

August 2024

Walden High School

4230 N University Ave, Provo, UT 84604



BOYS & GIRLS CLUBS
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our SEL Focus this month is Self Awareness

Happy Birthday



TBA

UPCOMING EVENTS

TBA

CLUB CLOSED

None



CONTACT INFORMATION

TBA - Site Coordinator
Phone: 801-247-5774
Email: waldenhigh@bgcutah.org

PARENT RESOURCES

[Parent Handbook](#)
[Membership Handbook](#)

Project Learn

Project Learn or "Power Hour" is a dedicated time during our clubs where students receive homework assistance and have the opportunity to enhance their literacy skills. This focused period supports academic success and encourages a deeper understanding of their schoolwork, helping students build a strong foundation for future learning.

STEM Labs

We offer a variety of clubs focused on building skills in science, technology, engineering, and math (STEM). Through these clubs, students will engage in diverse STEM activities, learning essential skills that foster innovation, critical thinking, and problem-solving. These hands-on experiences not only enhance their understanding of STEM concepts but also inspire a lifelong passion for learning and discovery.

Enrichment

Students are given the opportunity to explore and learn a diverse range of skills through various engaging activities. These activities are carefully designed to foster creativity, critical thinking, and collaboration, ensuring that each student can discover and develop their unique talents. From hands-on projects and interactive workshops to team-building exercises and individual challenges, our program offers a comprehensive approach to learning that goes beyond traditional classroom experiences. This holistic approach helps students gain confidence, enhance their problem-solving abilities, and build essential life skills that will serve them well in the future.

Prevention & Education

Positive Action is designed to equip students with essential social and emotional learning skills, helping them develop effective communication and social interaction abilities that will benefit them throughout their lives. Our goal is to support youth in becoming their best selves in all situations.

Every day, we will explore a variety of social and emotional topics using the Kid-Grit curriculum, fostering meaningful discussions and personal growth.



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Walden High After School Program 2024-2025



SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
				1	2
	5	6	7	8	9
	12	13	14	15	16
Self Awareness	19 Dungeons&Dragons Shakespeare Math Lab/STEM Power Hour	20 Dungeons&Dragons Shakespeare Power Hour SEL P Pre-Survey	21 Apothecary Club Eco Club Math Lab/STEM Power Hour	22 Strategy Board Games Club Anime Club SEL B Pre-Survey Shakespeare Math Lab/STEM Power Hour	23 Dungeons&Dragons Shakespeare SMART Moves Pre - Survey Power Hour
Self Awareness	26 Dungeons&Dragons Shakespeare Math Lab/STEM Power Hour	27 Dungeons&Dragons Shakespeare SEL P Our strongest motivation, good self-concept & Happiness Power Hour	28 Apothecary Club Eco Club Math Lab/STEM Power Hour	29 Strategy Board Games Club SEL B Our strongest motivation, good self-concept & happiness Anime Club Shakespeare Math Lab/STEM Power Hour	30 Dungeons&Dragons Shakespeare SMART Moves Power Hour

Daily Schedule

Math Lab/STEM
M,W,Th 3:00pm-4:00pm

Monday-Thursday Programming
Transition Time 3:00pm-3:15.
SEL (Tues&Thurs) 3:15pm-3:45pm
Power Hour 3:45pm -4:15pm
After School Clubs 4:15pm-5:00pm
Wellness Activity 5:00pm-5:30pm

Friday Programming
Transition Time 12:45pm-1:00pm
SMART Moves 1:00pm-2:00pm
Power Hour 2:00pm-3:00pm
After School Clubs 3:00pm-4:00pm
Wellness Activity 4:00pm-4:30pm
After School Clubs 4:30pm-5:30pm

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August Club & Activity Details

Message to Parents.

Welcome back to an exhilarating new chapter at The Boys & Girls Club at Walden High! We're beyond excited to have you return to our afterschool program, where every day is an adventure in learning and discovery. This year, prepare for a whirlwind of fresh activities, creative projects, and enriching experiences designed to spark curiosity and foster growth. Our dedicated team is ready to guide your child through a year filled with fun, exploration, and achievement. Thank you for your ongoing support and enthusiasm—together, we'll make this year truly unforgettable!

Project Learn/Power Hour: Power Hour is a dedicated time during our clubs where students receive homework assistance and have the opportunity to enhance their literacy skills. This focused period supports academic success and encourages a deeper understanding of their schoolwork, helping students build a strong foundation for future learning.

Dungeons & Dragons: Dungeons & Dragons offers numerous educational benefits, including enhancing critical thinking, creativity, and problem-solving skills. It fosters teamwork and collaboration, improves communication and literacy, and reinforces numeracy skills. The game also helps develop social skills and empathy, builds persistence and resilience, and provides leadership and decision-making opportunities, especially for student Dungeon Masters. Overall, D&D is a powerful tool for holistic learning and personal development.

Shakespeare: Joining a Shakespeare club provides students with a unique opportunity to delve into the rich language and complex themes of Shakespeare's works. Engaging with Shakespeare's plays and sonnets enhances students' understanding of classic literature, improves their language and comprehension skills, and fosters a deep appreciation for historical and cultural contexts. The collaborative nature of the club encourages teamwork and public speaking as students perform scenes and interpret characters, while the analysis of intricate plots and language sharpens critical thinking and analytical abilities. Overall, the Shakespeare club nurtures a love for literature, develops essential communication skills, and enriches students' educational experience.

Math Lab: Join Josh after school to enhance your math skills! Renowned for his exceptional expertise, Josh provides a unique opportunity to experience top-notch guidance and support. In Math Lab, students benefit from personalized instruction that addresses individual learning needs, helping them build a solid foundation in mathematical concepts. Josh's legendary skills in the craft offer more than just problem-solving techniques; he fosters a deep understanding of mathematical principles, promotes critical thinking, and encourages a growth mindset. By engaging with challenging problems and receiving tailored feedback, students gain confidence in their abilities, improve their performance in math classes, and develop essential skills that are applicable across various academic disciplines and real-life situations. Don't miss this chance to elevate your understanding and mastery of math with Josh's expert guidance!

Apothecary: The Apothecary Club provides students with hands-on experience in herbal medicine, enhancing their knowledge of botany, chemistry, and pharmacology. Through practical experiments and the study of natural remedies, students develop critical thinking, scientific inquiry, and research skills. The club fosters an appreciation for natural science and supports future studies in biology, medicine, and environmental science.

Eco Club: Perfect for both seasoned outdoor enthusiasts and those looking to become one! Join Eco Club to explore the joys of gardening and learn how to be a responsible steward of our environment. Engage in hands-on activities, deepen your connection with nature, and gain valuable skills to help preserve and enhance our natural world.

Enrichment: Do you enjoy the strategic excitement of tabletop games like Vast, Risk, or Catan but find the complex rules overwhelming? Join Games Club to immerse yourself in the world of tabletop gaming in a supportive and educational environment. Our club provides clear guidance on game mechanics and strategies, helping you develop critical thinking, strategic planning, and problem-solving skills. Whether you're a seasoned player or new to the game, Games Club offers a collaborative space to enjoy these intellectually stimulating games and enhance your understanding of game dynamics.

SEL Positive Action and SMART: Positive Action and SMART is designed to equip students with essential social and emotional learning skills, helping them develop effective communication and social interaction abilities that will benefit them throughout their lives. Our goal is to support youth in becoming their best selves in all situations.

