

Milford After School Program 2023-2024



SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
	29	30	1 Edventures Club Power Hour	2 Culinary Club Positive Action Power Hour	3
	6 Outdoor Club Fun! Positive Action Power Hour	7 STEM Club Fun! Power Hour	8 Edventures Club Power Hour	9 Culinary Club Positive Action Power Hour	10
	13 USU Create Better Health Positive Action Power Hour	14 STEM Club Fun! Power Hour	15 Edventures Club Power Hour	16 Culinary Club Positive Action Power Hour	17
	20	21	22	23	24
	27	28	29	30	31

Daily Schedule

- 2:30 - Brain Break/Physical Activity
- 3:00 - Club Fun!
- 3:30 - Super Snack
- 4:00 - (SEL) Positive Action/Smart Moves/STEM/HYLA
- 4:30 - Power Hour (We do our best but homework may not always get completed. Please check your child's work and their progress!)
- 5:00 - Club Fun, Reflection and Clean Up
- 5:30 - End of Program

Contact Info

MILFORD BOYS AND GIRLS CLUB
 Site Coordinator: Lorie Schow
 Email: lorie.schow@bgcutah.org
 Phone: 1-801-372-4836
 Program Address: 450 S 700 W, Milford Utah



May Club & Activity Details

Message to Parents:

As we approach the end of the school year, we want to express our heartfelt gratitude for entrusting us with your children in our Club. It has been a year filled with laughter, learning and growth. We have witnessed their achievements, shared in their joys, and embraced the challenges together. It has been a privilege to support your children this school year. Thank you for being a part of our Milford Elementary Boys & Girls Club Family! We look forward to welcoming everyone back for new adventures and opportunities in the upcoming school year.

Social Emotional Learning:

Positive Action - Social Emotional Learning curriculum is an evidence based program that is integrated in afterschool activities to build a positive environment throughout the program -- an environment that encourages students to do their best and be their best. Positive Action teaches real-life concepts that help students feel good about themselves. This program is run Monday & Thursday with new topics each week. The February theme is My Truest Self.

Academic Support:

Power Hour - the main focus of power hour will be to help youth complete homework assignments, work on HYLEA activities and their book in a bag. Our goal is to help youth reduce missing assignments by aligning with school teachers, and working on daily assignments at Club to allow family time at home. If you know what homework your student should be working on, please let us know and we will do our best to assist them!

Enrichment Clubs:

Culinary Club - In this hands-on experience youth will explore the world of cooking, basic kitchen skills and discover the joy of creating tasty healthy treats. From simple recipes to culinary crafts this club will foster creativity, teamwork, and love for wholesome food.

STEM Club - Youth will participate in a fun STEM Club activity! STEM activities provide opportunities for youth to explore STEM subjects, topics and challenges through hands-on experiential learning.

Edventures Club - Our Edventure Club activities encourage the discovery of talents, interests and self-confidence. While building unique creations and problem-solving through engaging challenges, learners are given autonomy and the opportunity to realize their full potential.

Outdoor Fun Club - Youth will participate in classic favorites like tag and relay races to creative twists on traditional sports. This club will focus on sportsmanship, teamwork, active play, friendly competition and the joy of being active outdoors.

Create Better Health Club - Allie Bradshaw with our local USU Extension Office visits our programs monthly to offer the Create Better Health Club where the focus is to help participants establish healthy eating habits and a physically active lifestyle.

MAY 2024

Milford

450 South 700 West | 801-372-4836



BOYS & GIRLS CLUBS
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our SEL focus this month is Positively Me

Get To Know

Boys & Girls Team Members are excited for summer!

Lorie S. is looking forward to relaxing in Hatch with family.

Melissa is looking forward to spending the warm summer days with her family making memories.

Lori C. is looking forward to the warmer days, working in her yard and her trip to San Francisco.

Becky is looking forward to traveling to California with her daughter and granddaughter. They have started the tradition where just the 3 of them will take a short trip together at the beginning of summer.

Madeline is looking forward to relaxing, fishing and spending time at their place in Nevada.

Upcoming Events

- School Carnival - May 2nd
- Last Day of Club - May 16th
- Track & Field Day - May 21st
- Last Day of School - May 24th

Happy Birthday!



Sofia 5/11
 Raegan 5/12
 Angel 5/14
 Claire 5/30
 Abdiel 5/30
 Indajani 6/5

Carsity 6/11
 Alex 6/28
 Andrew 6/28
 Liam 7/4
 Tate 7/12
 Ian 7/15
 Emrie 7/29



Last Day of Club May 16th

Contact Information:

Lorie Schow - Site Coordinator
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www.facebook.com/bgcbeaver



www.instagram.com/bgcbeaver

Project Learn

Monday - Thursday 4:30 - 5:00

The main focus of power hour will be to help members complete homework and school assignments.

STEM Labs

During enrichment clubs, members will have the opportunity to participate in STEM activities that are engaging and enjoyable for all.

Enrichment

Enrichment clubs are to further enrich and broaden our members' experiences by offering a variety of clubs. Clubs are to help students build skills in a variety of creative and fun activities.

SEL (Prevention and Behavior)

Monday - Thursday

Positive Action, Kid-Grit and SMART Moves curriculum focus on providing youth with important social-emotional skills. All SEL skills are taught through daily lessons and then integrated throughout the rest of programming.

