

August 2024

[Timpanogos]

[449 N 500 W, Provo, UT 84601] | [(801) 857-4361]



BOYS & GIRLS CLUBS
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our SEL Focus this month is: Introduction to Positive Action & Understanding our Self Concept

Happy Birthday



[List all birthdays for the month (only first names)]

UPCOMING EVENTS

First day of Programs! (: - August 19th

CLUB CLOSED

August 23rd - BGC Staff Training



Get To Know

[Staff bio & picture. Add new staff each month to help introduce our staff to the parents.]

Project Learn

Monday - Thursday
3:50 pm - 4:35pm

Homework Help, High Yield Learning Activities (HYLA), Brain Games!

STEM Labs

Monday & Wednesday
4:50pm - 5:10pm

Friday
4:00pm - 5:00pm (30 min Rotations)

Enrichment

Monday & Wednesday
4:50pm - 5:10pm

Fridays
4:00pm - 5:15pm

Get Moving Club & Creative Club

SEL (Prevention & Behavior)

Tuesday & Thursday (Positive Action)
4:40pm - 5:10pm

Friday (SMART Moves)
2:25pm - 3:25pm

Positive Action: Introduction to Positive Action, Understanding our Self-Concept

SMART Moves: Building Group Agreements, All the Feelings, Feeling Faces

CONTACT INFORMATION

(First & Last Name)
Site Coordinator
Phone: (801) 857-4361
Email: timpanogos@bgcutah.org

PARENT RESOURCES

[Parent Handbook](#)
[Membership Handbook](#)



www.facebook.com/bgcutah



www.instagram.com/bgcutah



Utah State Board of Education



[Timpanogos] After School Program 2024-2025



SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
	29	30	31	1	2
	5	6	7	8	9
	12	13	14	15	16
Introduction to Positive Action	19 First Day of Clubs! Circle Up Project Learn STEM Club: K - 2 Get Moving Club: 3 - 6	20 Project Learn SEL (P) K - 2: Self Concept 3-6: Beginning a Space Age Journey to YOU	21 Circle Up Project Learn STEM Club: 3 - 6 Get Moving Club: K - 2	22 Project Learn SEL (B) K - 2: Self Concept 3-6: What to Do and What not to Do	23 CLUB CLOSED
Understanding our Self Concept	26 Circle Up Project Learn STEM Club: K - 2 Get Moving Club: 3 - 6	27 Project Learn SEL (P) K - 2: Self Concept 3-6: Feeling Good about Who You Are	28 Circle Up Project Learn STEM Club: 3 - 6 Get Moving Club: K - 2	29 Project Learn SEL (B) K - 2: Self Concept 3-6: What You Do Best	30 Recess Circle Up SMART Moves Snack STEM Rotation Recess Rotation

Monday & Wednesday Schedule	Tuesday & Thursday Schedule	Friday Daily Schedule
3:05pm - 3:35pm Check in, Snack, Recess 3:35pm - 3:40pm Clean up & Transition 3:40pm - 3:50pm Circle Up 3:50pm - 4:35pm Project Learn 4:35pm - 4:40pm Transition 4:40pm - 5:10pm STEM & Enrichment Rotations (Monday K - 2 STEM, Wednesday 3 - 6 STEM) 5:10pm - 5:15pm End of day Cleanup 5:15pm - 5:30pm Backpacket games 5:30pm Program Closes	3:05pm - 3:35pm Check in, Snack, Recess 3:35pm - 3:40pm Clean up & Transition 3:40pm - 3:50pm Circle Up 3:50pm - 4:35pm Project Learn 4:35pm - 4:40pm Transition 4:40pm - 5:10pm SEL: Positive Action 5:10pm - 5:15pm End of day Cleanup 5:15pm - 5:30pm Backpacket games 5:30pm Program Closes	1:30pm - 2:00pm Check in & Recess 2:00pm - 2:05pm Transition 2:05pm - 2:20pm Circle Up 2:25pm - 3:25pm SEL: SMART Moves 3:25pm - 3:30pm Transition 3:30pm - 3:45pm Snack 3:45pm - 4:00pm Clean up & Transition 4:00pm - 4:30pm STEM Rotation 3 - 6 (Recess for K - 2) 4:30pm - 5:00pm STEM Rotation K - 2 (Recess for 3 - 6) 5:00pm - 5:15pm End of day Clean up 5:15pm - 5:30pm Backpacket Games 5:30pm Program Closes

Contact Info
[first name, last name] Site Coordinator Email: timpanogos@bgcutah.org Phone: (801) 857 - 4361 Program Address: 449 N 500 W, Provo, UT 84601

August Club & Activity Details

Message to Parents:

Welcome back to Boys & Girls Club! We have missed you and your students over the summer! We hope you all had a great summer and are ready to be back learning and growing. This month will be one of new faces, familiar systems, and lots of learning! We are excited to welcome a brand new team to Timpanogos Boys & Girls Club. Our staff will be learning and growing right alongside our club members.

Project Learn - Project Learn or “Power Hour” is our academic time Monday - Thursday to help support what our club members are learning during the school day. Boys & Girls Club offers homework help, High Yield Learning activities, and other fun games/activities that have an academic focus that are still fun!

STEM - STEM is our twice a week rotation that is taught by our AmeriCorps member! STEM includes topics of science, technology, engineering, and math. Within this club our members will be able to learn and explore aspects of how the world works around them. Building, creating, and constructing projects out of objects in the world around them.

SEL - Similar to previous years, Boys & Girls Club uses two social emotional learning curriculums— SMART Moves and Positive Action. Within both curriculums, club members will learn a lot about feelings, emotions, being a good friend/peer, and ways to help others. Social Emotional is crucial to development and we make learning fun through these curriculums!

Get Moving Club - This month, club members will have the opportunity to learn about various sports and games within Get Moving club. Members will practice gross motor skills, teamwork, and sportsmanship. Get Moving club is separated by grade group to make sure that all members are safe, as different ages have different understandings, abilities, and motives.

