

August 2024

Legacy

280 E 100 S Saint George, Utah 84770 | 801-372-3284



BOYS & GIRLS CLUBS
OF SOUTHERN UTAH

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our SEL Focus this month is Positively Me

Happy
Birthday



UPCOMING EVENTS

First day of program: 19th
No School & Program: 23rd & 26th

CLUB CLOSED

August 12th - 16th
August 23rd & 26th



Get To Know Our Staff!

Adeline Tiffany
Site Coordinator



Meet our site coordinator Adeline! Adeline (Ms. Addie) is a student at Utah Tech University and is hoping to become a full time teacher after she graduates. She has a passion for art, history, and being around her family. She is excited for the new year and looks forward to this next adventure!

CONTACT INFORMATION

Adeline Tiffany
Site Coordinator
Phone: 801-372-3284
Email: legacy@bgcutah.org

PARENT RESOURCES

Parent Handbook
Membership Handbook

Project Learn

Monday - Thursday: 5:00 - 5:30

We work diligently to provide the best assistance for club members to work on their homework and math/reading skills.

STEM Labs

Monday 4:30 - 5:00

Members will have the opportunity to participate in STEM labs. They will learn how science, technology, engineering and math can be used in everyday life

Enrichment

Monday - Thursday: 4:00 - 4:30

Enrichment clubs are offering our members opportunities to participate in a variety of activities. Our clubs will continue to change and develop as the year progresses.

SEL (Prevention & Behavior)

Monday - Friday

Positive Action, Kid-Grit, & SMART Moves curriculum focus on providing youth with important social-emotional skills. All SEL skills are taught through daily lessons and then integrated throughout the rest of programming.



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Utah State Board of Education



Legacy After School Program 2024-2025



SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
	29	30	31	1	2
	5	6	7	8	9
First Week of School	12 No Program 	13 No Program 	14 No Program 	15 No Program 	16 No Program 
First Week Fun!	19 First Day of Program! 	20 Second Day Fun!	21 You've got a friend in me Club	22 SEL (B) Introduction: Going over the rules & expectations as a group	23 No School & No Program 
Positively Me!	26 No School & No Program 	27 SEL (B) Lesson 1: The Philosophy & Thoughts- Actions- Feelings Circle Power Hour	28 My favorite things Club Power Hour	29 SEL (P) Lesson 2: The Philosophy & Thoughts- Actions- Feelings Circle Continued Power Hour	30 Fun Friday! STEM Club Creative & Physical Club SMART Moves

Daily Schedule Monday - Thursday	Daily Schedule Friday
3:30 - 3:35 pm - Welcome Check-in/Wash hands 3:35 - 3:50 pm - Super Snack/Feelings Check-in 3:50 - 4:15 pm - Energy Boost/Wash hands 4:15 - 4:45 pm - SEL/ STEM / Club Time 4:45 - 5:25 pm - Project Learn (Academic Support) 5:25 - 5:30 pm - Pass out PM Snack & Check-out	12:00 - 12:30 pm - Welcome Check-in/Wash hands 12:30 - 12:50 pm - Energy Break/Wash hands 12:50 - 1:10 pm - Super Snack Time 1:10 - 2:10 pm - Fun Friday! 2:10 - 2:30 pm - Positivity Circle/Feelings Check-in 2:30 - 3:00 pm - STEM Club (Club Rotation) 3:00 - 3:45 pm - Physical Club & Creative Club (Club Rotation) 3:45 - 4:00 pm - Energy Break/Wash hands 4:00 - 4:25 pm - PM Snack Time 4:25 - 5:25 pm - SMART Moves 5:25 - 5:30 pm - Clean up/Check-out

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Legacy Afterschool Program 2024-2025



August Club & Activity Details

Message to Parents:

We are extremely excited to start the new school year! Just a reminder that we will not be having program during the first week of school. Program will start on the 19th of August right after school. Program goes from 3:30 - 5:30 Monday through Thursday and 12:00 - 5:30 on Friday. There is also no school or program on the 23th and 26th of August. If you have any questions please don't hesitate to reach out! We look forward to seeing what this year brings!

Activities & Lessons:

8/19 - 8/21: Get to know you activities, Go over rules and expectations

8/22: SEL (B) Introduction

8/23 & 8/26: No School

8/27 - 8/29: SEL (B) Lesson 1&2: The Philosophy & Thoughts- Actions- Feelings Circle

8/30: Fun Friday, STEM Club, Creative & Physical Club, SMART Moves Introduction & Group Agreement

Clubs:

You've got a friend in me Club: This club is centered around becoming friends! It is important for students to feel like they belong and have friends they can rely on. We will be playing get to know you games and trust building activities.

My favorite things Club: This club is centered around getting to know each other! We want students to feel valued and understood. Students will take time writing and drawing out some of their favorite things. We will go around the group in various different games to see who can remember the most things about their fellow club members.

