

# Independence Afterschool Program 2023-2024



SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Gratitude	29	30	1 Homework Help Soccer Practice	2 Homework Help Game Club RPG Club  State Tournament	3  No after school
Gratitude	6 Homework Help Soccer Practice	7 Homework Help Cooking Club  Soccer State Championships	8 Homework Help	9 Homework Help Game Club RPG Club	10  No after school
Gratitude	13 Homework Help	14 Homework Help Cooking Club	15 Homework Help	16 Homework Help Game Club	17  Last day of after school
	20	21	22	23  Graduation	24  Last day of School
	27	28	29	30	31

## Daily Schedule

3:00 School Ends  
 3:05 Snack passed out/SEL Lesson  
 3:10 Homework Help begins in Library and various Enrichment activities begin  
 3:15 Practice Begins in Gym  
 4:30 All Programs End  
 4:35 Late Bus Leaves School

## Contact Info

Brynn Bowers  
 Site Coordinator  
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 Phone: (801) 372-5839

Program Address: 636 Independence Ave  
 Provo UT 84601



## May Club & Activity Details

### **Message to Parents:**

Thank you so much for everything you have done this year. We have been extremely grateful to be working with your teens and having them as a part of our program. We hope to see you back next year! Have an amazing summer!

**Sports Practice** - With basketball Season having finished out, we have loved working with your youth and having them be a part of the team! Soccer Season is starting and we are very excited to have students come and try out for the soccer team! We look forward to seeing them on the field! Youth will be working on sportsmanship and being a part of a team. Creating an encouraging and learning atmosphere. We have state tournaments and championships to end the season.

**Homework Help** - The goal is to help students get help with classes that they are struggling in and provide an opportunity for them to get their grades up. Offered every day in the library from 3-4:30.

**Cooking Club** - Youth will have the opportunity to learn how to make different kinds of foods every week. Using different foods that can be found around the kitchen, there will be a different meal cooked. This is every Tuesday from 3:00 - 4:30.

**Game Club** - Students have the opportunity to learn how to play a variety of games, as well as learn how to play with others. It also is a time for students to be able to be social with others. Every Thursday in the cafeteria from 3-4:30.

**RPG Club** - Students learn how to play dungeons and dragons and develop confidence and ability to express themselves. They will also use critical thinking skills, problem-solving and social emotional skills. The first two Thursdays of the month from 3:15-4:30.

**Kid-Grit** - Kid-Grit is a curriculum that focuses on teaching students how to become well rounded students through social emotional mindfulness techniques. When students are picking up their daily snack they will be asked a question that relates to this curriculum and get them thinking. Everyday from 3-3:15 while students are picking up their snacks.

MAY 2024

# Independence

636 Independence Ave Provo UT 84601 | [Location Phone Number]



**BOYS & GIRLS CLUBS**  
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



*Our SEL focus this month is gratitude*

## Upcoming Events

- 5/2 - State Tournament
- 5/7 - State Championship
- 5/17 - Last day of After school
- 5/23 - Graduation
- 5/24 - Last day of School

## Happy Birthday!

3- Alexis  
24- Andre



**CLUB CLOSED**

Last day of After school - 5/17  
Last day of School - 5/24



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[www.instagram.com/bgcutah](https://www.instagram.com/bgcutah)



[www.facebook.com/BGCUtah](https://www.facebook.com/BGCUtah)

## Sports Practice

Monday - Thursday 3:15 - 4:30

Working on creating a welcoming environment where all students can come and learn how to play a sport and be on a team.

## Homework Help

Monday - Thursday 3:15 - 4:30

The main goal is to help students complete homework assignments and get help in classes that they are struggling with.

## Enrichment

Tuesday - Thursday 3:15 - 4:30

To help introduce students to a variety of different activities and learn different skills every day.

## Prevention & Education

Monday - Thursday 3:00 - 3:15

Daily Social Emotional Lessons taught throughout the day with an emphasis on gratitude



Utah State Board of Education

