

August 2024

# Walden Elementary

4230 N University Ave, Provo, UT 84604



**BOYS & GIRLS CLUBS**  
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our SEL Focus this month is Self Awareness

Happy Birthday



TBA

## UPCOMING EVENTS

TBA

## CLUB CLOSED

None



### CONTACT INFORMATION

**TBA - Site Coordinator**

Phone: **801-372-8594**

Email: [waldenelementary@bgcutah.org](mailto:waldenelementary@bgcutah.org)

### PARENT RESOURCES

[Parent Handbook](#)  
[Membership Handbook](#)

### Project Learn

Project Learn or "Power Hour" is a dedicated time during our clubs where students receive homework assistance and have the opportunity to enhance their literacy skills. This focused period supports academic success and encourages a deeper understanding of their schoolwork, helping students build a strong foundation for future learning.

### STEM Labs

We offer a variety of clubs focused on building skills in science, technology, engineering, and math (STEM). Through these clubs, students will engage in diverse STEM activities, learning essential skills that foster innovation, critical thinking, and problem-solving. These hands-on experiences not only enhance their understanding of STEM concepts but also inspire a lifelong passion for learning and discovery.

### Enrichment

Students are given the opportunity to explore and learn a diverse range of skills through various engaging activities. These activities are carefully designed to foster creativity, critical thinking, and collaboration, ensuring that each student can discover and develop their unique talents. From hands-on projects and interactive workshops to team-building exercises and individual challenges, our program offers a comprehensive approach to learning that goes beyond traditional classroom experiences. This holistic approach helps students gain confidence, enhance their problem-solving abilities, and build essential life skills that will serve them well in the future.

### SEL Prevention & Education

Positive Action is designed to equip students with essential social and emotional learning skills, helping them develop effective communication and social interaction abilities that will benefit them throughout their lives. Our goal is to support youth in becoming their best selves in all situations.

Every day, we will explore a variety of social and emotional topics using the Kid-Grit curriculum, fostering meaningful discussions and personal growth.



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# Walden Elementary After School Program 2024-2025



| SEL Weekly Focus | Monday                       | Tuesday  | Wednesday  | Thursday   | Friday   |
|------------------|------------------------------|--|--|--|--|
|                  |                              |  |  | 1  | 2  |
|                  | 5                            | 6  | 7  | 8  | 9  |
|                  | 12                           | 13   | 14   | 15   | 16   |
| Self Awareness   | 15<br>Power Hour<br>Art Club | 16<br>SEL: Pre- Survey<br>PE Club:<br>Power Hour | 17<br>Power Hour<br>STEM   | 18<br>SEL: Pre-Survey<br>Leadership Club<br>Power Hour | 19<br>Power Hour<br>Art Club<br>Club Choice<br>SMART |
| Self Awareness   | 22<br>Power Hour<br>Art Club | 23<br>SEL (P)<br>PE Club<br>Power Hour           | 24<br>Power Hour<br>STEM: Molecular<br>Bonding<br>"Bouncing Bubbles" | 25<br>SEL (B)<br>Leadership Club<br>Power Hour         | 26<br>Power Hour<br>Art Club<br>Club Choice<br>SMART |

| Monday/Wednesday Schedule  | Tuesday/Thursday Schedule   | Friday Schedule   |
|--|---|---|
| <ul style="list-style-type: none"> <li>3:15-3:35 – Snack and Circle Up</li> <li>3:35-4:00 – Recess</li> <li>4:00-4:30 – Power Hour</li> <li>4:30-5:25 – Club/STEM</li> <li>5:30 – Pick Up</li> </ul> | <ul style="list-style-type: none"> <li>3:15-3:35 – Snack and Circle Up</li> <li>3:35-4:05 – Power Hour</li> <li>4:10-4:40 – Positive Action SEL</li> <li>4:45-5:25 – Enrichment Club</li> <li>5:30 - Pick Up</li> </ul> | <ul style="list-style-type: none"> <li>1:15-1:30 - Check In and Circle Up</li> <li>1:30-2:15 - Recess</li> <li>2:15-2:30 - Snack</li> <li>2:30-3:00 - Power Hour</li> <li>3:00-4:00 - Enrichment Club</li> <li>4:00-4:30 - Meditation Club</li> <li>4:30-5:25- Club Choice</li> <li>5:30 - Pick Up</li> </ul> |

| Contact Info   |
|--|
| Site Coordinator - TBA<br>Email: <a href="mailto:waldenelementary@bgcutah.org">waldenelementary@bgcutah.org</a><br>Phone: 801-372-8594 |
| Program Address: 4230 N University Ave,<br>Provo, UT 84604   |



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# August Club & Activity Details

## Message to Parents.

Welcome back to an exhilarating new chapter at The Boys & Girls Club at Walden Elementary! We're beyond excited to have you return to our afterschool program, where every day is an adventure in learning and discovery. This year, prepare for a whirlwind of fresh activities, creative projects, and enriching experiences designed to spark curiosity and foster growth. Our dedicated team is ready to guide your child through a year filled with fun, exploration, and achievement. Thank you for your ongoing support and enthusiasm—together, we'll make this year truly unforgettable!

**Art Club** - Art Club provides a wealth of educational benefits for elementary students. Engaging in artistic activities helps to enhance their creativity and imagination, allowing them to express themselves in unique and meaningful ways. Through drawing, painting, and crafting, students develop fine motor skills and hand-eye coordination, which are crucial for writing and other tasks. Art projects also encourage problem-solving and critical thinking as children plan and execute their creations. Additionally, Art Club fosters a sense of accomplishment and boosts self-esteem as students see their ideas come to life. By exploring different techniques and materials, students gain an appreciation for various art forms and cultures, broadening their understanding of the world. Overall, Art Club offers a supportive environment for self-expression, skill development, and personal growth.

**PE Club** - Physical Education (PE) in elementary school provides a range of educational benefits that are vital for overall development. Engaging in PE helps students develop fundamental motor skills such as running, jumping, and throwing, which are essential for physical coordination and fitness. Regular physical activity supports healthy growth and development, improving cardiovascular health, muscle strength, and flexibility. PE also promotes important life skills such as teamwork, cooperation, and leadership as students participate in group games and activities. Additionally, it enhances cognitive function and academic performance by improving concentration and reducing stress. Through PE, students learn about the importance of maintaining an active lifestyle, developing healthy habits early on. Overall, PE contributes to physical health, social skills, and cognitive development, laying a strong foundation for lifelong wellness and learning.

**STEM** - We offer a variety of clubs focused on building skills in science, technology, engineering, and math (STEM). Through these clubs, students will engage in diverse STEM activities, learning essential skills that foster innovation, critical thinking, and problem-solving. These hands-on experiences not only enhance their understanding of STEM concepts but also inspire a lifelong passion for learning and discovery.

**Leadership Club** - Leadership Club in elementary school helps students build important skills like taking responsibility, setting goals, and working with others. Through fun activities and projects, students learn to communicate effectively, solve problems, and lead their peers. The club also focuses on empathy and community service, teaching kids the value of helping others and making a difference. Overall, Leadership Club builds confidence and leadership qualities that benefit students in school and beyond.

**Power Hour** - Project Learn or "Power Hour" is a dedicated time during our clubs where students receive homework assistance and have the opportunity to enhance their literacy skills. This focused period supports academic success and encourages a deeper understanding of their schoolwork, helping students build a strong foundation for future learning.

**SEL** - Positive Action is designed to equip students with essential social and emotional learning skills, helping them develop effective communication and social interaction abilities that will benefit them throughout their lives. Our goal is to support youth in becoming their best selves in all situations.

