

September 2024

Heber Valley

[730 S 6th W, Heber City, UT 84032] | [801-857-4793]



BOYS & GIRLS CLUBS
OF WASATCH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our SEL Focus this month is Understanding our Self Concept, Having a Positive Attitude, Practicing Positive Actions, Pre Surveys

Get To Know



Meet Shannon W. She joined BGC during our summer program and loved it so much she

decided to stay on for our Fall program! She will be working mostly with our K-2 members! We are excited to have her!

Project Learn

Tuesday and Thursday - 4:30-5:15pm

Wednesday and Friday - 4:05-4:50pm

We provide High Yield Learning Activities (HYLA), homework support, literacy support, math building activities, and more.

Enrichment

Art and Get Moving Clubs: Monday - 4:35-6:00pm

Get Moving Club: Tuesday and Thursday - 5:20-6:00pm

STEM Club: Wednesday and Friday - 4:55-5:25pm

Social Emotional Learning (Prevention & Behavior)

SMART Moves:
Monday 3:30pm - 4:30pm

Positive Action:
Tuesday & Thursday 3:55pm - 4:25pm

Happy Birthday



Hunter - 9/11

UPCOMING EVENTS

No school Sept. 2 - Labor Day

CLUB CLOSED

Sept. 2 - Labor Day



CONTACT INFORMATION

Kellie Barrus, LCSW
Site Coordinator
Phone: (801) 857-4793
Email: hebervalley@bgcutah.org

PARENT RESOURCES

[Parent Handbook](#)
[Membership Handbook](#)



www.facebook.com/bgcwasatch



www.instagram.com/bgcwastach



Utah State Board of Education



Heber Valley Afterschool Program 2024-2025

September



BOYS & GIRLS CLUBS
OF WASATCH COUNTY

SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Understanding our Self Concept	2 NO SCHOOL NO CLUB HAPPY LABOR DAY!	3 Social Emotional Learning (P) K - 2: Self Concept 3 - 5: Feeling Good About Who You Are Project Learn Get Moving Club	4 Project Learn K-2 STEM Club 3-5 Art Club	5 Social Emotional Learning (B) K - 2: Self-Concept 3 - 5: What You Do Best Project Learn Get Moving Club	6 Project Learn K-2 Art Club 3-5 STEM Club
Having a Positive Attitude	9 Social Emotional Learning - Smart Moves K - 2: Feeling Faces 3 - 5: All the Feels Art Club & Get Moving Club	10 Social Emotional Learning (P) K - 2: Self Concept 3 - 5: Staying in the Positive Zone Project Learn Get Moving Club	11 Project Learn K-2 STEM Club 3-5 Art Club	12 Social Emotional Learning (B) K - 2: Self-Concept 3 - 5: The Difference Between Being All Right and not Being All Right Get Moving Club	13 Project Learn K-2 Art Club 3-5 STEM Club
Practicing Positive Actions	16 Social Emotional Learning - Smart Moves K - 2: Emotions Head to Toe 3 - 5: Emotions Head to Toe Art Club & Get Moving Club	17 Social Emotional Learning (P) K - 2: Self Concept 3 - 5: Giving Ourselves a Break Project Learn Get Moving Club	18 Project Learn K-2 STEM Club 3-5 Art Club	19 Social Emotional Learning (B) K - 2: Self-Concept 3 - 5: How to be Happier Project Learn Get Moving Club	20 Project Learn K-2 Art Club 3-5 STEM Club
Pre-Surveys	23 Social Emotional Learning - Smart Moves K - 2: Time Travelers 3 - 5: Before, During, and After Art Club & Get Moving Club	24 Social Emotional Learning (P) K - 2: Pre-Surveys 3 - 5: Pre-Surveys Project Learn Get Moving Club	25 Project Learn K-2 STEM Club 3-5 Art Club	26 Social Emotional Learning (B) K - 2: Pre-Surveys 3 - 5: Pre-Surveys Project Learn Get Moving Club	27 Project Learn K-2 Art Club 3-5 STEM Club
Choices and Consequences	30 Social Emotional Learning - Smart Moves K - 2: Magic Carpet Ride 3 - 5: Worry Wizards Art Club & Get Moving Club	1	2	3	4

Daily Schedule		
Monday 2:20pm - 3:25pm Arrive/Snack/Recess 3:30pm - 4:30pm Social Emotional Learning - Smart Moves 4:35pm - 6:00pm Art Club & Get Moving Club/Clean up/Check out	Tuesday, Thursday 3:20pm - 3:50pm Arrive/Snack/Recess 3:55pm - 4:25pm Social Emotional Learning - Positive Action 4:30pm - 5:15pm Project Learn 5:20pm - 6:00pm Get Moving Club/Clean up/Check out	Wednesday & Friday 3:20pm - 4:00pm Arrive/Snack/Recess 4:05pm - 4:50pm Project Learn 4:55pm - 5:25pm STEM Club & Art Club 5:30pm - 6:00pm Clean up/Check out

Contact Info
Kellie Barrus, LCSW, Site Coordinator
Phone: (801) 857-4793
Email: hebervalley@bgcutah.org
Program Address: 730 S 6th W, Heber City, UT 84032

September Club & Activity Details

Message to Parents:

Hello! Welcome to our first full month of program. This year looks a little different than prior years. We are offering the same number of clubs as last year, just not all on the same day! This gives our members the opportunity to participate in a different club when they might not have done so before. Please remember, as we gauge the interests of your students please keep in mind some of our activities may change. As always, we promise to support your students and provide a fun learning environment for them. Thank you for always supporting our clubs and programming!

Social Emotional Learning- Positive Action & SMART Moves - This month will focus on understanding our self-concepts and having positive attitudes and actions. Our members will also dive right into different feelings and emotions!

Project Learn - Members will be guided and supported in completing any homework assignments. They will also be engaged in age/grade appropriate activities when they don't have any class assignments or homework to complete.

Clubs:

STEM Club - Members will learn to use science, technology, engineering, and math in a fun and creative way! Circuit board connections, rocket building, volcano eruptions, and more.

Get Moving Club - Members really enjoy this club, getting to learn new games, practice teamwork, and developing gross motor skills!

Arts & Crafts Club - Members get to express their creativity in this club using a plethora of mediums!

