

August 2024

Sandstone

850 N 2450 E, St. George UT 84790 | (801) 372-3059



BOYS & GIRLS CLUBS
OF SOUTHERN UTAH

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our SEL Focus this month is Philosophy and Thoughts-Actions-Feelings Circle

Happy Birthday



No birthdays this month :)

UPCOMING EVENTS

August 19th: First Day of Program

CLUB CLOSED

August 23, 2024: Diagnostic Testing
August 26, 2024: Diagnostic Testing



Get To Know



Gabbie Brotemarkle

Site Coordinator

Hi My name is Gabbie and I am so excited to be returning to Sandstone this school year! This is my second year with the Boys and Girls club. I cannot wait for all the fun things we are going to participate in this year and I am beyond excited to get to know all of our students and families.

CONTACT INFORMATION

Gabbie Brotemarkle
Site Coordinator

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PARENT RESOURCES

Parent Handbook
Membership Handbook

Power Hour

Monday-Thursday 4:10 - 4:55

During Power Hour, our goal is to help members reach their reading minutes, as well as give students opportunities receive help with their homework to ensure a better understanding.

STEM Labs

Fridays during 'Rotations'

Members will have the opportunity to participate in STEM labs. They will learn how science, technology, engineering and math can be used in everyday life.

Enrichment/Clubs

Monday/Wednesday: 5:00 - 5:25

Enrichment clubs are offering our members opportunities to participate in a variety of activities which will continue to change as the year progresses.

SEL (Prevention & Behavior)

Tuesday/Thursday 4:40 - 5:25

Positive Action curriculum provides members with important social-emotional skills that can help them throughout life.

Friday 1:10 - 2:10

SMART moves curriculum provides members with relationship building skills with themselves and others



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Sandstone After School Program 2024-2025



SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
	29	30	31	1	2
	5	6	7	8	9
	12	13	14	15	16
Introduction to Positive Action	19 First Day of Program Club Day: Game Show Club Team Bonding Club Power Hour	20 Positive Action L 1: "Beginning a Space-Age Journey...to You!" L 1: "Self-Concept: Its Definition, Formation, and Importance" Power Hour	21 STEM Power Hour	22 Positive Action L 2: "What to Do and What Not to Do" L 2: "Self-Concept: Its Definition, Formation, and Importance" Power Hour	23 NO SCHOOL NO PROGRAM
Understanding our Self-Concept	26 NO SCHOOL NO PROGRAM	27 Positive Action L 3: "Feeling Good About Who You Are" L 5: "Self-Concept: Its Definition, Formation, and Importance" Power Hour	28 Club Day: Game Show Club Team Bonding Club Power Hour	29 Positive Action L 4: "What You Do Best" L 6: "Self-Concept: Its Definition, Formation, and Importance" Power Hour	30 STEM Rotation Physical Rotation Creative Rotation Team Bonding SEL Rotation

Daily Schedule

Monday/Wednesday	Tuesday/Thursday	Friday
3:30-4:10 Snack & Physical Activity 4:15-4:25 Feelings Check in & Wash Hands 4:30-4:55 Power Hour 4:55-5:00 Transition 5:00-5:25 Club Time 5:25-5:30 Clean Up, Snack, Gratitude 5:30 Pickup	3:30-4:00 Snack & Physical Activity 4:00-4:10 Feelings Check in & Wash Hands 4:10-4:35 Power Hour 4:35-4:40 Transition 4:40-5:25 SEL Time 5:25-5:30 Clean Up, Snack, Gratitude 5:30 Pickup	12-12:30 Check in & Physical Activity 12:35-1:05 Circle Up/PM Snack (Feelings Check in & Schedule) 1:10-2:10 SMART Moves, Kid Grit, or other SEL 2:15-2:45 Youth Bonding Activity/Super Snack 2:50-3:35 Rotation 1 (Creative, Physical, or STEM) 3:40-4:25 Rotation 2 (Creative, Physical, or STEM) 4:30-5:15 Rotation 3 (Creative, Physical, or STEM) 5:20-5:30 Gratitude 5:30 PM Snack & Pickup

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August Club & Activity Details

Message to Parents:

Hello Parents and Welcome to Sandstone Boys & Girls Club. We are so excited to have you and your students be a part of our program this year. Please make sure to read the calendar and newsletter to see some important information about the program! August is going to look a little different from the upcoming months, since it is a shorter month for us and we have some days off. Below you will see a few of our activities and a short description of what it looks like in club.

Social Emotional Learning

Positive Action - Social Emotional Learning curriculum is an evidence-based program that is integrated into afterschool activities to build a positive environment throughout the program -- an environment that encourages students to do their best and be their best. Positive Action teaches real-life concepts that help students feel good about themselves. This program is run Tuesday & Thursday with new topics each week. The August theme is Philosophy and Thoughts-Actions-Feelings Circle.

SMART Moves - Is a BGCA Social Emotional Learning curriculum that is evidence-based and focuses on building positive relationships, decision-making/critical thinking skills, learning how to avoid/resist harmful substances/circumstances, and bullying prevention. This program is run on Fridays with new topics each week.

Academic Support:

Power Hour - The main focus of Power Hour will be to help youth complete homework assignments, practice sight words, and reach to master a new learning skill. We aim to help youth reduce missing assignments by aligning with school-day teachers and completing daily assignments at programs to allow family time at home.

STEM Labs:

Science - Youth will be able to participate in a new experiment or activity every Friday. Youth will focus on learning about observation, hypothesis, estimation, and the scientific process in these experiments.

Engineering - Youth will have the opportunity to participate in engineering projects and activities every Friday. Youth will focus on learning about building, creating, brainstorming ideas, and working on team and individual tasks.

Collaboration:

Team Bonding - Youth get to participate in team bonding every Friday. Team bonding is the chance for youth to get to know the other students in program through group games and activities. This also allows them to use teamwork and critical thinking to succeed in activities and enhance their relationships with those in program.

Enrichment Clubs:

Game Show Club - Youth in the monthly club will learn and understand critical thinking, patience, and good sportsmanship with the process of a game show. Youth will be asked a series of questions in which they will use a buzzer to lock in their answer. This club is going to be a slow introduction of how our monthly clubs will run the rest of the school year. This club will be offered every Monday and Wednesday.

Team Bonding Club - Youth in the monthly club will learn and understand the importance of peer relationships and teamwork. Youth will recognize that these activities are team efforts and they must work together. Team bonding is usually an activity we will participate in on Fridays during our rotations. This club will be offered every Monday and Wednesday.

