

August 2024

Mt. Nebo Middle

851 West 450 South Payson, Utah 84651



BOYS & GIRLS CLUBS
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our SEL Focus this month is Self Awareness

Happy Birthday



TBA

UPCOMING EVENTS

TBA

CLUB CLOSED

None



Get To Know



My name is Marco Ledesma. I have been teaching at Mt. Nebo Middle School for 5 years. I teach Spanish, English Language Development, and Biking. Additionally, I have been involved with Boys and Girls Clubs for 4 years. My role with BGC, at Mt. Nebo Middle School, is a program manager. As program manager I assist the site coordinator in ensuring our day to day activities run smoothly at our site. In my free time I love to golf, hike unbeaten paths, and spend time with my one year old boy and my wife.

CONTACT INFORMATION

Leticia Jessen- Site Coordinator

Phone: 801-633-4104

Email: mtnebo@bgcutah.org

PARENT RESOURCES

[Parent Handbook](#)
[Membership Handbook](#)

Project Learn

Power Hour is a period of time during our clubs where we provide students with Homework Help and an opportunity to increase literacy skills.

STEM Labs

Thursday 2:45 - 4:30

We have a variety of clubs building skills in science, technology, engineering, and math. Students will learn a variety of STEM skills and related activities.

Enrichment

Tuesdays - Friday 2:45 - 5:30

Students are given the opportunity to explore and learn different skills and a variety of different activities.

Prevention & Education

Tuesdays and Thursdays 4:00 - 4:30

Positive Action is used to teach students social emotional learning skills. They will learn communication skills and social skills that they can use their entire lives. We strive to help youth be their best in all situations.

Everyday we will discuss different Social Emotional Topics using Kid-Grit curricula!



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Mt Nebo After School Program 2024-2025



SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
				1	2
	5	6	7	8	9
	12	13	14	15	16
Self Awareness	19 No after school clubs - Teacher Collaboration	20 <u>Afternoon:</u> SEL (P)Pre-Survey Sewing (Baguley) Rm 221 Ping Pong (McGregor) Front Commons Power Hour/Tutoring 4:40-5:30 Academic support and Fine Arts Club (Library)	21 <u>Afternoon:</u> Crafts/Quilting (Baguley) Rm 221 Power Hour/Tutoring 4:40-5:30 Academic support and Fine Arts Club (Library)	22 <u>Afternoon:</u> SEL (B)Pre-Survey Science (Mendenhall) Rm 208 Rollerblading (Cope) Aux gym Power Hour/Tutoring 4:40-5:30 Academic support and Fine Arts Club (Library)	23 <u>Afternoon:</u> SMART - SEL Pre-Survey Open Computers (Baguley) Rm 221 3D Printing/Maker Space (Lai) Library Power Hour/Tutoring 4:40-5:30 Academic support and Fine Arts Club (Library)
Self Awareness	26 No after school clubs - Teacher Collaboration	27 <u>Afternoon:</u> SEL (P)Prevention: Who am I? Power Hour/Tutoring Sewing (Baguley) Rm 221 Ping Pong (McGregor) Front Commons 3D Printing/Maker Space (Lai) Library (see notes below) 4:40-5:30 Academic support and Fine Arts Club (Library)	28 <u>Afternoon:</u> Crafts/Quilting (Baguley) Rm 221 Drama Auditions (Schofield) Rm 300 3D Printing/Maker Space (Lai) Library (see notes below) Power Hour/Tutoring 4:40-5:30 Academic support and Fine Arts Club (Library)	29 <u>Afternoon:</u> SEL (B)Behavior: Positive thoughts, actions, & feelings Science (Mendenhall) Rm 208 Rollerblading (Cope) Aux gym Power Hour/Tuto 4:40-5:30 Academic support and Fine Arts Club (Library)	30 <u>Afternoon:</u> SMART - SEL(6-8) Building Your Group Norms Open Computers (Baguley) Rm 221 3D Printing/Maker Space (Lai) Library (see notes below) Power Hour/Tutoring 4:40-5:30 Academic support and Fine Arts Club (Library)

Daily Schedule

<p>Mornings TBA</p> <p>Afternoons 2:40 pm - 2:45 pm: School is Released. Students head to cafeteria to check-in 2:45 pm - 3:00 pm: Check-in and snacks 3:00 pm: Clubs Begin 4:00 pm - 4:30 pm: SEL Positive Action Lesson - Friday SMART Moves 3:30pm - 4:30pm 4:30 pm- 4:35 pm: Afternoon snacks 4:40 pm: Buses Leave 4:40 pm: Academic Support/Power Hour 5:30 pm: Clubs Close</p>
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August Club & Activity Details

Message to Parents:

Dear Parents,

Welcome back to another exciting year at the Boys & Girls Club at Mt Nebo Middle! We are thrilled to have your children return to our afterschool program, where we are dedicated to providing a safe, engaging, and enriching environment for all participants. Our team has been working diligently to plan a variety of activities and programs designed to foster personal growth, academic achievement, and social development. We believe that every child has the potential to succeed, and we are committed to supporting them on their journey. Thank you for entrusting us with your child's afterschool experience. We look forward to a fantastic year filled with learning, laughter, and unforgettable memories!

Morning Club

To Be Announced

Afternoon Clubs

To be Announced

