

August 2024

# Orem Jr. High

765 N 600 W Orem, Utah 84057 | (801)-592-6312



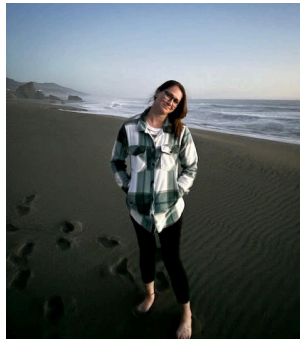
**BOYS & GIRLS CLUBS**  
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our SEL Focus this month is

## Miranda Preece



Hello and Welcome to Boys and Girls Clubs. My name is Miranda Preece and I am excited to be your site coordinator. A little about me. I am an EMT, CNA, and Medical Assistant certified. I love working with youth, especially teens. I spent almost 10 years working with teens in a therapeutic environment and found it to be both rewarding and fulfilling.

I enjoy hitting the mountains on my snowboard and snuggling with my French bulldog. I am excited to be working with you and BGC this year and look forward to meeting everyone.

### CONTACT INFORMATION

**Miranda Preece - Site Coordinator**  
Phone: (801) 592-6312  
Email: oremjr@bgcutah.org

### PARENT RESOURCES

**Parent Handbook**  
**Membership Handbook**

## Project Learn: Clubs & PowerHour

*Daily*

Project Learn is a daily opportunity for youth to learn new skills, practice and refine existing skills through engaging activities through clubs designed to gain career ready skills, gain financial literacy, and much more.

PowerHour or our homework help time will help youth complete assignments and our HYL A activities will help youth stay on top of their learning.

## SEL (Prevention & Behavior)

*Monday - Thursday*

Positive Action & SMART Moves curriculum focus on providing youth with important social-emotional skills. All SEL skills are taught through daily lessons and then integrated throughout the rest of programming.

## MyFuture.net | Money Matters

*Tuesday and Friday*

Money Matters is a financial literacy curriculum where youth engage in learning about budgeting and managing finances, investing for the future, and so much more.

Happy Birthday



Happy Birthday to all our August birthday Members!

### UPCOMING EVENTS

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Back to School Night Event  
August 10th  
9am - 12pm

**First Day of Club - August 19th**  
Fire Drill - week of August 26th

### CLUB CLOSED

August 23rd - Staff Development Day  
September 2nd - Labor Day



Get To Know Your Site Coordinator:



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[www.instagram.com/bgcutah](http://www.instagram.com/bgcutah)



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# Orem Jr. High After School Program 2024-2025



**BOYS & GIRLS CLUBS  
OF UTAH COUNTY**

SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
	29	30	31	1	2
	5	6	7	8	9
	12	13	14	15	16
Building Community	<b>Program Begins</b> 19 SEL Positive Action (P) Project Learn: PowerHour Clubs	20 My Future: Money Matters Project Learn: PowerHour Clubs	21 SEL Positive Action (B) Project Learn: PowerHour Clubs	22 SEL Smart Moves Project Learn: PowerHour Clubs	23 <b>Program Closed</b> <b>Staff Development Day</b>
Building Community	26 SEL Positive Action (P) Project Learn: PowerHour Clubs	27 My Future: Money Matters Project Learn: PowerHour Clubs	28 SEL Positive Action (B) Project Learn: PowerHour Clubs	29 SEL Smart Moves Project Learn: PowerHour Clubs	30 My Future: Money Matters Project Learn: PowerHour Clubs

## Daily Schedule

### Monday, Tuesday, Thursday, Friday

2:45 - 3:00 Check in & Snack; Club Room  
3:00 - 3:30 SEL Positive Action (M), MoneyMatters (T/F), SMART Moves (TH)  
3:30 - 4:20 Project Learn Rotations  
- Homework Help  
- HYLAs  
4:20 - 4:30 Small snack. Late bus arrives.  
4:30 - 5:30 Clubs  
5:30 Dismissal

### Wednesday

1:45 - 2:00 Check in & Snack; Club Room  
2:00 - 2:30 SEL: Positive Action  
2:30 - 3:20 Project Learn Rotations  
- Homework Help  
- HYLAs  
2:50 - 3:00 Small snack. Late bus arrives  
3:00 - 5:30 Clubs  
5:30 Dismissal

## Contact Info

Site Coordinator: Miranda Preece

Program Manager: April Greenwood

Email: [oremjr@bgcutah.org](mailto:oremjr@bgcutah.org)

Phone: (801) 592-6312

Program Address: 765 N 600 W Orem, Utah 84057



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## August Club & Activity Details

### Message to Parents:

Welcome to the Boys and Girls Club! We are excited for a new year! Although we might look different this year, we are thrilled to have Lu and April returning to us. April is taking on a new role as Program Manager this year and we are thrilled to have her taking the lead in new ways this year. Although some of our staff has changed our focus this year to create a safe and fun space for every child that is in our program has not. Every month, we will have an array of new activities lined up for the students where they will learn new skills and hobbies. They will also receive homework help during our PowerHour every day. More information and details of each month will be given to you in our Newsletter and Calendar at the beginning of each month that will be attached to an email sent out to you by us. It is important to have your email updated so we can be sure you are all up to date with all of the information. We thank you all for giving up the opportunity to work with you and your children.

### Social Emotional Learning:

Helping youth develop essential skills in managing emotions, building relationships, and developing resiliency are key parts of our social-emotional learning program. Youth participate in 30 minute lessons and activities where they learn about different management strategies, understanding feelings for themselves and others, and so much more. The programs are highlighted below.

**Positive Action** - Social Emotional Learning curriculum is an evidence based program that is integrated in afterschool activities to build a positive environment throughout the program – an environment that encourages students to do their best and be their best. Positive Action teaches real-life concepts that help students feel good about themselves. This program is run Tuesday & Thursday with new topics each week. The January theme is getting along with others, a great way to start off the new year!

**SMART Moves** - Is a BGCA Social Emotional Learning curriculum that is evidence based with focuses on building positive relationships, decision-making/critical thinking skills, learning how to avoid/resist harmful substances/circumstances, and bullying prevention. This program is run on Fridays with new topics each week.

### Project Learn:

Project Learn is a “catch all” term for our enrichment and academic support programs. Below are explanations of the two primary programs that are included in Project Learn.

**Power Hour** - PowerHour is a daily academic enrichment and support time where youth are provided help with homework assignments, engage in skill building HYLEA activities and also participate in our reading program. Our goal is to help youth reduce missing assignments by aligning with school day teachers and completing daily assignments at programs to allow family time at home.

**Enrichment Clubs** - Club information will be coming soon. As we complete our staffing and have a chance to get everyone together we will share that information with all registered families.

**Money Matters** - Money Matters is a financial literacy curriculum where youth engage in learning about budgeting and managing finances, investing for the future, and so much more.

