



SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
	<b>No Club</b> <b>SPRING BREAK</b> <sup>1</sup>	<b>No Club</b> <b>SPRING BREAK</b> <sup>2</sup>	<b>No Club</b> <b>SPRING BREAK</b> <sup>3</sup>	<b>No Club</b> <b>SPRING BREAK</b> <sup>4</sup>	<b>No Club</b> <b>SPRING BREAK</b> <sup>5</sup>
<i>Improving Me</i>	<b>Cartoons Club</b> (K-2, 3-6)  <b>Power Hour</b> <sup>8</sup>	<b>Positive Action (P)</b> (K-2, 3-6)  <b>STEM CLUB</b> (K-2, 3-6)  <b>Power Hour</b> <sup>9</sup>	<b>Olympics Club</b> (K-2, 3-6)  <b>Power Hour</b> <sup>10</sup>	<b>Positive Action (B)</b> (K-2, 3-6)  <b>Kickball Activities</b> (K-2, 3-6)  <b>Power Hour</b> <sup>11</sup>	<i>Healthy Lifestyles</i>  <b>Unbirthday Activities</b>  (K-2, 3-6) <sup>12</sup>
<i>Improving Me</i>	<b>Cartoons Club</b> (K-2, 3-6)  <b>Power Hour</b> <sup>15</sup>	<b>Positive Action (P)</b> (K-2, 3-6)  <b>STEM CLUB</b> (K-2, 3-6)  <b>Power Hour</b> <sup>16</sup>	<b>Olympics Club</b> (K-2, 3-6)  <b>Power Hour</b> <sup>17</sup>	<b>Positive Action (B)</b> (K-2, 3-6)  <b>Kickball Activities</b> (K-2, 3-6)  <b>Power Hour</b> <sup>18</sup>	<i>Healthy Lifestyles</i>  <b>Unbirthday Activities</b>  (K-2, 3-6) <sup>19</sup>
<i>Post-Surveys</i>	<b>Cartoons Club</b> (K-2, 3-6)  <b>Power Hour</b> <sup>22</sup>	<b>Positive Action</b> <i>Post-Surveys</i>  <b>STEM CLUB</b> (K-2, 3-6)  <b>Power Hour</b> <sup>23</sup>	<b>Olympics Club</b> (K-2, 3-6)  <b>Power Hour</b> <sup>24</sup>	<b>Positive Action</b> <i>Post-Surveys</i>  <b>Kickball Club</b>  <b>Power Hour</b> <sup>25</sup>	<b>Unbirthday Activities</b>  <b>PARENTS' NIGHT</b> <sup>26</sup>
	<b>Cartoons Club</b> (K-2, 3-6)  <b>Power Hour</b> <sup>29</sup>	<b>STEM CLUB</b> (K-2, 3-6)  <b>Power Hour</b> <sup>30</sup>	<b>... Club</b> (K-2, 3-6)  <b>Power Hour</b> <sup>MAY 1</sup>	<b>... Activities</b> (K-2, 3-6)  <b>Power Hour</b> <sup>MAY 2</sup>	<i>Healthy Lifestyles</i>  <b>... Activities</b> (K-2, 3-6) <sup>MAY 3</sup>

### Daily Schedule

Monday/Wednesday	Tuesday/Thursday	Friday
3:30 - 3:50 Check In, Circle Up, Snack 3:55 - 4:45 Clubs 4:50 - 5:05 Recess 5:10 - 5:30 Power Hour 5:30 Dismissal, take home snack	3:30 - 3:50 Check In, Circle Up, Snack 3:55 - 4:25 SEL - Positive Action 4:30 - 5:00 Activities 5:05 - 5:25 PowerHour 5:30 - Dismissal, take home snack	3:30 - 3:50 Check In, Circle Up, Snack 3:55 - 4:25 Healthy Lifestyles/KidGrit 4:30 - 5:05 Activities 5:10 - 5:25 Recess 5:30 - Dismissal, take home snack

### Contact Info

**Site Coordinator: Fina Giraldo.**  
Phone: 801-372-5373 (Monday-Friday 2:30-6:00 pm)  
Email: [josefina.muller@bgcutah.org](mailto:josefina.muller@bgcutah.org)  
Program Address: 1315 N Main St, Orem, UT

### ***April Club & Activity Details***

#### ***Message to Parents:***

*We are very excited to offer your children clubs and activities to learn about cartoon, olympics, kickball, and STEM. They will have the opportunity to expand their knowledge about those topics through a series of activities that will allow them to learn and grow in a safe and positive learning environment.*

#### ***Social Emotional Learning:***

***Positive Action*** - Social Emotional Learning curriculum is an evidence based program that is integrated in afterschool activities to build a positive environment throughout the program -- an environment that encourages students to do their best and be their best. Positive Action teaches real-life concepts that help students feel good about themselves. This program is run Tuesday & Thursday with new topics each week. The February theme is "Your Truest Self".

***Healthy Lifestyle*** - A supplementary social emotional learning program designed to guide youth through healthy lifestyles for a strong and healthy future.

#### ***Academic Support:***

***Power Hour*** - The main focus of power hour will be to help children complete homework assignments, work on other academic activities and also participate in enhancing reading skills. Our goal is to help students reduce missing assignments by aligning with school day teachers and completing daily assignments at programs to allow family time at home.

#### ***Enrichment Clubs:***

***Cartoons Club*** - The purpose of this club is to teach the children how to draw cartoons and make their own stories. They will learn how to draw cartoons and expand their creativity, express their emotions and interact with their favorite characters. This club will also give them the opportunity to build strong relationships and confidence in themselves.

***STEM Club*** - The purpose of this club is to provide children with learning opportunities about science, technology, engineering, and math. They will interactively explore and create problems and solutions to different everyday problems.

***Olympics Club*** - The purpose of this club is to provide children opportunities to develop their physical skills, as they learn about olympics, and understand the concept of having good sportsmanship and teamwork.

#### ***Activities:***

***Kickball*** - Children will learn how to play this outdoor sport in the field. They also will learn the value of being part of a team, cheer for their team despite age, support their peers and have fun. They will learn that what matters is not to win or lose a game, what value is to be part of a team and strengthen their relationships with other club members.

***Unbirthday*** - Children will be doing different activities and crafts related to birthdays. They will enhance their creativity and have fun.

April 2024

# Windsor Elementary

1315 North Main Street Orem, UT 84057 | 801-372-5373



**BOYS & GIRLS CLUBS**  
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our SEL focus this month is  
Improving Me and Post-Surveys

## Get To Know The Boys & Girls Club Staff!



Shannon Crane is our new Youth Development Professional. She started working for the Boys and Girls Club in February 2024. She is a loving mom of a baby boy. She speaks English and Spanish. She loves to be part of the club and be with your children every day!

### Upcoming Events

Check our **April Calendar!** So you can plan accordingly, especially on the days that our club is closed.

*Please pay attention to any emails that we send you.*

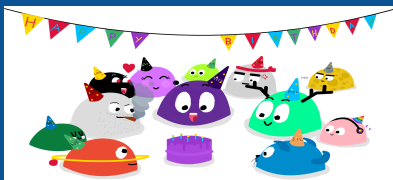
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## Happy Birthday to YOU!

Nathan - 22



April 1-5

### Contact Information:

**Fina Giraldo - Site Coordinator**

Phone: 801-372-5373

Email: [josefina.muller@bgcutah.org](mailto:josefina.muller@bgcutah.org)

### Power Hour

*Monday-Thursday*

We have homework help available every single day. We also will have reading, writing, and math activities.

### STEM Club

We will have STEM once a week with fun activities that will help children learn about Science, Technology, Engineering, and Math.

### Club Enrichment Activities

*Monday-Friday*

Cartoons, olympics, kickball, arts, crafts, team-building activities, and more!

### SEL (Prevention and Behavior)

*Tuesday and Thursday*

We will use Positive Action to teach Social and Emotional skills to the kids. We will implement twice a week lessons and activities in this program to teach the children the importance of understanding their emotions and knowing how to manage them.

