

Sunset Afterschool Program 2023-2024



SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
	29 Workout Club OR Origami Club Power Hour	30 Book Club OR Baseball Club SEL Kid-Grit Power Hour	1 Culture Club OR Yoga Club SEL Positive Action Power Hour	2 STEM Power Hour	3 Lego Club OR Flag Football Club SEL Kid-Grit Power Hour
	6 Culture Club OR Yoga Club SEL Positive Action Power Hour	7 Lego Club OR Flag Football Club SEL Kid-Grit Power Hour	8 Culture Club OR Yoga Club SEL Positive Action Power Hour	9 STEM Power Hour	10 Lego Club OR Flag Football Club SEL Kid-Grit Power Hour
Last Day of Program is the 17th!!	13 Culture Club OR Yoga Club SEL Positive Action Power Hour	14 Lego Club OR Flag Football Club SEL Kid-Grit Power Hour	15 Culture Club OR Yoga Club SEL Positive Action Power Hour	16 STEM Power Hour	17 WATER DAY!!
	20	21	22	23 	24
	27	28	29	30	31

Daily Schedule Mon-Thurs	Daily Schedule Friday	Contact Info
2:35-2:45 CHECK IN 2:45-3:00 Snack Time & Feelings check-in 3:00-3:30 Recess 3:30-4:00 Power Hour 4:00-4:30 Club Time 4:30-5:15 SEL Positive Action OR SEL Kid-grit, STEM 5:15-5:30 Snack Time 5:30 PICKUP	1:00-1:15 CHECK IN & Pos. of the week 1:15-1:45 Recess 1:45-2:00 PM Snack Time 2:00-2:15 Feelings Check-in 2:15-2:45 Power Hour/ Computer Lab Time 2:45- 3:15 Recess 3:15-3:30 Snack Time 3:30-4:00 SEL Positive Action OR SEL Kid-grit 4:00-4:30 Brain Break 4:30-5:30 Club 5:30 PICK UP	Alexis Hatch <i>Site Coordinator</i> Email: alexis.hatch@bgcutah.org Phone: 801-372-3151 Program Address: 495 Westridge Dr. St George, UT



May Club & Activity Details

Message to Parents:

On the last day of program **May 17th**, we will be doing a water day! Students will need to bring a towel to dry off.

SEL LESSONS:

For our SEL Lessons this month we will be choosing our own Positive Action Lessons to teach. We will also be continuing Kid-Grit lessons. The lessons will alternate on different days.

CLUBS:

Culture Club: For our **FIRST** Creativity club we will be doing a culture club. Students will learn about three different cultures throughout the month. The cultures will be Hispanic, Polynesian, and Italian. With the lessons the students will be doing a fun craft with each!

Lego Club: For our **SECOND** Creativity club we will be doing a Lego Club. The students will be given challenges to build with their legos. If completed fast they will then be given another challenge to complete.

Yoga Club: For our **FIRST** Physical Activity Club we will be doing Yoga. Students will learn about meditation and the benefits of doing yoga. They will also be given breathing exercises to help them calm down.

Flag Football Club: For our **SECOND** Physical Activity Club we will be bringing back Flag Football. This is because our students loved it so much the first time we completed it. The students will use their past knowledge that they learned the first time we completed this club to participate in our games of Flag Football.

Since Fridays are so long we have a Brain Break. This is a time for the students to relax and reset before we continue with the rest of the day

MAY 2024

Sunset Elementary

495 Westridge Dr. St George, UT | 801-372-3151



BOYS & GIRLS CLUBS
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



WE LOVE YOU!!! AND WE WILL MISS YOU ALL!:)



Thank you for your participation in our program this school year:) We loved all the time we spent with your students in our clubs, crafts and events with your students! We hope you ALL have the best summer ever! We are so excited for the things that we have planned for next year. If you have any questions about next year please feel free to contact me.

Upcoming Events

LAST DAY OF PROGRAM! MAY 17th
WATER DAY!

www.facebook.com/BGCUtah

Happy Birthday!

May:
Jayceon 5/12
Danika 5/18
Vivien 5/18
Adaline 5/27
Ellie 5/30



Summer Birthdays:
Iva 6/1
Hector 6/2
Melanie 6/2
Dean 6/27
Jason 6/29

CLUB CLOSED

Last Day of Program is May 17th



Contact Information:

Alexis Hatch, *Site Coordinator*
Email: alexis.hatch@bgcutah.org
Phone: 801-372-3151

www.instagram.com/bgcutah

Enrichment

Monday-Thursday 4:00-4:30

Enrichment clubs are to further enrich and broaden our members' experiences by offering a variety of clubs that members have a choice between. These clubs are changed on a monthly basis.

STEM LABS

Thursdays 4:30-5:00

Each week we will have an integrated science club. The STEM lessons will correspond to our clubs every week!

Project Learn

Monday-Thursday 3:30-4:00

Fri 2:25-2:45

The main focus of power hour will be to help members complete homework assignments, work on HYL A activities and also participate in our reading program.

SEL (Prevention & Behavior)

Monday-Friday

Positive Action, Kid-Grit, & SMART Moves curriculum focus on providing youth with important social-emotional skills. All SEL skills are taught through daily lessons and then integrated throughout the rest of programming.

