

Sandstone After School Program 2023-2024



| SEL Weekly Focus | Monday | Tuesday | Wednesday | Thursday | Friday |
|------------------|---|--|--|--|---|
| Positive Action | 29 Club Day: Historical Artist Club Football Club Power Hour | 30 Positive Action Power Hour | 1 Positive Action Power Hour | 2 Club Day: Historical Artist Club Football Club Power Hour | 3 STEM Rotation Club Rotations Magic School Bus Club Bowling Club Team Bonding |
| Positive Action | 6 Club Day: Magic School Bus Club Bowling Club Power Hour | 7 Positive Action Power Hour | 8 Positive Action Power Hour | 9 Club Day: Magic School Bus Club Bowling Club Power Hour | 10 Water Day Parents Night STEM Rotation Physical Rotation Creative Rotation Team Bonding |
| Positive Action | 13 Club Day: Magic School Bus Club Bowling Club Power Hour | 14 Positive Action Power Hour | 15 Positive Action Power Hour | 16 Club Day: Magic School Bus Club Bowling Club Power Hour | 17 LAST DAY OF PROGRAM |
| | 20 | 21 | 22 | 23 | 24 |
| | 27 | 28 | 29 | 30 | 31 |

| Daily Schedule |
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| <p>Monday-Thursday 3:30-4:00 Snack & Recess 4:00-4:10 Feelings Check in & Wash Hands 4:10-4:35 Power Hour 4:35-4:40 Transition 4:40-5:25 Club Time or Positive Action 5:25-5:30 Clean Up, Snack, Gratitude 5:30 Pickup</p> |

| Daily Schedule |
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| <p>Friday 12-12:30 Check in & Recess 12:40-1:10 Circle Up/PM Snack (Feelings Check in & Schedule) 1:15-1:50 SMART Moves, Kid Grit, or other SEL 1:55-2:45 Youth Bonding Activity/Super Snack 2:50-3:35 Rotation 1 (Creative, Physical, or STEM) 3:40-4:25 Rotation 2 (Creative, Physical, or STEM) 4:30-5:15 Rotation 3 (Creative, Physical, or STEM) 5:20-5:30 Gratitude 5:30 PM Snack & Pickup</p> |

| Contact Info |
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| <p>Site Coordinator: Gabbie Brotemarkle Email: gabbie.brotemarkle@bgcutah.org Phone: 801.372.3059</p> |
| <p>Program Address: 850 N 2450 E St George, UT 84790</p> |



May Club & Activity Details

Message to Parents:

Welcome to our last month of school and program! As excited as we are for summer, we are so sad this school year is coming to an end. We have loved having your students in our program this school year and we are so excited to start back up in August. I hope everyone has a wonderful summer break and I look forward to seeing familiar faces in a few months!

Social Emotional Learning:

Positive Action - Social Emotional Learning curriculum is an evidence-based program that is integrated into afterschool activities to build a positive environment throughout the program -- an environment that encourages students to do their best and be their best. Positive Action teaches real-life concepts that help students feel good about themselves. This program is run Tuesday & Wednesday with new topics each week. The March theme is My Truest Self and at the end of the month, we move to Improving Me!

SMART Moves - Is a BGCA Social Emotional Learning curriculum that is evidence-based and focuses on building positive relationships, decision-making/critical thinking skills, learning how to avoid/resist harmful substances/circumstances, and bullying prevention. This program is run on Fridays with new topics each week.

Academic Support:

Power Hour - The main focus of Power Hour will be to help youth complete homework assignments, work on HYLE activities, and also participate in our reading program. We aim to help youth reduce missing assignments by aligning with school-day teachers and completing daily assignments at programs to allow family time at home.

STEM Labs:

Science - Youth will be able to participate in a new experiment or activity every Friday. Youth will focus on learning about observation, hypothesis, estimation, and the scientific process in these experiments.

Engineering - Youth will have the opportunity to participate in engineering projects and activities every Friday. Youth will focus on learning about building, creating, brainstorming ideas, and working on team and individual tasks.

Team Bonding:

Youth get to participate in team bonding every Friday. Team bonding is the chance for youth to get to know the other students in program through group games and activities. This also allows them to use teamwork and critical thinking to succeed in the activities.

Enrichment Clubs:

Bowling Club - Youth in the monthly club will learn and understand the game of bowling. Students will learn basic techniques and rules to the game of bowling. Students will advance their knowledge of sports and practice different motor and fine skills in this club. They will be competing to improve themselves in the skills being taught. This club will be offered every Monday and Thursday.

Magic School Bus Club - Youth in our monthly club will be introduced to the magical world of The Magic School Bus. We are going to be taking this show and turning the episodes in to real life activities. We are jumping into the episodes and learning about cakes, storms, planes, rainbows and plants! Each day of club will have a different hands on activity for the student to enjoy! This club will be offered every Monday and Thursday.

May 2024

Sandstone

850 N 2450 E ST, George UT 84790 | 801-372-3059



BOYS & GIRLS CLUBS
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our SEL focus this month is Positively Me

Get To Know



Our Sandstone Staff

We have had so much fun getting to know all of your students and we are sad to see this year end. We cannot believe we are entering our last month together this school year. Thank you for being such amazing parents/guardians.

We hope to see you all at our last Parents Night Activity to celebrate the end of the school year!

- (Left to Right) Haley, Emma, Gabbie, Olivia, & Jordynn

Upcoming Events

Cinco De Mayo: May 5th, 2024
Mother's Day: May 12th, 2024
Memorial Day: May 27th, 2024

Happy Birthday!

Miss Emma
May 13th

Miss Jordynn
May 18th



CLUB CLOSED



Contact Information:

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 www.facebook.com/BGCUtah

STEM LAB

Fridays 3:45-4:30

Each week, we will have an integrated science club. The STEM lessons will correspond to our clubs every week!

SEL (Prevention & Behavior)

Monday - Friday

Positive Action, Kid-Grit, & SMART Moves curriculum focus on providing youth with important social-emotional skills. All SEL skills are taught through daily lessons and then integrated throughout the rest of programming.

Enrichment

Monday & Thursday 4:55-5:25

Enrichment clubs are to further enrich and broaden our members' experiences by offering a variety of clubs that members have a choice between. These clubs are changed monthly.

Project Learn/Power Hour

Monday - Friday 4:30-5:00 PM

Daily assistance with reading, writing, math, spelling, or any other homework help.

 www.instagram.com/bgcutah

 Utah State Board of Education

 UTAH DEPARTMENT OF WORKFORCE SERVICES CHILD CARE