

June 2024

# Heber Valley

730 S 600 W, Heber City, UT | (801)-857-4793



**BOYS & GIRLS CLUBS**  
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our SEL Focus this month is: Understanding self-concept, Physical and Intellectual positive actions, Managing yourself & Getting along with others

Happy Birthday



Estrella  
Arthur  
Coen  
Kalena  
Samuel  
Rhilynn  
Jamison  
Hank

## UPCOMING EVENTS

June 10th: Nametags Program with Steve Emt



June 24th: Nels Anderson from Drum Utah will be here!

## CLUB CLOSED

June 17th: Juneteenth (Observed)



## Get to Know: Gracy Hiatt, Youth Development Professional

"Hi my name is Gracy Hiatt. I was born and raised in Heber City, Utah. I



graduated from Wasatch High School in 2022. I was able to graduate with my Seal of Biliteracy and am fluent in Spanish. I am currently pursuing a

bachelor's degree in elementary education from Utah Tech University. My favorite color is purple. I enjoy playing soccer, spending time outdoors, and lifting weights. I worked with the Boys and Girls Club program last summer and am excited to be back again this year."

## CONTACT INFORMATION

**Amy Reeves**  
**Site Coordinator**  
Phone: (801) 857-4793  
Email: [hebervalley@bgcutah.org](mailto:hebervalley@bgcutah.org)

## PARENT RESOURCES

[Parent Handbook](#)  
[Membership Handbook](#)

## Social Emotional Learning (Prevention & Behavior)

Monday - Thursday  
1:15pm - 1:50pm

SEL Curriculums this summer are Positive Action and SMART Moves. More details on the details page.

## Academic Support

Monday - Thursday

Each day students will have Literacy Minutes and the opportunity to participate in STEM activities to help prevent "Summer Slide".

## STEM

Monday - Thursday

Each day there will be up to 3 opportunities for students to participate in age-appropriate STEM activities.

## Enrichment

Monday - Thursday

Each day students will have multiple opportunities to participate in Arts & Crafts Club, STEM Club, and Get Moving Club.



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[www.instagram.com/bgcutah](https://www.instagram.com/bgcutah)



Utah State Board of Education





SEL Weekly Focus	Weekly Theme	Monday	Tuesday	Wednesday	Thursday
Understanding Self-Concept	Dinosaurs	3 First day of Summer Programs!	4 SEL: SMART Moves Morning Club Rotations Brain Games Literacy Program/Quiet Time SEL: Positive Action Afternoon Club Rotations Second Recess Afternoon Club Rotations	5 STEM & MyFuture.net Morning Club Rotations Literacy Program//Quiet Time SEL: Positive Action Afternoon Club Rotations Second Recess Afternoon Club Rotations Free Choice Activities	6 SEL: SMART Moves Morning Club Rotations Brain Games Literacy Program/Quiet Time SEL: Positive Action Afternoon Club Rotations Second Recess Afternoon Club Rotations
Physical and Intellectual Positive Actions	Heroes	10 Morning Club Rotations <b>Guest Speaker: Nametags with Steve Emt @ 10:00am - 10:30am (K - 2) 10:35 - 11:25am (3-5)</b> SEL: Positive Action Afternoon Club Rotations Second Recess	11 SEL: SMART Moves Morning Club Rotations Brain Games Literacy Program/Quiet Time SEL: Positive Action Afternoon Club Rotations Second Recess Afternoon Club Rotations Free Choice Activities	12 STEM & MyFuture.net Morning Club Rotations Literacy Program//Quiet Time SEL: Positive Action Afternoon Club Rotations Second Recess Afternoon Club Rotations Free Choice Activities	13 SEL: SMART Moves Morning Club Rotations Brain Games Literacy Program/Quiet Time SEL: Positive Action Afternoon Club Rotations Second Recess Afternoon Club Rotations Free Choice Activities
Managing Yourself	Nature	17 <b>CLOSED Juneteenth Observed</b>	18 SEL: SMART Moves Morning Club Rotations Brain Games Literacy Program/Quiet Time SEL: Positive Action Afternoon Club Rotations Second Recess Afternoon Club Rotations	19 STEM & MyFuture.net Morning Club Rotations Literacy Program//Quiet Time SEL: Positive Action Afternoon Club Rotations Second Recess Afternoon Club Rotations Free Choice Activities	20 SEL: SMART Moves Morning Club Rotations Brain Games Literacy Program/Quiet Time SEL: Positive Action Afternoon Club Rotations Second Recess Afternoon Club Rotations
Getting along with Others	Around the World	24 Morning Club Rotations Literacy Program//Quiet Time <b>Guest Speaker: Drum Utah Presentation @ 10am all grades</b> SEL: Positive Action Afternoon Club Rotations	25 SEL: SMART Moves Morning Club Rotations Brain Games Literacy Program/Quiet Time SEL: Positive Action Afternoon Club Rotations Second Recess Afternoon Club Rotations Free Choice Activities	26 STEM & MyFuture.net Morning Club Rotations Literacy Program//Quiet Time SEL: Positive Action Afternoon Club Rotations Second Recess Afternoon Club Rotations Free Choice Activities	27 SEL: SMART Moves Morning Club Rotations Brain Games Literacy Program/Quiet Time SEL: Positive Action Afternoon Club Rotations Second Recess Afternoon Club Rotations Free Choice Activities

**Daily Schedule**

Monday & Wednesday	Tuesday & Thursday
8:00 am - 8:30 am Program Opens –Breakfast	8:00 am - 8:30 am Program Opens –Breakfast
8:30 am - 9:00 am Breakfast ends Morning //Free Choice	8:30 am - 9:00 am Breakfast ends Morning //Free Choice
9:00 am - 9:05 am Clean Up	9:00 am - 9:05 am Clean Up
9:10 am - 9:25 am Circle Up	9:10 am - 9:25 am Circle Up
9:25 am - 9:55 am SEL: Positive Action	9:25 am - 9:55 am SEL: SMART Moves
10:00 am - 10:40 am MyFuture.net //STEM	10:00 am - 11:00 am Club Rotations
** STEM K - 2 Monday —MyFuture.net Wednesday	11:05 am - 11:25 am Brain Games (Literacy, Wordle, Riddles, etc)
** STEM 3-5 Wednesday— MyFuture.net Monday	11:30 am - 12:00 pm Lunch
10:45 am - 11:25 am Morning Club Rotations	12:00 pm - 12:30 pm Recess
11:30 am - 12:00 pm Lunch	12:35 pm - 12:45 pm Circle Up
12:00 pm - 12:30 pm Recess	12:45pm - 1:15pm Literacy Mins/ quiet Time
12:35 pm - 12:45 pm Circle Up	1:15pm - 1:50 pm SEL: Positive Action
12:45pm - 1:15pm Literacy Mins/ quiet Time	1:55 pm - 2:55 pm Club Rotations
1:15pm - 1:50 pm SEL: Positive Action	3:00 pm - 3:30 pm Second Recess
1:55 pm - 2:55 pm Club Rotations	3:35 pm - 4:35 pm Club Rotations
3:00 pm - 3:30 pm Second Recess	4:35 pm - 4:50 pm End of Day clean up
3:35 pm - 4:35 pm Club Rotations	4:50 pm - 5:20 pm Free Choice Activities
4:35 pm - 4:50 pm End of Day clean up	5:20 pm - 5:30 pm Clean up and Check out
4:50 pm - 5:20 pm Free Choice Activities	5:30 pm Program Closes
5:20 pm - 5:30 pm Clean up and Check out	
5:30 pm Program Closes	

**Contact Info**

Site Coordinator: Amy Reeves  
 Email: [hebervalley@bgcutah.org](mailto:hebervalley@bgcutah.org)  
 Phone: (801) 857-4793  
 Program Address: 730 S 600 W, Heber City



## June Club & Activity Details

### Dear Parents/Guardians,

We are excited to welcome you to the Heber Valley Boys & Girls Club summer program. We will be doing lots of fun STEM, Academic, SEL and Arts & Crafts activities throughout the month. Each week we will have a different theme that will add fun and structure to the daily activities. These are listed on the calendar above and detailed below. Our students will be fighting the 'summer slide' with our High Yield Learning activities, STEM clubs, and literacy time. We want to help keep Wasatch County #1 in reading! Kids will also have the opportunity to choose from clubs that give opportunities to learn new skills. A description of what clubs we are offering, and what kids will be learning on a weekly basis is detailed below.

**Arts & Crafts Club** - Each day students will have the opportunity to explore their creative side through different mediums and activities. Arts & Crafts Club will be held daily from 10:45am-11:25am, 1:55pm-2:55pm, and 3:35pm-4:35pm.

**Get Moving Club** - Each day students will have the opportunity to get their wiggles out while learning teamwork and athletic skills in a fun, non competitive environment. Students will be separated into groups K-2, and 3rd-5th to ensure safety and fun. Get Moving Club will be held daily from 10:45am-11:25am, 1:55pm-2:55pm, and 3:35pm-4:35pm.

**STEM Club** - Each day students will have the opportunity to participate in STEM activities. Students will be separated into groups K-2, and 3rd-5th to ensure each student is challenged and engaged. STEM Club will be held daily from 10:45am-11:25am, 1:55pm-2:55pm, and 3:35pm-4:35pm.

### Social Emotional Learning:

**Positive Action** - Social Emotional Learning curriculum is an evidence based program that is integrated in afterschool activities to build a positive environment throughout the program -- an environment that encourages students to do their best and be their best. Positive Action teaches real-life concepts that help students feel good about themselves.

**Smart Moves** - Emotional Wellness focuses on building the social-emotional skills of self-regulation, impulse control and stress management. Participating youth/teens will build an effective toolbox for self-management and coping.

### Academic Support:

**HYLA** - or high-yield learning activities include leisure reading, writing activities and games like chess or Scrabble® that develop young people's cognitive skills. A high-yield learning activity is one in which youth use skills, information, behavior and values needed for academic success.

**STEM** - stands for Science, Technology, Engineering, and Mathematics. STEM based activities promote critical thinking, curiosity, decision making, and leadership skills.

### Guest Speakers:

**Steve Emt (Nametags Resilience Program)** - Steve was a walk-on for the Big East Basketball Champion UConn Huskies. After graduation he had a devastating and yet enlightening car accident. He became a teacher, administrator and coach. Now, he's pursuing Paralympic gold as a curler.

**Nels Anderson (Drum Utah)** - Nels' rhythm circles are designed to be fun and engaging for everyone. He focuses on team-building, science, nature, culture, and music, ensuring that every child gets the opportunity to play their own drum and a variety of other percussion instruments.