

August 2024

Heritage

747 E Riverside Dr, St. George UT 84790 | (801) 372-3434



BOYS & GIRLS CLUBS
OF SOUTHERN UTAH

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our SEL Focus this month is "Introduction to Positive Action" & "Understanding our Self-Concept"

Happy Birthday



To all our
AUGUST Birthdays

UPCOMING EVENTS

19th- First day of Program

CLUB CLOSED

Friday 23rd
Monday 26th



Get To Know



D Leyva, SiteCoordinator

Hi My name is D and I am so excited to be returning to Heritage Elementary school for a second year. I am currently a senior at Utah Tech University to get my Bachelors degree in Theater Education. This will be my third year at Boys and Girls Club and my second year as a Site Coordinator!

CONTACT INFORMATION

D Leyva
Site Coordinator
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PARENT RESOURCES

Parent Handbook
Membership Handbook

Project Learn

M-THU 4:55pm-5:20pm

In Project Learn our goal is to help members reach their reading minutes, as well as give students opportunities to finish homework and receive help.

STEM Labs

Fridays during 'Rotations'

Members will have the opportunity to participate in STEM labs. They will learn how science, technology, engineering and math can be used in everyday life.

Enrichment

K-2nd: Tuesday/Thursday 4:15-4:50pm
3rd-5th: Monday/Wednesday
4:15pm-4:50pm

Enrichment clubs are offering our members opportunities to participate in a variety of activities which will continue to change as the year progresses.

SEL (Prevention & Behavior)

K-2nd: Monday/Wednesday
4:15pm-4:50pm
3rd-5th: Tuesday/Thursday 4:15-4:50pm

Positive Action curriculum provide members with important social-emotional skills that can help them throughout life.



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Heritage After School Program 2024-2025



SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
	29	30	31	1	2
	5	6	7	8	9
	12	13	14	15	16
Introduction to Positive Action	19 First Day of Program SEL (P) Positive Action: K-2nd: Lesson 1 "Self-Concept: Its Definition, Formation, and Importance" Clubs: 3rd-5th: Race Club or Craft Club Project Learn	20 SEL (P) Positive Action: 3rd-5th: Lesson 1 "Beginning a Space-Age Journey...to You!" Clubs: K-2nd: Race Club or Craft Club Project Learn	21 SEL (B) Positive Action: K-2nd: Lesson 2 "Self-Concept: Its Definition, Formation, and Importance" Clubs: 3rd-5th: Race Club or Craft Club Project Learn	22 SEL (B) Positive Action: 3rd-5th: Lesson 2 "What to Do and What Not to Do" Clubs: K-2nd: Race Club or Craft Club Project Learn	23 
	26 	27 SEL (P) Positive Action: 3rd-5th: Lesson 3 "Feeling Good About Who You Are" Clubs: K-2nd: Race Club or Craft Club Project Learn	28 SEL (B) Positive Action: K-2nd: Lesson 6 "Self-Concept: Its Definition, Formation, and Importance" Clubs: 3rd-5th: Race Club or Craft Club Project Learn	29 SEL (B) Positive Action: 3rd-5th: Lesson 4 "What You Do Best" Clubs: K-2nd: Race Club or Craft Club Project Learn	30 STEM CLUB Rotations SMART Moves

Daily Schedule

Monday-Thursday

- 3:30pm-3:40pm: Check In
- 3:40pm-3:55pm: Snack/Brain Break
- 4:05pm-4:15pm: Circle Up
- 4:15pm-4:50pm: SEL/Clubs
- 4:55pm-5:25pm: Project Learn
- 5:30pm- Check out & Pm Snack

Friday

- 12:00pm-12:10pm: Check In
- 12:10pm-12:35pm: Snack/Brain Break
- 12:45pm-1:00pm: Circle Up
- 1:00pm-1:40pm: SMART Moves
- 1:50pm-3:50pm: Rotations
- 4:00pm-4:20pm: Snack
- 4:25pm-4:45pm: Team Building
- 4:50pm-5:20pm: Gratitude
- 5:30pm- Check out & Pm Snack

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August Club & Activity Details

Message to Parents:

Hello Parents and Welcome to Heritage Boys & Girls Club. We are so excited to have you and our members a part of our program this year. Please make sure to read the calendar and newsletter to see some important information about the program! Below you will see a few of our activities and a short description of what it looks like and when it takes place in the club.

Social Emotional Learning

Positive Action- Social Emotional Learning curriculum is an evidence based program that is integrated in afterschool activities to build a positive environment throughout the program -an environment that encourages students to do their best and be their best. Positive Action teaches real-life concepts that help students feel good about themselves. The April theme is “**Introduction to Positive Action** ” & “**Understanding our Self-Concept.**” k-2nd: Tuesday/Thursday & 3rd-5th: Monday/Wednesday

SMART Moves- This is a Social Emotional Learning curriculum that utilizes actions and activities to identify club members emotions and feelings, and gives them choices to express them appropriately.

Academic Support

Project Learn - The main focus of power hour will be to help youth complete homework assignments, and have help with their work. Our goal is to help youth reduce missing assignments by aligning with school day teachers and completing daily assignments at programs to allow family time at home. This takes place Monday-Thursdays 4:55pm - 5:25pm.

Clubs and More

STEM

Youth will have the opportunity to participate in a new experiment every Friday during rotations. Youth will focus on learning about observation, hypothesis, and the scientific process in these experiments. This month we will be focusing on Designing Solar Ovens.

Enrichment Clubs- k-2nd: Monday/Wednesday & 3rd-5th: Tuesday/Thursday

Race Club- In Race Club students will participate in races to help stay active. They will help create the races and practice teamwork and sportsmanship. One race will include building the obstacle and then working as a team to get each member through the obstacle.

Craft Club - In Craft Club members will do different creative and fun crafts. They will be encouraged to show their creativity and personality in these fun pieces of art. Some of these crafts will include making bookmarks and Handprint cactuses.

