

# Orem Jr. High Afterschool Program 2023-2024



SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Kindness	29	30	1 Clubs Sports Robotics Stop Motion Craft Club Tutor Lab/Power Hour: 2-5	2 Clubs Sports STEM Activity Graphic Design VR: After 4:30 Open Art Cosmetology Tutor Lab/Power Hour: 3-5	3 Clubs Magic: The Gathering Sports Robotics Creative Writing Fashion Design Open Art Tutor Lab/Power Hour: 3-5
Friendship	6 Clubs Yoga and Spatial Awareness STEM Activity Stop Motion Chopped Cooking Competition Tutor Lab/Power Hour: 3-5	7 Clubs Open Art Net Sports Robotics T Shirt Design Contest VR: After 4:30 Tutor Lab/Power Hour: 3-5	8 Clubs Sports STEM Activity Stop Motion Craft Club Tutor Lab/Power Hour: 2-5	9 Clubs Sports Robotics T Shirt Design Contest VR: After 4:30 Open Art Cosmetology Tutor Lab/Power Hour: 3-5	10 Clubs Magic: The Gathering Sports STEM Activity Creative Writing Fashion Design Open Art Tutor Lab/Power Hour: 3-5
Teamwork	13 Clubs Yoga and Spatial Awareness Robotics Stop Motion Board Games Tutor Lab/Power Hour: 3-5	14 Clubs Open Art Net Sports STEM Activity Graphic Design VR: After 4:30 Tutor Lab/Power Hour: 3-5	15 Clubs 3v3 Soccer Tournament Robotics Stop Motion Craft Club Tutor Lab/Power Hour: 2-5	16 Clubs Sports STEM Activity Graphic Design VR: After 4:30 Open Art Cosmetology Tutor Lab/Power Hour: 3-5	17 Clubs LAST DAY OF CLUBS CLUB EVENT PLANNED BY THE STUDENTS Tutor Lab/Power Hour: 3-5
	20 NO PROGRAMS	21 NO PROGRAMS	22 NO PROGRAMS	23 NO PROGRAMS	24 LAST DAY OF SCHOOL
	27	28	29	30	31

## Daily Schedule

### M/T/Th/F

2:45-3:00 Super snack in the lunchroom, select club  
3:00-3:30 SEL Positive Action (Mondays typically)  
3:30-4:20 Club rotations  
4:20-4:30 Small snack. Late bus arrives  
4:30-5:30 Ending club rotations and cleanup

### Wednesdays

12:45-1 Super snack in the lunchroom, select club  
2-2:30 SEL Positive Action  
2:30-2:50 Club rotations  
2:50-3 Small snack. Late bus arrives.  
3-5:30 Ending club rotations and cleanup

**HOMEWORK HELP (Power Hour) IS OFFERED EVERY DAY until 5:00 in the tutor lab**

## Contact Info

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Site Coordinator  
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Phone: 801-592-6312

Program Address: 650 W Jaguar Ave, Orem  
84057



## May Club & Activity Details

### Message to Parents:

Hello parents! We are wrapping the year up. We are so grateful for your support and for encouraging your kids to stay after school and learn new skills. We still have plenty of opportunities for them this month and we hope to add an end of year service activity as well. Stay tuned for links to register for the T-Shirt Design Contest and the 3v3 Soccer Tournament in our last week!

### SEL:

**Positive Action** - refers to a comprehensive educational program designed to promote positive behaviors, character development, and social-emotional learning among students. The curriculum encompasses lessons, activities, and resources aimed at fostering a positive after school culture by teaching values, emotional well-being, and responsible decision-making to enhance both academic and personal development in teens. This is run on Mondays from 3-3:30 pm and Wednesdays from 2-2:30 pm.

### STEM

**Various STEM Activities** - Teens will have a chance to try out new experiments every A-day. Students will learn about science, technology, engineering, math, and more during these fun activities. Students often have the chance to make their own creations using science.

**Robotics** - This is an active club every B day where students learn about robotics and have the chance to design and build their own. No prior knowledge is necessary to join this fun club. After learning the basics, students may have an opportunity to join competitions at other local schools and have a shot at winning robotics tournaments. This also teaches the students important job skills in an engineering and tech environment.

### Enrichment

**Fashion Design** - This club is a place where teenagers can explore their passion for design, experiment with trends, and collaborate on exciting fashion projects. Through workshops, styling sessions, and hands-on design activities, members have the opportunity to express their unique style and foster a sense of camaraderie with like-minded peers. At the end we will be doing a fashion show. This will be every Friday starting in February.

**Cooking** - Every other Tuesday students will be given the liberty to create using food. Some days focus on practical cooking skills such as cooking ground beef or following a recipe, while other days the students may be able to experiment with their own ideas. We will touch on a variety of different food options, ensuring that every student will love their tasty creations.

**Graphic Design** - The students will learn principles and elements of graphic design and be introduced into the graphic design world. Students will be given multiple opportunities to create designs for different "clients" and will work with different surfaces and materials. We hope that this will help the teens to think outside the box no matter who or what they are designing for. This club meets every Tuesday and Thursday (with a T-shirt design competition!!).

**Sports** - Let's get active! Students will have the chance to learn about why exercise is extremely important for their bodies. We will be doing a variety of different workouts and sports, teaching students new things that they can do to stay on top of their health. These options are available every day except for Tuesday.

**Stop Motion** - This is for kids who love bringing stories to life through animation! Led by passionate mentors, we offer hands-on workshops and collaborative projects where members learn storytelling, character design, and animation techniques. With a focus on creativity and teamwork, our club provides a supportive environment for young filmmakers to unleash their imagination, make friends, and bring their ideas to life one frame at a time. Join us and let your creativity soar at the Stop Motion Club!

**Yoga and Spatial Awareness** - The Yoga Club provides a supportive and inclusive environment for teenagers to explore yoga. Held every Monday, sessions focus on breathwork, mindfulness, and physical postures. Through guided practice, teens develop strength, flexibility, and emotional resilience while fostering a sense of community and well-being.

**Creative Writing** - The Creative Writing Club is a dynamic space where young writers explore storytelling through engaging prompts and collaborative projects. Held every Friday, participants can experiment with various genres and styles while receiving feedback and connecting with peers who share their passion for writing.

**Craft Club** - We are so excited to start this club! This is for the kids to be creative and try new things in the artistic world. We will be trying our hand at stained glass, at candle and soap making, and even more. Encourage your kids to give this a try so that you can have new beautiful art pieces in your home that your own kids have designed. This will be held every Wednesday.

MAY 2024

# Orem Jr. High

668 W 150 N, Orem, UT 84057 | 801-592-6286



**BOYS & GIRLS CLUBS**  
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



*Our SEL focus this month is kindness and friendship*

## Get To Know

Hello my name is Lou! I am studying animation at Utah Valley University. I've always had a passion for art and I love helping the students here at Orem Jr high find their passions too. I also enjoy rock climbing in my free time and I love playing Dungeons and Dragons and storytelling.



## Upcoming Events

Chopped cooking competition:  
May 6th

We will be having a Soccer tournament:  
May 15th

(Sign ups will be sent out through email, as well as QR codes in the halls)

There will also be a T-shirt design competition  
May 7th and 9th

(There will be prizes for the top 3 winners)

## Happy Birthday!

- Porter H. 5/1
- Mae M. 5/2
- Kage O. 5/4
- Addelyn F. 5/14
- Holden J. 5/15
- Robert T. 5/17
- Ellie M. 5/18
- Macklane A. 5/19
- Yanavah N. 5/19
- Alexandra V. 5/23
- Jorge C. 5/24
- David W. 5/26



May 17th: LAST DAY OF CLUBS

CLUBS CLOSED:

May 20th-24th



## Contact Information:

**Spencer Fulton - Site Coordinator**

**Phone: 801-592-6312**

**Email: oremjr@bgcutah.org**

## STEM and Tutoring Labs

Mon-Fri

STEM activities will be the first and second A day of each week. Robotics will be after school on every B day. Power Hour (homework help) is every day.

## Enrichment

Mon-Fri

We will be starting a crafting club, where students will learn how to do a variety of crafts!

Magic The Gathering Club will continue to be every Friday!

Virtual reality club is every Thursday, and

Cooking will be every other Monday!

We have sports happening almost every day. We will also be continuing to do our cosmetology club.

We will be continuing our graphic design club where they will be learning how to create designs and put them on shirts and bags. There will also be a creative writing club every Friday!

Activity specifics are listed in the previous page titled May Clubs & Activity Details

## Prevention & Education

Monday- Friday

This month our focus will be "kindness and friendship." We will have short discussions throughout the week.



