

August 2024

Independence

636 Independence Ave Provo UT 84601



BOYS & GIRLS CLUBS
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our SEL Focus this month is Self Awareness

Happy Birthday



TBA

UPCOMING EVENTS

Parent/Player Contract Night TBA

CLUB CLOSED

None



Get To Know



Hi! My name is Brynn and I am the Site Coordinator at Independence. I am so excited for this opportunity and to be working

here! I am studying Psychology at Utah Valley University and am graduating this December. I love reading and going to concerts with my friends. I grew up in Idaho and loved swimming and playing Volleyball. I am so excited to be a part of Independence!

CONTACT INFORMATION

Brynn Bowers - Site Coordinator
Email: Independence@bgcutah.org

PARENT RESOURCES

[Parent Handbook](#)
[Membership Handbook](#)

Sports Practice

TBA

Volleyball Season! Please see Brynn Bowers for Sign ups!

Homework Help (Project Learn)

Monday - Thursday 3:00 - 4:30

Come get help with your classes! Math, English, Science, Gear Up is here to help!

Cooking Club

Tuesdays 3:00 - 4:30

Grant teaches how to make meals with anything that you can find in the pantry!

SEL (Prevention and Behavior)

Monday - Thursday 3:00 - 3:15

Everyday we will discuss different Social Emotional Topics using Kid-Grit curricula!



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Utah State Board of Education



Independence After School Program 2024-2025



SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
				1	2
	5	6	7	8	9
	12	13	14	15	16
Self Awareness	19 SEL (Kid Grit) Volleyball Signup Homework Help	20 SEL (Kid Grit) Volleyball Signup Homework Help	21 SEL (Kid Grit) Homework Help Volleyball Signup	22 SEL (Kid Grit) Volleyball Signup Homework Help	23 SEL (Kid Grit) Volleyball Signup Homework Help
Self Awareness	26 SEL (Kid Grit) Volleyball Signup Homework Help	27 SEL (Kid Grit) Volleyball Signup Homework Help	28 SEL (Kid Grit) Volleyball Signup Homework Help	29 SEL (Kid Grit) Volleyball Signup Homework Help	30 SEL (Kid Grit) Volleyball Signup Homework Help

Daily Schedule

3:00 School Ends
 3:05 Snack passed out/SEL Lesson
 3:10 Homework Help Begins in Library
 3:15 Practice Begins in Gym
 4:30 All Programs End
 4:35 Vans Leave School

Contact Info

Brynn Bowers
 Site Coordinator
 Email: independence@bgcutah.org
 Phone:
 Program Address: 636 Independence Ave
 Provo UT 84601

August Club & Activity Details

Message to Parents:

Welcome back! We are excited to be back from summer and working with your youth again.

Volleyball - Sign up for Volleyball season is happening now! Please find Brynn to sign up!

Homework Help - The goal is to help students get help with classes that they are struggling in and provide an opportunity for them to get their grades up. Offered every day in the library from 3-4:30.

Cooking Club - Youth will have the opportunity to learn how to make different kinds of foods every week. Using different foods that can be found around the kitchen, there will be a different meal cooked. This is every Tuesday from 3:00 - 4:30.

ESports - Students will learn how to communicate, problem solve, and collaborate with others while playing competitively. Every Tuesday and Wednesday there will be games at 4. Mario Kart is on Tuesdays and Smash Bros is on Wednesdays.

Game Club - Students have the opportunity to learn how to play a variety of games, as well as learn how to play with others. It also is a time for students to be able to be social with others. Every Thursday in the cafeteria from 3-4:30.

RPG Club - Students learn how to play dungeons and dragons and develop confidence and ability to express themselves. They will also use critical thinking skills, problem-solving and social emotional skills. The first two Thursdays of the month from 3:15-4:30.

Kid-Grit - Kid-Grit is a curriculum that focuses on teaching students how to become well rounded students through social emotional mindfulness techniques.

