriculum that utilizes actions and activities to identify club members emotions and feelings, and gives them choices to express them appropriately.

Academic Support

Project Learn - The main focus of power hour will be to help youth complete homework assignments, and have help with their work. Our goal is to help youth reduce missing assignments by aligning with school day teachers and completing daily assignments at programs to allow family time at home. This takes place Monday-Thursdays 4:55pm - 5:25pm.

Clubs and More

STEM

Youth will have the opportunity to participate in a new experiment every Friday during rotations. Youth will focus on learning about observation, hypothesis, and the scientific process in these experiments. This month we will be focusing on Designing Solar Ovens.

Enrichment Clubs- k-2nd: Monday/Wednesday & 3rd-5th: Tuesday/Thursday

Bowling Club- In Bowling club students will learn about the techniques and technical side of bowling. Then they will learn how to bowl and keep score. Students will explore exciting new ways to make bowling more active.

Artists Club- In artists club students will explore different famous artists in history. Then using the knowledge they learn they will practice some of their famous techniques to create their own art.

