# **Mt Nebo Middle** 2023-2024





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SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
	29	30	Afternoon Crafts/Quilting (Baguley) Rm 221  3D Printing (Lai) Library  Fine Arts (Brynn) Faculty Room  4:40-5:30 Academic support and Fine Arts Club(Library)	Morning Power Hour (Brown) Rm 209  Afternoon Science (Daniel) Rm 208 Strategy Card/Board Games (Tiffani) Faculty Room Orchestra (Cieslak) Rm 302 Fine Arts (Brynn) Faculty Room  4:40-5:30 Academic support and Fine Arts Club(Library)	Afternoon Coding (Baguley) Rm 221 Orchestra (Cieslak) Rm 302 3D Printing (Lai) Library Lego Engineering (Ledesma) Rm 301  4:40-5:30 Academic support and Fine Arts Club(Library)
	No after school clubs - Teacher Collaboration	Morning Power Hour (Brown) Rm 209  Afternoon Sewing (Baguley) Rm 221 Ping Pong (McGregor) Front Commons 3D Printing (Lai) Library Strategy Card/Board Games (Tiffani) Faculty Room 4:40-5:30 Academic support and Fine Arts Club(Library)	Afternoon Crafts/Quilting (Baguley) Rm 221  3D Printing (Lai) Library  Fine Arts (Brynn) Faculty Room  4:40-5:30 Academic support and Fine Arts Club(Library)	Morning Power Hour (Brown) Rm 209  Afternoon Science (Daniel) Rm 208 Strategy Card/Board Games (Tiffani) Faculty Room Orchestra (Cieslak) Rm 302 Fine Arts (Brynn) Faculty Room  4:40-5:30 Academic support and Fine Arts Club(Library)	Afternoon Coding (Baguley) Rm 221  Orchestra (Cieslak) Rm 302 - LAST DAY  3D Printing (Lai) Library  Lego Engineering (Ledesma) Rm 301  4:40-5:30 Academic support and Fine Arts Club(Library)
	No after school clubs - Teacher Collaboration	Afternoon Rm 209 - LAST DAY  Afternoon Sewing (Baguley) Rm 221 Ping Pong (McGregor) Front Commons 3D Printing (Lai) Library Strategy Card/Board Games (Tiffani) Faculty Room 4:40-5:30 Academic support and Fine Arts Club(Library)	Afternoon Crafts/Quilting (Baguley) Rm 221  3D Printing (Lai) Library  Fine Arts (Brynn) Faculty Room  4:40-5:30 Academic support and Fine Arts Club(Library)	Afternoon Science (Daniel) Rm 208 Strategy Card/Board Games (Tiffani) Faculty Room Fine Arts (Brynn) Faculty Room 4:40-5:30 Academic support and Fine Arts Club(Library)	17 Afternoon Coding (Baguley) Rm 221  3D Printing (Lai) Library  Lego Engineering (Ledesma) Rm 301  4:40-5:30 Academic support and Fine Arts Club(Library)  Last Day of Clubs!

20	21	22	23	24
27	28	29	30	31

### **Daily Schedule**

### Mornings

7:30 am - 8:00 am: Power Hour

### Afternoons

2:40 pm - 2:45 pm: School is Released. Students head to cafeteria to check-in

2:45 pm - 3:00 pm: Check-in and snacks

3:00 pm: Clubs Start

4:30 pm- 4:35 pm: Afternoon snacks

4:40 pm: Buses Leave 4:40 pm: Academic Support 5:30 pm: Clubs Close



### **Contact Info**

Brynn Bowers Site Coordinator

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Phone: 801-633-4104

Program Address: 851 W 450 S Payson UT 84651



### Mt Nebo Middle Afterschool Program 2023-2024



## May Club & Activity Details

### Message to Parents:

We are so grateful to have worked with your child(ren) this year. We are grateful for the teachers who have run clubs during the year and have taught students different skills and create places for creative outlets. We hope that you have a great rest of the school year and an amazing summer and look forward to seeing you all next year!

### **Morning Club**

**Power Hour -** Tuesdays and Thursdays with Mrs. Brown (Rm 209) from 7:30am - 8:00 am. Participating in a math club can enhance kids' critical thinking, problem-solving, logical reasoning, collaboration, and numerical proficiency, fostering a deeper understanding and appreciation for mathematics in a fun and interactive setting. Students will also be able to work on homework or get academic help if they need it.

### **Afternoon Clubs**

**Sewing** - Tuesdays after school with Mrs. Baguley (Rm 221). Participating in a sewing club can empower kids to hone fine motor skills, enhance creativity, cultivate patience, and develop practical problem-solving abilities, while also fostering a sense of accomplishment through the creation of handmade projects.

**Ping Pong** - Tuesdays after school with Mr. McGregor. Participating in a ping pong club can help kids develop hand-eye coordination, reflexes, strategic thinking, teamwork, and physical fitness, fostering both social skills and a love for an active and engaging sport.

**Strategy Card/Board Games** - Tuesdays and Thursdays after school in the Cafeteria. Participating in a card games club can enable kids to enhance critical thinking, strategic planning, arithmetic proficiency, social interaction, and sportsmanship, while enjoying a diverse array of engaging and intellectually stimulating card games.

**3D Printing** - Tuesdays, Wednesdays, and Fridays after school with Mr. Lai in the Library. Participating in a 3D printing club can equip kids with skills in digital design, problem-solving, spatial reasoning, technology literacy, and teamwork, fostering their creativity and understanding of additive manufacturing processes.

**Crafts**- Wednesdays after school with Mrs. Baguley (Rm. 221). Participating in a crafts club can nurture kids' creativity, fine motor skills, patience, attention to detail, and teamwork as they explore various artistic techniques and materials to express their imagination through handmade projects.

**Science**- Thursdays after school with Ms. Daniel (Rm. 208). Participating in a science club can empower kids with hands-on experimentation, critical thinking, observation, collaboration, and communication skills, fostering a love for inquiry-based learning and scientific exploration.

**Orchestra** - Thursdays and Fridays after school with Mrs. Cieslak (Rm. 302). Students will learn new and different skills on instruments and further develop their skills.

**Coding**- Fridays after school with Mrs. Baguley (Rm. 221). Participating in a coding club can equip kids with problem-solving, logical reasoning, creativity, collaboration, and computer programming skills, empowering them to navigate the digital world and potentially pursue future careers in technology

**Fine Arts**- Wednesday and Thursday with Brynn in the Cafeteria. Students will learn different art skills using different mediums. They will learn problem solving skills, decision making, and confidence. This club will also be everyday after snack and between pickups from 4:30pm - 5:30 pm

**Lego Engineering** - Fridays with Mr. Ledesma (Rm 301). Students will practice logic and problem solving skills while competing with other students to build new and creative items using legos.

**Academic Support** - Everyday from 4:30 - 5:30 pm in the library. Students will get any support they need in classes, as well as working on helping complete homework assignments. This is optional and in addition to Power Hour in the morning.

## MAY 2024

# Mt.Nebo Middle

851 W 450 S Payson UT 84651 | 801-633-4104



The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our SEL focus this month is Gratitude

### **Get To Know**



Hi! My name is Tiffini Abbott. I have been with the Boys and Girls Club at the Mt Nebo since October 2023. I am the mother of three amazing teenagers. I

am fascinated with planning, rocks and maps. I enjoy playing with my dogs and reading. I have been known to read a book then plan a road trip to visit the area in the book. I also enjoy visiting family, beaches, National parks, regular parks, libraries, and places with interesting names.

### **Upcoming Events**

5/17 - Last day of Programming





### **Contact Information:**

Brynn Bowers - Site Coordinator
Phone: 801-633-4104
Email: brynn.bowers@bgcutah.org



### **Project Learn**

Tuesdays and Thursdays 7:30-8:00 am

Power Hour is a period of time in our morning clubs where we provide students with Homework Help and an opportunity to increase literacy skills.

#### STEM Labs

Thursday 2:45 - 4:30

We have a variety of clubs building skills in science, technology, engineering, and math. Students will learn a variety of STEM skills and related activities.

#### **Enrichment**

Tuesdays - Friday 2:45 - 5:30

Students are given the opportunity to explore and learn different skills and a variety of different activities.

### **Prevention & Education**

Tuesdays and Thursdays 4:00 - 4:30

Positive Action is used to teach students social emotional learning skills. They will learn communication skills and social skills that they can use their entire lives. We strive to help youth be their best in all situations.



