Heritage Afterschool Program 2023-2024





SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
	29	30	1 SEL (B) Positive Action Project Learn	Clubs: Board game Creations Project Learn	STEM CLUB Rotations Nature Camp
	6 SEL (P) Positive Action Project Learn	Clubs: Board game Creations Project Learn	SEL (B) Positive Action Project Learn	C <u>lubs:</u> Board game Creations Project Learn	STEM CLUB Rotations Nature Camp
	13 SEL (P) Positive Action Project Learn	14 <u>Clubs:</u> Board game Creations Project Learn	15 SEL (B) Positive Action Project Learn	Clubs: Board game Creations Project Learn	STEM CLUB Rotations Field Day LAST DAY OF BOYS & GIRL CLUB
	20	21	22	23	24
	27	28	29	30	31

Monday-Thursday Schedule		Friday Schedule	
	3:30-3:45 pm Welcome Check-in/Snack 3:45-3:55 pm - Recess 4:05-4:15 pm- Circle up 4:15-4:45 pm - Project Learn 4:50-5:20 pm - SEL Positive Action or Clubs 5:20-5:30 pm - Clean up/ hand out PM snack/Check-out	12:00-12:20- Check-in/Recess 12:20-12:35 pm- Snack 12:45-1:05 pm - Circle Up 1:10-1:40 pm- Nature Camp 1:50-3:50 pm - Station Rotation Club Time 4:00-4:20 pm- Snack 4:25-4:45 pm - Team Building 4:50-5:20 pm - Gratitude 5:20-5:30 pm - clean up/check out	
		4:50-5:20 pm - Gratitude	



Contact Info

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Program Address: Program Address: 747 E Riverside Dr, St. George UT 84790







May Club & Activity Details

Message to Parents:

We are excited for this month's activities and program. We are sad to see the end of this school year coming so soon. As the end of the year approaches we wanted to make parents know that the Boys & Girls Club will be short staffed as our college students go home for summer. If you are planning to pick your kids up early please expect a wait time, our members' safety is important so we may need some time to get them checked out. We wanted to remind parents that the last day of program is on **MAY 17Tth.**

Field Day

On this last day we will be doing a Field day. We ask that parents please send the members to school with lots of water and spray sunblock so that we can stay hydrated and protected. Some activities will include, chalk, kites, kickball and much more. This day we will also be making Ice Cream from scratch in our STEM experiment. Please feel free to contact the Site Coordinator with any questions or concerns.

Social Emotional Learning - Monday/Wednesday

<u>Positive Action-</u> Social Emotional Learning curriculum is an evidence based program that is integrated in afterschool activities to build a positive environment throughout the program -an environment that encourages students to do their best and be their best. Positive Action teaches real-life concepts that help students feel good about themselves. In May we will review some of our fun lessons from this past year and expand on them as a club.

<u>Nature Camp</u> - Students will learn about how humans interact with nature. They will explore how to care and build different environments around the world. Some of our lessons will include making toilet paper roll binoculars.

Academic Support

<u>Project Learn -</u> The main focus of power hour will be to help youth complete homework assignments, and have help with their work. Our goal is to help youth reduce missing assignments by aligning with school day teachers and completing daily assignments at programs to allow family time at home. This takes place Monday-Thursdays 4:20pm - 4:50pm.

STEM

Youth will have the opportunity to participate in a new experiment every Friday during rotations. Youth will focus on learning about observation, hypothesis, and the scientific process in these experiments. This month we will be focusing on combining all of the knowledge we learned this year to make ice cream and rootbeer.

Enrichment Clubs- Tuesday/Thursday

<u>Life Size board games</u>- In this club members will explore the creation and participation of making classic board games life size. Many of these games will include new twists to help us stay active. These new creative and interactive games will help us teach students new ways to combine play and exercise into our daily life.

<u>Creations Club-</u> In this club members will learn how to design and create different things. This will allow students a great way to be creative and make some great projects. Some of these lessons will include using modeling clay and even tie dying different items. As we finish out the year we hope this club will bring lots of messy creative fun for the members.

MAY 2024

Heritage

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The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our SEL focus this month is Revisiting our Great Lessons

Get To Know



Caleb, is our Are Director. Last year Caleb was a Site Coordinator at Legacy Elementary. He enjoyed working with the Area A schools throughout this year and getting to know the kids this year at Heritage.

Upcoming Events

Last Day of Boys & Girls Club: May 17th Field Day: Friday May 17th



Contact Information:
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Project Learn

Monday- Thursday: 4:15 pm- 4:45 pm

Building strong minds through reading and positive thoughts/actions. We will also talk about self-discipline and continuing to build our self awareness.

STEM Labs

Fridays 2:05 pm- 4:45 pm

Members will have the opportunity to participate in STEM labs. They will learn how science, technology, engineering and math can be used in everyday life.

Enrichment

3rd-5th-Monday/Wednesday: 4:50 pm-5:20 pm K-2nd-Tuesday/Thursday:4:50 pm- 5:20

pm
Fridays 2:05 pm- 4:45 pm
Enrichment clubs are offering our
members opportunities to participate in a

members opportunities to participate in a variety of activities which will continue to change as the year progresses.

Prevention & Education

K-2nd-Monday/Wednesday: 4:50 pm- 5:20 pm 3rd-5th-Tuesday/Thursday:4:50 pm- 5:20 pm Positive Action curriculum provide members with important social-emotional skills





