

September 2024

Gateway K/5

201 E Thoroughbred Way | 435-867-5558



BOYS & GIRLS CLUBS
OF SOUTHERN UTAH

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning Focus this month is: Having a Positive Attitude, Practicing Positive Actions, Choices & Consequences

Happy Birthday



9/1 Maddox
9/6 Adrian H.
9/7 Thorsen
9/21 Maddy
9/21 Mila
9/21 Riley

UPCOMING EVENTS

Social Emotional Learning Surveys
September 9-12 SmartMoves
September 16-19 Positive Action

CLUB CLOSED

Monday, September 2-Labor Day
Friday, September 6-Staff Training



Get To Know



Gillian Deichmann: AmeriCorps STEM & Clubs



Halli Johnson: Social Emotional Learning & Clubs



Avery Hunter: Social Emotional Learning Clubs



Nicci Jacomb: Project Learn & Clubs

CONTACT INFORMATION

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PARENT RESOURCES

[Parent Handbook](#)
[Membership Handbook](#)

Project Learn

Monday & Wednesday

K/1: 4:40-5:25

4/5: 3:50-4:35

Tuesday & Thursday

2/3 Purple Group: 3:50-4:35

2/3 Blue Group: 4:40-5:25

Students will have the opportunity to work on homework, class projects, and assignments. Students will also engage in math and reading through grade appropriate games, projects, and activities

STEM Labs

Monday & Wednesday

2/3 Blue Group: 3:50-4:35

2/3 Purple Group: 4:40-5:25

Tuesday & Thursday

K/1: 3:50-4:35

4/5: 4:40-5:25

Students will engage in hands-on, fun, age appropriate AmeriCorps STEM labs. This includes Science, Technology, Engineering, and Math.

Clubs & Enrichment

See Detailed Description Below

Monday & Wednesday

K/1 Afterschool Club: 3:50-4:35

4/5: Afterschool Club 4:40-5:25

Tuesday & Thursday

2/3 Blue Group: 3:50-4:35

2/3 Purple Group: 4:40-5:25

Tuesday

K/1A Group: Lego-Robotics 3:30-4:30

K/5 Option: ASL Club 4:05-4:50

These activities are age appropriate, tactile, and fun.

They promote learning in a playful way, that encourages students to try new things, and encourages team building along the way.

Social Emotional Learning

(Prevention & Behavior)

Monday & Wednesday-Positive Action

2/3 Purple Group: 3:50-4:35

2/3 Blue Group: 4:40-5:25

Tuesday & Thursday-Positive Action

4/5: 3:50-4:35

K/1: 4:40-5:25

Friday: SmartMoves

K/5: 1:25-2:20

This time will be centered around learning ways to develop our sense of self, how we can better ourselves and improve our relationships with those around us. We will focus on identifying emotions, learning healthy coping skills, and building healthy relationships with peers.



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Utah State Board of Education



Gateway K/5 Afterschool Program 2024-2025

September



**BOYS & GIRLS CLUBS
OF SOUTHERN UTAH**

Social Emotional Learning Weekly Focus & Club Theme	Monday	Tuesday	Wednesday	Thursday	Friday
Having a Positive Attitude Bee Kind:	2 Labor Day No Afterschool Program	3 Social Emotional Learning (P) Positive Action K/1 Self Concept:Definition, Formation, Importance 4/5 Staying in the Positive Zone K/1 & 4/5 Americorps STEM 2/3 Project Learn-Academic Support 2/3 Afterschool Club: Bee Kind-Recognizing Strength in Kindness K/5 ASL Club	4 Social Emotional Learning (B) Positive Action 2/3 Self Concept:Definition, Formation, Importance 2/3 Americorps STEM K/1 & 4/5 Project Learn-Academic Support K/1 & 4/5 Afterschool Club: Bee Kind-Recognizing Strength in Kindness	5 Social Emotional Learning (P) Positive Action K/1 Self Concept:Definition, Formation, Importance 4/5 The Difference Between Being All Right and Not Being All Right K/1 & 4/5 Americorps STEM 2/3 Project Learn-Academic Support 2/3 Afterschool Club:Stronger Together: Helping Our 'Hive' Mates	6 Staff Training No Afterschool Program
Practicing Positive Actions SmartMoves: Pre-Survey: Beehive Jive:	9 2/5 Book Club Social Emotional Learning (B) Positive Action 2/3 Self Concept:Definition, Formation, Importance 2/3 Americorps STEM K/1 & 4/5 Project Learn-Academic Support K/1 & 4/5 Afterschool Club:Beehive Jive: What is our 'hive' language?	10 2/5 Book Club Social Emotional Learning (P) Positive Action K/1 Self Concept:Definition, Formation, Importance 4/5 Giving Ourselves a Break K/1 Americorps STEM or Lego Robotics Club 4/5 Americorps STEM 2/3 Project Learn-Academic Support 2/3 Afterschool Club:Beehive Jive: What is our 'hive' language? K/5 ASL Club	11 2/5 Book Club Social Emotional Learning (B) Positive Action 2/3 Self Concept:Definition, Formation, Importance 2/3 Americorps STEM K/1 & 4/5 Project Learn-Academic Support K/1 & 4/5 Afterschool Club: Beehive Jive: Using our 'hive' language to show we care	12 2/5 Book Club Social Emotional Learning (P) Positive Action K/1 Self Concept:Definition, Formation, Importance 4/5 How to be Happier K/1 & 4/5 Americorps STEM 2/3 Project Learn-Academic Support 2/3 Afterschool Club:Beehive Jive: Using our 'hive' language to show we care	13 K/1 Circle up/Sharing 2/5 Book Club K/5 Social Emotional Learning: SmartMoves: Pre-Survey K/1 Book Club/Reading Mentors K/1 Project Learn Club/Wellness Club 2/5 Club Choice: Mindfulness & Yoga 2/5 Club 2/5 Club K/5 Choice Activities
Pre-Survey Positive Action Make it Sweet!	16 2/5 Book Club Social Emotional Learning (B) Positive Action 2/3 Pre-Survey 2/3 Americorps STEM K/1 & 4/5 Project Learn-Academic Support K/1 & 4/5 Afterschool Club: Make it Sweet! Working together to make afterschool a sweet place to be	17 2/5 Book Club Social Emotional Learning (P) Positive Action K/1 Pre-Survey 4/5 Pre-Survey K/1 Americorps STEM or Lego Robotics Club 4/5 Americorps STEM 2/3 Project Learn-Academic Support 2/3 Afterschool Club: Make it Sweet! Working together to make afterschool a sweet place to be K/5 ASL Club	18 2/5 Book Club Social Emotional Learning (B) Positive Action 2/3 Pre-Survey 2/3 Americorps STEM K/1 & 4/5 Project Learn-Academic Support K/1 & 4/5 Afterschool Club: Make it Sweet! Working together to make afterschool a sweet place to be	19 2/5 Book Club Social Emotional Learning (P) Positive Action K/1 Pre-Survey 4/5 Pre-Survey K/1 & 4/5 Americorps STEM 2/3 Project Learn-Academic Support 2/3 Afterschool Club: Make it Sweet! Working together to make afterschool a sweet place to be	20 K/1 Circle up/Sharing 2/5 Book Club K/5 Social Emotional Learning: SmartMoves: Building Group Agreements K/1 Book Club/Reading Mentors K/1 Project Learn Club/Wellness Club 2/5 Club Choice: Mindfulness & Yoga 2/5 Club 2/5 Club K/5 Choice Activities
Choices & Consequences Un-Bee-lievable!	23 2/5 Book Club Social Emotional Learning (B) Positive Action 2/3 Self Concept:Definition, Formation, Importance 2/3 Americorps STEM K/1 & 4/5 Project Learn-Academic Support K/1 & 4/5 Afterschool Club: Un-Bee-lievable! Recognizing our amazing 'hive' mates in after school	24 2/5 Book Club Social Emotional Learning (P) Positive Action K/1 Self Concept:Definition, Formation, Importance 4/5 To Choose or Not To Choose K/1 Americorps STEM or Lego Robotics Club 4/5 Americorps STEM 2/3 Project Learn-Academic Support 2/3 Afterschool Club: Afterschool Club: Un-Bee-lievable! Recognizing our amazing 'hive' mates in after school K/5 ASL Club	25 2/5 Book Club Social Emotional Learning (B) Positive Action 2/3 Physical & Intellectual Positive Actions for Healthy Self Concept 2/3 Americorps STEM K/1 & 4/5 Project Learn-Academic Support K/1 & 4/5 Afterschool Club:Afterschool Club: Un-Bee-lievable! Recognizing our amazing 'hive' mates in after school	26 2/5 Book Club Social Emotional Learning (P) Positive Action K/1 Physical & Intellectual Positive Actions for Healthy Self Concept 4/5 Being a Good Egg K/1 & 4/5 Americorps STEM 2/3 Project Learn-Academic Support 2/3 Afterschool Club:Afterschool Club: Un-Bee-lievable! Recognizing our amazing 'hive' mates in after school	27 K/1 Circle up/Sharing 2/5 Book Club K/5 Social Emotional Learning: SmartMoves: Building Group Agreements K/1 Book Club/Reading Mentors K/1 Project Learn Club/Wellness Club 2/5 Club Choice: Mindfulness & Yoga 2/5 Club 2/5 Club K/5 Choice Activities
Physical Health Positive Actions Harvest	30 2/5 Book Club Social Emotional Learning (B) Positive Action 2/3 Physical & Intellectual Positive Actions for Healthy Self Concept 2/3 Americorps STEM K/1 & 4/5 Project Learn-Academic Support K/1 & 4/5 Afterschool Club: Harvest: Reaping the Rewards of Kindness	1	2	3	4



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UTAH DEPARTMENT OF
WORKFORCE SERVICES
CHILD CARE



Daily Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
K/1-Lunch Room-Check-in 2:50-3:45 Snack/Recess 3:50-4:35 Afterschool Club 4:40-5:25 Project Learn/Snack 5:30 Parent Pick up 2/3 Library-Check-in 2:50-3:45 Book Club/Snack/Recess 3:50-4:35 Social Emotional Learning: Positive Action 4:40-5:25 STEM/Snack 5:30 Parent Pick up 4/5 Library-Check-in 2:50-3:45 Book Club/Snack/Recess 3:50-4:35 Project Learn 4:40-5:25 Afterschool Club/Snack 5:30 Parent Pick-up	K/1-Lunch Room-Check-in 2:50-3:45 Snack/Recess 3:50-4:35 STEM or 3:30-4:30 Lego Robotic Club 4:40-5:25 Social Emotional Learning: Positive Action/Snack 5:30 Parent Pick up 2/3 Library-Check-in 2:50-3:45 Book Club/Snack/Recess 3:50-4:35 Project Learn 4:00-5:00 2/5 ASL Club 4:40-5:25 Afterschool Club/Snack 5:30 Parent Pick up 4/5 Library-Check-in 2:50-3:45 Book Club/Snack/Recess 3:50-4:35 Social Emotional Learning: Positive Action 4:00-5:00 2/5 ASL Club 4:40-5:25 STEM/Snack 5:30 Parent Pick-up	K/1-Lunch Room-Check-in 2:50-3:45 Snack/Recess 3:50-4:35 Afterschool Club 4:40-5:25 Project Learn/Snack 5:30 Parent Pick up 2/3 Library-Check-in 2:50-3:45 Book Club/Snack/Recess 3:50-4:35 Social Emotional Learning: Positive Action 4:40-5:25 STEM/Snack 5:30 Parent Pick up 4/5 Library-Check-in 2:50-3:45 Book Club/Snack/Recess 3:15-5:15 4/5 Lego Robotics Blub 3:50-4:35 Project Learn 4:40-5:25 Afterschool Club/Snack 5:30 Parent Pick-up	K/1-Lunch Room-Check-in 2:50-3:45 Snack/Recess 3:50-4:35 STEM 4:40-5:25 Social Emotional Learning: Positive Action/Snack 5:30 Parent Pick up 2/3 Library-Check-in 2:50-3:45 Book Club/Snack/Recess 3:50-4:35 Project Learn 4:40-5:25 Afterschool Club/Snack 5:30 Parent Pick up 4/5 Library-Check-in 2:50-3:45 Book Club/Snack/Recess 3:50-4:35 Social Emotional Learning: Positive Action 4:40-5:25 STEM/Snack 5:30 Parent Pick-up	K/1-Check in-Classroom 1:00-1:20 Circle up/Sharing 1:25-2:20 Social Emotional Learning: SmartMoves 2:25-3:20 Book Club/Reading Mentors 3:25-4:00 Snack/Recess 4:05-4:55 Project Learn or Wellness Practice 5:00-5:25 Choice Activity 5:30 Parent Pick-up 2/5-Check in-Library 1:00-1:20 Book Club 1:25-2:20 Social Emotional Learning: SmartMoves 2:25-3:20 2/5 Club Choice 3:25-4:00 Snack/Recess 4:05-4:55 2/5 Club Choice 5:00-5:25 Choice Activity/Snack 5:30 Parent Pick-up

Contact Info

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September Club & Activity Details

Message to Families:

Welcome to September! It is National Honey Month and we are taking the opportunity to learn how to work together with our afterschool hive mates, 'bee' kind to one another, and make life sweet in the afterschool program. Miss Avery's daily 'Afterschool Club' will focus on activities to help all our afterschool friends feel part of the 'hive', and teach the strength that comes from individuals that are part of a community.

Miss Halli will continue to help us develop our emotional intelligence and coping skills through our Positive Action lessons, and the introduction of a new Social Emotional Learning curriculum: SmartMoves. Miss Gillian has lots of fun, hands-on STEM lessons and activities planned for the month, and Mrs. Jacomb will keep us on track in our school work with meaningful academic enrichment activities and lessons. We are excited to introduce Friday clubs for 2-5 graders, K/1 Lego Robotics Club on Tuesdays, 2/5 ASL club also on Tuesdays, and fun choice activities to wrap up our Friday afternoons. We have loved getting to know your children over the past few weeks, and look forward to more fun in September!

Yoga & Mindfulness Club with Miss Gillian:

Friday 2:25-3:15 & 4:05-4:55

Every week students will learn new, fun yoga poses. Students will also learn mindfulness techniques that they will be encouraged to use to ground themselves in times of distress. The goal of these two techniques is to help children acquire coping skills that they can use for the rest of their lives.

Week #1: Introduction of basic yoga asanas (poses). Miss Gill will discuss what yoga is, how it works, and why it is good for you! Kids will get to practice basic yoga poses.

Week #2: Introduction to basic mindfulness and meditation skills, including focused breathing and visualization. Miss Gill will discuss how meditation works and how it might be helpful in children's day-to-day lives. Kids will get to practice a few meditation and mindfulness techniques, and will review the yoga poses they learned last week.

Week #3: Children will practice a yoga series (one pose/asana connected to another) while they are encouraged to focus on the mindful practice of breath focus

Week #4: Miss Gill's class will learn a variety of breathing exercises that address stress/anxiety reduction, coping with difficult situations, and breathing that gets our bodies and brains ready to move and learn! Children will practice these techniques in coordination with the yoga asanas (poses) that they have been practicing over the past few weeks

Ancient Art Club with Mrs. Jacomb

Friday 2:25-3:15 & 4:05-4:55

Students will have the opportunity to explore and practice how ancient cultures recorded information and expressed themselves through multiple mediums. Students will get to create etched petroglyphs, drawn pictographs, chalk paint handprints, and learn skills in beading and weaving. These hands-on activities will create personal 'remnants' of each medium that students will be able to take home so they can share what they learned and show off their creativity!

Week #1: Children will be creating their own etched petroglyphs on cardboard. Students will learn the variety of different information that was communicated by ancient cultures through these etched drawings. They will have the opportunity to create their own communication, or to simply express themselves through this medium.



Week #2: This week children will be drawing pictographs. The conversation about how different ancient cultures used these drawings will continue and add on from last week.

Week #3: For week 3 the Ancient Art Club will be creating Aboriginal handprints using chalk paint. Children will come to understand that many ancient cultures left hand prints in a variety of locations. What did these handprints mean to those cultures, what did they communicate, why is this common for cultures that lived on multiple continents? Many mysteries to be discovered and wondered at during this activity!

Week #4: This week children will be creating a self-portrait. Many ancient cultures have examples of portrait work. Was this used as a statement of self? Was it communicating power or authority? Questions and wondering will rule self portrait day.

Book Club with Miss Halli

Monday-Thursday 2:50-3:15

Friday 2:25-3:15 & 4:05-4:55

Everyday 2/5 Students will meet in the library to read a book together. This month we are starting to read *Candy Shop Wars*. This is fantasy/adventure/thriller story that follows a Nate and the Blue Falcons club as they are introduced to Mrs. White, the owner of Sweet Tooth Ice Cream and Candy Shoppe, who has more than a few tricks up her sleeve and in her sweets! Fridays will be reserved for fun reading-related and book-related activities and crafts!

Week #1: We will be making watercolor bookmarks that kids can take home to use as they read their own books

Week #2: We will be designing our own candy shop logos and creating advertisements to entice children into our shops of sweets!

Week #3: We will be creating our own magic candies. Students will imagine fantastic flavor combinations, create enticing drawings of their candies, and infusing each candy creation with magical powers both helpful and mischievous.

Week #4: We will be creating our own rock candies!

K/5 Afterschool Club with Miss Avery

Daily 3:50-4:35 & 4:40-5:25

Miss Avery will be exploring our weekly themes and reinforcing what we have learned in our Positive Action and SmartMoves lessons. From 'Bee'ing kind to each other to celebrating the Un-Bee-lievable kids we have in the afterschool program, fun activities and hands on learning reinforcement will give children the opportunity to show what they are learning and ways recognize all the people that make up their family, school and afterschool community that mean so much to them.

K/1 Lego Robotics with Mrs. Meyers

Tuesday 3:30-4:30

In LEGO League, students engage in hands-on STEM experiences, building confidence, growing their knowledge and developing habits of learning. The program teaches six core values: discovery, innovation, impact, inclusion, teamwork, and fun. This club is geared specifically toward K/1 students. Each student will get the opportunity to build and learn at an age appropriate level. We will be splitting the K/1 class into two groups. Each group will have the opportunity to attend this club through the 10 week progression.

4/5 Lego Robotics with Mrs. Thorpe

Wednesday 3:15-5:15

In LEGO League, students engage in hands-on STEM experiences, building confidence, growing their knowledge and developing habits of learning. The program teaches six core values: discovery, innovation, impact, inclusion, teamwork, and fun. This club is geared specifically toward K/1 students. Each student will get the opportunity to build and learn at an age appropriate level.

2/5 American Sign Language (ASL) Club with Mrs. Gregerson

Tuesdays 4:00-5:00



By beginning at the basics like the alphabet, basic verbs, and simple communication, students will learn to communicate through American Sign Language. This non-verbal communication will be learned through repetition and muscle memory. An important part of this club is also deaf culture and history.



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