

August 2024

Westmore Elementary

1150 S Main St, Orem, Utah 84058 | (801) 372-5618



BOYS & GIRLS CLUBS
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our SEL Focus this month is

Happy Birthday



Happy Birthday to all our August birthday Members!

UPCOMING EVENTS

Back to School Night Event
August 10th
9am - 12pm

First Day of Club - August 19th
Fire Drill - week of August 26th

CLUB CLOSED

August 23rd - Staff Development Day
September 2nd - Labor Day



Get To Know Your Site Director



Hello and Welcome to Boys and Girls Clubs. My name is Mikilani Willing and I am excited to be the new Site Director at Westmore Elementary. I'm originally from Maui, Hawaii. We moved to Utah 8 years ago. I have 5 children ranging from age 6-18. I enjoy cooking, baking, and working out. I love working with children and I'm excited for this new opportunity.

CONTACT INFORMATION

Site Coordinator - Mikilani Willing
Phone: (801) 372-5618
Email: westmore@bgcutah.org

PARENT RESOURCES

Parent Handbook
Membership Handbook

Project Learn: Clubs & PowerHour

Daily

Project Learn is a daily opportunity for youth to learn new skills, practice and refine existing skills through engaging activities such as theme based clubs, homework help, and HYLAs (High Creative, Physical & STEM Rotations Learning Activities) and also participate in our reading program.

STEM Labs

Monday & Wednesday Gr 3-6
Tuesday & Thursday Gr K-2
Friday choice rotation all grades

Youth learn all about the scientific and design processes through hands-on experiments.

SEL (Prevention & Behavior)

Monday & Wednesday Gr 3-6
Tuesday & Thursday Gr K-2

Positive Action & SMART Moves curriculum focus on providing youth with important social-emotional skills. All SEL skills are taught through daily lessons and then integrated throughout the rest of programming.



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Westmore Elem. After School Program 2024-2025



| SEL Weekly Focus | Monday | Tuesday | Wednesday | Thursday | Friday |
|--------------------|--|--|--|--|---|
| | 29 | 30 | 31 | 1 | 2 |
| | 5 | 6 | 7 | 8 | 9 |
| | 12 | 13 | 14 | 15 | 16 |
| Building Community | Program Begins 19 Gr 3-6 SEL Positive Action (P) STEM Project Learn: Clubs <small>K-2: Getting to Know Me Club (Creative) 3-6: Getting to Know Me Club (Physical)</small> | 20 Gr K-2 SEL Positive Action (P) STEM Project Learn: PowerHour Enrichment Centers | 21 Gr 3-6 SEL Positive Action (B) STEM Project Learn: Clubs <small>K-2: Getting to Know Me Club (Creative) 3-6: Getting to Know Me Club (Physical)</small> | 22 Gr K-2SEL Positive Action (B) STEM Project Learn: PowerHour Enrichment Centers | 23 Program Closed Staff Development Day |
| Building Community | 26 Gr 3-6 SEL Positive Action (P) STEM Project Learn: Clubs <small>K-2: Getting to Know Me Club (Creative) 3-6: Getting to Know Me Club (Physical)</small> | 27 Gr K-2 SEL Positive Action (P) STEM Project Learn: PowerHour Enrichment Centers | 28 Gr 3-6 SEL Positive Action (B) STEM Project Learn: Clubs <small>K-2: Getting to Know Me Club (Creative) 3-6: Getting to Know Me Club (Physical)</small> | 29 Gr K-2 SEL Positive Action (B) STEM Project Learn: PowerHour Enrichment Centers | 30 FUN FRIDAY SEL:SMART Moves Outdoor Time Creative, Physical & STEM Rotations |

Daily Schedule

| Monday & Wednesday | Tuesday & Thursday | Friday |
|---|---|---|
| 3:30 - 3:45 Check in, Snack | 3:30 - 3:45 Check in, Snack | 3:30 - 3:45 Check in, Snack |
| 3:45 - 3:55 Circle Up | 3:45 - 3:55 Circle Up | 3:45 - 3:55 Circle Up |
| 4:00 - 4:30 SEL Positive Action Gr 3-6 STEM Gr K-2 | 4:00 - 4:30 SEL Positive Action Gr K-2 STEM Gr 3-6 | 4:00 - 4:30 SEL SMART Moves - age groups |
| 4:35 - 5:25 Project Learn - Clubs | 4:35 - 5:25 Project Learn - HYLAs/Power Hour - Enrichment Centers | 4:35 - 5:25 Rotations - Creative - Physical - STEM |
| 5:25 - 5:30 Clean Up & Dismissal | 5:25 - 5:30 Clean Up & Dismissal | 5:25 - 5:30 Clean Up & Dismissal |

Contact Info

| | |
|------------------------------------|----------------------------------|
| Site Coordinator: Mikilani Willing | Program Manager: Lizbeity Monroy |
| Email: @bgcutah.org | Phone: Program Address: |



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WORKFORCE
SERVICES
CHILD CARE



August Club & Activity Details

Message to Parents:

Welcome to the Boys and Girls Club! We are excited to be back for another year of fun and learning. Every month, we will have an array of new activities lined up for the students where they will learn new skills and hobbies. Youth will also receive homework help during our Project Learn time known as PowerHour as well as academic enrichment. More information and details of each month will be given to you in our Newsletter and Calendar at the beginning of each month that will be attached to an email sent out to you by us. It is important to have your email updated so we can be sure you are all up to date with all of the information. We thank you all for giving up the opportunity to work with you and your children.

Social Emotional Learning:

Helping youth develop essential skills in managing emotions, building relationships, and developing resiliency are key parts of our social-emotional learning program. Youth participate in 30 minute lessons and activities where they learn about different management strategies, understanding feelings for themselves and others, and so much more. The programs are highlighted below.

Positive Action - Social Emotional Learning curriculum is an evidence based program that is integrated in afterschool activities to build a positive environment throughout the program – an environment that encourages students to do their best and be their best. Positive Action teaches real-life concepts that help students feel good about themselves. This program is run Tuesday & Thursday with new topics each week. The January theme is getting along with others, a great way to start off the new year!

SMART Moves - Is a BGCA Social Emotional Learning curriculum that is evidence based with focuses on building positive relationships, decision-making/critical thinking skills, learning how to avoid/resist harmful substances/circumstances, and bullying prevention. This program is run on Fridays with new topics each week.

Project Learn:

Project Learn is a “catch all” term for our enrichment and academic support programs. Below are explanations of the two primary programs that are included in Project Learn.

Power Hour - PowerHour is a daily academic enrichment and support time where youth are provided help with homework assignments, engage in skill building HYLEA activities and also participate in our reading program. Our goal is to help youth reduce missing assignments by aligning with school day teachers and completing daily assignments at programs to allow family time at home.

Enrichment Clubs -

Getting to Know Me Club (Creative) - For enrichment clubs this month, we will focus on getting to know each other better to create a more comfortable environment. In this club, the students and teachers will be able to get to know each other better through creative activities such as art projects, experiments, etc.

Getting to Know Me Club (Physical) - For enrichment clubs this month, we will focus on getting to know each other better to create a more comfortable environment. In this club, the students and teachers will be able to get to know each other better through physical activities such as safe gym games, outdoor games and sports!

STEM Labs:

Science - Youth will have the opportunity to participate in STEM labs twice per week and engage in an extra activity on Friday's.





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