

August 2024

# Provo Clubhouse

750 W 200 N, Provo, UT 84601 | (801) 717-6214



**BOYS & GIRLS CLUBS**  
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our SEL Focus this month is

## Happy Birthday



Happy Birthday to all our August birthday Members!

### UPCOMING EVENTS

Back to School Night Event  
August 10th  
9am - 12pm

**First Day of Club - August 19th**  
Fire Drill - week of August 26th

### CLUB CLOSED

August 23rd - Staff Development Day  
September 2nd - Labor Day



### Get To Know Your Site Coordinator: Bianca Salazar



Hello and Welcome to Boys and Girls Clubs. My name is Bianca, I've just moved here from California, I've been working with the boys and girls club for about 7 years now, I was also a club kid. In my free time I love camping, playing softball, watching my daughter play volleyball and listening to music. My greatest achievement is coaching the Mamba league (Kobe Bryant league) both girls and boys teams won the championship. Afterwards, we were able to meet Kobe and his daughter Gianna.

#### CONTACT INFORMATION

**Site Coordinator: Bianca Salazar**  
Phone: (801) 717-6214  
Email: bianca.salazar@bgcutah.org

#### PARENT RESOURCES

Parent Handbook  
Membership Handbook

### Project Learn: Clubs & PowerHour

Daily

4:55pm

Project Learn is a daily opportunity for youth to learn new skills, practice and refine existing skills through engaging activities such as theme based clubs, homework help, and HYLAs (High Creative, Physical & STEM Rotations Learning Activities) and also participate in our reading program.

#### STEM Labs

Monday & Wednesday Gr 3-6  
Tuesday & Thursday Gr K-2  
Friday choice rotation all grades

4:20pm

Youth learn all about the scientific and design processes through hands-on experiments.

#### SEL (Prevention & Behavior)

Monday & Wednesday Gr K-2  
Tuesday & Thursday Gr 3-6  
4:20pm

Positive Action & SMART Moves curriculum focus on providing youth with important social-emotional skills. All SEL skills are taught through daily lessons and then integrated throughout the rest of programming.



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# Provo Clubhouse After School Program 2024-2025



SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
	29	30	31	1	2
	5	6	7	8	9
	12	13	14	15	16
Building Community	<b>Program Begins</b> 19 Choice Activity SEL Positive Action (P) STEM Project Learn: Clubs <small>K-2: Getting to Know Me Club (Creative) 3-6: Getting to Know Me Club (Physical)</small>	20 Choice Activity SEL Positive Action (P) STEM Project Learn: PowerHour Enrichment Centers	21 Choice Activity SEL Positive Action (B) STEM Project Learn: Clubs <small>K-2: Getting to Know Me Club (Creative) 3-6: Getting to Know Me Club (Physical)</small>	22 Choice Activity SEL Positive Action (B) STEM Project Learn: PowerHour Enrichment Centers	23 <b>Program Closed</b> <b>Staff Development Day</b>
Building Community	26 Choice Activity SEL Positive Action (P) STEM Project Learn: Clubs <small>K-2: Getting to Know Me Club (Creative) 3-6: Getting to Know Me Club (Physical)</small>	27 Choice Activity SEL Positive Action (P) STEM Project Learn: PowerHour Enrichment Centers	28 Choice Activity SEL Positive Action (B) STEM Project Learn: Clubs <small>K-2: Getting to Know Me Club (Creative) 3-6: Getting to Know Me Club (Physical)</small>	29 Choice Activity SEL Positive Action (B) STEM Project Learn: PowerHour Enrichment Centers	30 <b>FUN FRIDAY</b> SEL:SMART Moves Outdoor Time Creative, Physical & STEM Rotations Choice Activities

## Daily Schedule

Monday & Wednesday	Tuesday & Thursday	Friday
3:00 - 4:00 Club Opens; Snack & Activities 4:05 - 4:15 Circle Up - Age Groups 4:20 - 4:50 SEL - Positive Action K-2 STEM 3-6 4:55 - 5:45 Project Learn: Enrichment Clubs 5:45 - 6:00 Final Clean Up 6:00 Snack & Check Out	3:00 - 4:00 Club Opens; Snack & Activities 4:05 - 4:15 Circle Up - Age Groups 4:20 - 4:50 SEL - Positive Action 3-6 STEM K-2 4:55 - 5:45 Project Learn: PowerHour/HYLA's 5:45 - 6:00 Final Clean Up 6:00 Snack & Check Out	1:00 - 2:00 Drop off & Snack; Activities 2:05 - 2:15 Circle Up - Age Groups 2:20 - 2:50 SEL - KidGrit 2:55 - 3:15 Structured Outdoor Time 3:20 - 3:50 Activity Rotation 1 3:55 - 4:25 Activity Rotation 2 4:30 - 5:00 Activity Rotation 3 5:05 - 6:00 Choice Activities 6:00 Snack & Check Out

## Contact Info

<b>Site Coordinator:</b> Bianca Salazar	<b>Program Manager:</b> TBD
<b>Email:</b> <a href="mailto:provoclubhouse@bgcutah.org">provoclubhouse@bgcutah.org</a>	<b>Phone:</b> (801) 717-6214
<b>Program Address:</b> 750 W 200 N, Provo, UT 84601	



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## August Club & Activity Details

### Message to Parents:

Welcome to the Boys and Girls Club! We are excited to be back at our new location, Dixon Middle School! Although our location has changed our focus this year to create a safe and fun space for every child that is in our program has not. Every month, we will have an array of new activities lined up for the students where they will learn new skills and hobbies. They will also receive homework help during our PowerHour every day. More information and details of each month will be given to you in our Newsletter and Calendar at the beginning of each month that will be attached to an email sent out to you by us. It is important to have your email updated so we can be sure you are all up to date with all of the information. We thank you all for giving up the opportunity to work with you and your children.

### Social Emotional Learning:

Helping youth develop essential skills in managing emotions, building relationships, and developing resiliency are key parts of our social-emotional learning program. Youth participate in 30 minute lessons and activities where they learn about different management strategies, understanding feelings for themselves and others, and so much more. The programs are highlighted below.

**Positive Action** - Social Emotional Learning curriculum is an evidence based program that is integrated in afterschool activities to build a positive environment throughout the program – an environment that encourages students to do their best and be their best. Positive Action teaches real-life concepts that help students feel good about themselves. This program is run Tuesday & Thursday with new topics each week. The January theme is getting along with others, a great way to start off the new year!

**SMART Moves** - Is a BGCA Social Emotional Learning curriculum that is evidence based with focuses on building positive relationships, decision-making/critical thinking skills, learning how to avoid/resist harmful substances/circumstances, and bullying prevention. This program is run on Fridays with new topics each week.

### Project Learn:

Project Learn is a “catch all” term for our enrichment and academic support programs. Below are explanations of the two primary programs that are included in Project Learn.

**Power Hour** - PowerHour is a daily academic enrichment and support time where youth are provided help with homework assignments, engage in skill building HYLE activities and also participate in our reading program. Our goal is to help youth reduce missing assignments by aligning with school day teachers and completing daily assignments at programs to allow family time at home.

### **Enrichment Clubs** -

**Getting to Know Me Club (Creative)** - For enrichment clubs this month, we will focus on getting to know each other better to create a more comfortable environment. In this club, the students and teachers will be able to get to know each other better through creative activities such as art projects, experiments, etc.

**Getting to Know Me Club (Physical)** - For enrichment clubs this month, we will focus on getting to know each other better to create a more comfortable environment. In this club, the students and teachers will be able to get to know each other better through physical activities such as safe gym games, outdoor games and sports!

### STEM Labs:

**Science** - Youth will have the opportunity to participate in STEM labs twice per week and engage in an extra activity on Friday's.

