

Panorama Afterschool Program 2023-2024



SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Taking Care of Me	29	30	1 Project Learn SEL (B) Positive Action: Mindfulness Yoga and Meditation with Gina Phillips Vehicle Manufacturing Club Book Club	2 Project Learn STEM Volcano Club Physical Club	3 Creative, Physical, STEM Clubs Fun Friday! All Club Birthday Celebration!
Taking Care of Me	6 Project Learn Positive Action (P): Knowing what to do Vehicle Manufacturing Club Book Club	7 Project Learn STEM Volcano Club Physical Club	8 Project Learn Positive Action (B): Positive Moves: Taking Care of Me Vehicle Manufacturing Club Book Club	9 Project Learn STEM Volcano Club Physical Club	10 Creative, Physical, STEM Clubs (We are making SLIME!) Fun Friday!
Taking Care of Me	13 Project Learn Positive Action (P): Making the Best Choices Vehicle Manufacturing Club Book Club	14 Project Learn STEM Volcano Club Physical Club	15 Project Learn Positive Action (B): Being our Best Vehicle Manufacturing Club Book Club	16 Project Learn STEM - Mood Bottles Water Day	17 Last day of Program Awards Fun Friday Celebration
	20	21	22	23	24
	27	28	29	30	31

Daily Schedule

Monday-Thursday	Friday
2:35 - 3:00 Check-in, Super Snack, Feeling check in 3:00 - 3:25 Structured Recess / 5 minute transition 3:30 - 4:00 K-3 (SEL-Positive Action or STEM Labs), 4-5 (Power Hour) / 5 minute trans. 4:05 - 4:35 4-5 (SEL-Positive Action or STEM Labs), K-3 (Power Hour) / 5 minute trans. 4:40 - 5:20 Enrichment Clubs 5:30 Snack, Check-out (Tuesday and Thursday - we spend our first hour outside due to gym access)	1:00 - 1:15 Check-in, Feelings check in / 5 minute transition 1:20 - 1:45 Structured Recess / 5 minute transition 1:50 - 2:20 SEL-Kid Grit / 5 minute transition 2:25 - 2:40 Super Snack / 5 minute transition 2:45 - 3:15 Fun Friday / 5 minute transition 3:20 - 3:50 Rotation 1 (Creative) / 5 minute transition 3:55 - 4:25 Rotation 2 (Physical) / 5 minute transition 4:30 - 5:00 Rotation 3 (STEM) / 5 minute transition 5:05 - 5:20 Group game 5:20 - 5:30 Gratitude/PM Snack/check-out

Contact Information:

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May Club & Activity Details

Message to Parents: We have a dynamic couple weeks ahead of us! We want to invite all parents to the **Water Day** on **Thursday, May 16th at 4:15pm**. I would like to meet everyone out in front of the school and “brief” you on our activities. Please plan on getting a little wet that day. This will be a great way for you to see some of the fun we have in club and how much we have enjoyed having the opportunity to teach your youth this year.

Project Learn - We are continuing to read at least 15 minutes each day. We are hopeful this will energize club members to keep reading throughout the summer. We also continue to work on using imagery of what club members have read and how that picture looks to them.

Positive Action - Although our curriculum is complete, we are going through some of the more impactful lessons from the year and emphasizing them. We always want to ensure we empower our club members to be comfortable with their feelings and have the ability to express them appropriately. We have a guest this month, Gina Phillips, who is the mother of our very own JD (YDP)! We are excited for her to come and teach us some mindfulness meditation and yoga!

STEM- We will be learning about solar energy with makeshift ovens. We are excited to perfect our design so that we can serve some tasty SMORES at our Water Day activity on Thursday, May 16 for our parents! This works to energize the thought process and help gain understanding of the power of our elements and how they affect this process.

Vehicle Manufacturing Club - This is a great way to use up all the piece-parts we have laying around! We will engineer some vehicles from scraps and see what we can come up with. We will demonstrate these on our Water Day on Thursday, May 16 for the parents. This opens up the doors of possibility and spurs creativity and ingenuity amongst our club members, while continuing to utilize the theories they have learned.

Book Club- JD will be reading excerpts from different books and club members will draw a comic strip of what was read. It’s a great way to see how everyone sees things just a little bit different based on their own perceptions. This allows club members to process what they have heard and put it into an artistic form, while increasing their comprehension and creativity.

Volcano Club - Club members will be designing, building and showcasing their own volcanoes in teams! We will use paper mache to make our volcanoes and ensure that we get all the details in. On Water Day (Thursday, May 16) we will give the parents a demonstration of our efforts and teach them about the power of volcanoes! This activity allows students to learn the process of building a volcano while working to understand how they work. This helps their creativity, imagination, and increases their knowledge and understanding of our earth.

Physical Club - Some people just have a lot of wiggles! This will be a chance for them to join in group games such as tag, capture the flag, soccer, etc so that they can burn that energy. We like to always capitalize on sportsmanship as well as teamwork and kindness in play.

Fun Friday- We play games throughout the entire gym on these days. Club members get the autonomy to choose what they would like to play and with whom. We have seen great strides in kindness, compassion, sportsmanship and teamwork during these activities. On Friday, May 3 we will celebrate our year’s worth of club member’s birthdays! We will decorate cookies, make ice cream and play games. On our final day, Friday, May 17, we will celebrate our club members for all their hard work this year and for who they are and who they have become.

MAY 2024

Panorama

301 N 220 E ST, St George, UT | 801-372-4767



BOYS & GIRLS CLUBS
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our SEL focus this month is Taking Care of Me

Get To Know

This was from our Tie-dye parent night with the volunteers from Ken Garff Ford. This was a great event sponsored by Ken Garff and the club members loved being able to showcase their talents to their parents. Our Club staff appreciate all of our parents and volunteers that come and help us to put on fun events!



Upcoming Events

Thursday, May 16 is our Water Day! We would love for our parents to arrive at the front of school by 4:15pm so that we can kick off our last parent day! Plan to get wet please.

Happy Birthday!



Amity
Damian
Keona
Martha
Oakleigh
Kennedi

CLUB CLOSED

Last Day - Friday, May 17



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Project Learn

Monday-Thursday

Grades 4-5 3:20 - 3:50//K-3 3:55- 4:25

We are continuing our resolution to read for at least 15 minutes each day, encouraging club members to continue to read over the summer.

STEM Labs

Tuesday & Thursday

K-3 3:20 - 3:50// Grades 4-5 3:50 - 4:25

This month we are engineering solar ovens and using them to cook. This aids in imagination, creativity & engineering skills.

Enrichment

Monday - Thursday 4:30 - 5:25

Club members can choose between Book Club, Physical Club, Vehicle Manufacturing Club and Volcano Club. These clubs are used to expand their imaginations to what is possible.

Prevention & Education

Monday & Wednesday

Grades K-3 3:30-4:00/Grades 4-5 4:05-4:35

Our curriculum is complete so we will be talking about ways club members can take care of their emotions and appropriate ways to express them.



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Utah State Board of Education

