

August 2024

Walden Middle

4230 N University Ave, Provo, UT 84604



BOYS & GIRLS CLUBS
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our SEL Focus this month is Self Awareness

Happy Birthday



TBA

UPCOMING EVENTS

TBA

CLUB CLOSED

None



CONTACT INFORMATION

TBA - Site Coordinator

Phone: 801-247-5773

Email: waldenmiddle@bgcutah.org

PARENT RESOURCES

[Parent Handbook](#)
[Membership Handbook](#)

Project Learn

Project Learn or "Power Hour" is a dedicated time during our clubs where students receive homework assistance and have the opportunity to enhance their literacy skills. This focused period supports academic success and encourages a deeper understanding of their schoolwork, helping students build a strong foundation for future learning.

STEM Labs

We offer a variety of clubs focused on building skills in science, technology, engineering, and math (STEM). Through these clubs, students will engage in diverse STEM activities, learning essential skills that foster innovation, critical thinking, and problem-solving. These hands-on experiences not only enhance their understanding of STEM concepts but also inspire a lifelong passion for learning and discovery.

Enrichment

Students are given the opportunity to explore and learn a diverse range of skills through various engaging activities. These activities are carefully designed to foster creativity, critical thinking, and collaboration, ensuring that each student can discover and develop their unique talents. From hands-on projects and interactive workshops to team-building exercises and individual challenges, our program offers a comprehensive approach to learning that goes beyond traditional classroom experiences. This holistic approach helps students gain confidence, enhance their problem-solving abilities, and build essential life skills that will serve them well in the future.

Prevention & Education

Positive Action is designed to equip students with essential social and emotional learning skills, helping them develop effective communication and social interaction abilities that will benefit them throughout their lives. Our goal is to support youth in becoming their best selves in all situations.

Every day, we will explore a variety of social and emotional topics using the Kid-Grit curriculum, fostering meaningful discussions and personal growth.



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Walden Middle After School Program 2024-2025



SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
				1	2
	5	6	7	8	9
	12	13	14	15	16
Self Awareness	19 Dungeons&Dragons Drama STEM Power Hour	20 Dungeons&Dragons Drama STEM Power Hour SEL P Pre-Survey	21 Dungeons&Dragons Drama STEM Power Hour	22 Dungeons&Dragons Drama STEM Power Hour SEL B Pre-Survey	23 Dungeons&Dragons Drama STEM Power Hour SMART Moves Pre - Survey
Self Awareness	26 Dungeons&Dragons Drama STEM Power Hour	27 Dungeons&Dragons Shakespeare STEM Power Hour SEL P Our strongest motivation, good self-concept & Happiness	28 Dungeons&Dragons Drama STEM Power Hour	29 Dungeons&Dragons Drama STEM Power Hour SEL B Our strongest motivation, good self-concept & happiness	30 Dungeons&Dragons Drama STEM Power Hour SMART Moves

Daily Schedule

Math Lab/STEM M,W,Th 3:00pm-4:00pm	Monday-Thursday Programming Transition Time 3:00pm-3:15. SEL (Tues&Thurs) 3:15pm-3:45pm Power Hour 3:45pm -4:15pm After School Clubs 4:15pm-5:00pm Wellness Activity 5:00pm-5:30pm	Friday Programming Transition Time 12:45pm-1:00pm SMART Moves 1:00pm-2:00pm Power Hour 2:00pm-3:00pm After School Clubs 3:00pm-4:00pm Wellness Activity 4:00pm-4:30pm After School Clubs 4:30pm-5:30pm
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August Club & Activity Details

Message to Parents.

Welcome back to an exhilarating new chapter at The Boys & Girls Club at Walden Middle! We're beyond excited to have you return to our afterschool program, where every day is an adventure in learning and discovery. This year, prepare for a whirlwind of fresh activities, creative projects, and enriching experiences designed to spark curiosity and foster growth. Our dedicated team is ready to guide your child through a year filled with fun, exploration, and achievement. Thank you for your ongoing support and enthusiasm—together, we'll make this year truly unforgettable!

Project Learn/Power Hour: Power Hour is a dedicated time during our clubs where students receive homework assistance and have the opportunity to enhance their literacy skills. This focused period supports academic success and encourages a deeper understanding of their schoolwork, helping students build a strong foundation for future learning.

Dungeons & Dragons: Dungeons & Dragons offers numerous educational benefits, including enhancing critical thinking, creativity, and problem-solving skills. It fosters teamwork and collaboration, improves communication and literacy, and reinforces numeracy skills. The game also helps develop social skills and empathy, builds persistence and resilience, and provides leadership and decision-making opportunities, especially for student Dungeon Masters. Overall, D&D is a powerful tool for holistic learning and personal development.

Drama Club: Joining Drama Club offers a multitude of educational benefits that extend far beyond the stage. Through the practice of acting, students enhance their public speaking and communication skills, gaining confidence and poise in front of an audience. The collaborative nature of theater fosters teamwork and social skills as students work together to create performances. Engaging in character development and script analysis sharpens critical thinking and empathy, allowing students to understand diverse perspectives and emotions. Additionally, Drama Club encourages creativity and problem-solving as students interpret and bring stories to life. The experience of rehearsals and performances also helps develop time management and organizational skills, preparing students for various challenges both academically and personally. Overall, Drama Club provides a dynamic platform for personal growth, creative expression, and essential life skills.

Enrichment: Do you enjoy the strategic excitement of tabletop games like Vast, Risk, or Catan but find the complex rules overwhelming? Join Games Club to immerse yourself in the world of tabletop gaming in a supportive and educational environment. Our club provides clear guidance on game mechanics and strategies, helping you develop critical thinking, strategic planning, and problem-solving skills. Whether you're a seasoned player or new to the game, Games Club offers a collaborative space to enjoy these intellectually stimulating games and enhance your understanding of game dynamics.

SEL Positive Action and SMART: Positive Action and SMART is designed to equip students with essential social and emotional learning skills, helping them develop effective communication and social interaction abilities that will benefit them throughout their lives. Our goal is to support youth in becoming their best selves in all situations.

