

Coral Cliffs Afterschool Program 2023-2024



**BOYS & GIRLS CLUBS
OF UTAH COUNTY**

SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Improving Me	1 Spring Recess No After School Program	2 STEM Power Hour Nature Club Yoga Club	3 SEL (K-2) L 112, p.213 Improving Yourself Continually Using Soc/Em Positive Action (3-6) L 114, p.230 Believing We Can Do More, Be More Power Hour No Bake Club	4 STEM Power Hour Nature Club Yoga Club	5 Kid Grit Physical/Creative Activities SEL (K-2) L 116, p.220 Improving Yourself Continually Using Soc/Em Positive Action (3-6) L 119, p.240 Believe, Try Hard, and Stick It Out
Improving Me	8 SEL (K-2) L 118, p.225 Improving Yourself Continually Using Soc/Em Positive Action (3-6) L 120, p.242 Getting Better with the Big Things Power Hour No Bake Club	9 STEM Power Hour Nature Club Yoga Club	10 SEL (K-2) L 121, p.231 Improving Yourself Continually Using Soc/Em Positive Action (3-6) L 124, p.248 Goal 2: Your Mind Power Hour No Bake Club	11 STEM Power Hour Nature Club Yoga Club	12 Kid Grit Journal Physical/Creative Activities
Improving Me	15 SEL (K-2) L 122, p.233 Improving Yourself Continually Using Soc/Em Positive Action (3-6) L 127, p.252 Power and Energy Power Hour No Bake Club	16 STEM Power Hour Nature Club Yoga Club	17 SEL (K-2) L 130, p.243 Improving Yourself Continually Using Soc/Em Positive Action (3-6) L 129, p.257 Getting A Bigger, Better Picture Power Hour No Bake Club	18 STEM Power Hour Nature Club Yoga Club	19 Kid Grit Journal Physical/Creative Activities
Post Survey	22 SEL Post-Survey Power Hour No Bake Club	23 STEM Power Hour Nature Club Yoga Club	24 SEL Post-Survey Power Hour No Bake Club	25 STEM Power Hour Nature Club Yoga Club	26 Kid Grit Journal Physical/Creative Activities
	29 SEL Power Hour No Bake Club	30 STEM Power Hour Nature Club Yoga Club	1	2	3

Daily Schedule Mon-Thurs

2:35-3:20 CHECK IN/Snack/Recess
3:30-4:35 Positive Action/STEM/Project Learn
4:40- 5:25 Club Time
5:30 PICKUP/Snack

Daily Schedule Friday

1:00-1:30 CHECK IN/Snack/Recess
1:35-1:55 Circle Up
2:00-2:45 Kid Grit
2:50- 3:30 Journal Time
3:30-4:25 Physical/Creative Activities
4:30-5:15 Group Activity
5:30 PICK UP



UTAH DEPARTMENT OF
**WORKFORCE
SERVICES**
CHILD CARE

Contact Info

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April Club & Activity Details

Message to Parents:

Hello all! Sadly we are one month closer to the end of the school year, but that doesn't mean the fun is stopping any time soon! The kids have been loving to get to choose their own clubs and have been looking forward to see what the new clubs are. This month our physical clubs are all about being outdoors and soaking up the sun. While we're doing something different with our creative clubs. We are breaking it up into two groups because this club is something all kids will enjoy. FOOD! We are excited to do all these clubs with the kids!

Social Emotional Learning:

Positive Action - Social Emotional Learning curriculum is an evidence based program that is integrated in afterschool activities to build a positive environment throughout the program - an environment that encourages students to do their best and be their best. Positive Action teaches real-life concepts that help students feel good about themselves. This program is run Monday and Wednesday with new topics each week. The January theme is Getting Along With Others, a great way to start off the new year!

Kid-Grit - The kid-grit curriculum is the perfect combination of social-emotional learning, mindfulness, character education, and youth development. We are committed to this equitable approach to social-emotional learning for both your students and staff. As a result, when educators facilitate the kid-grit curriculum in classrooms or programs, there will be no disconnect.

Academic Support:

Project Learn - The main focus of power hour will be to help youth complete homework assignments, work on HYL A activities and also participate in our reading program. Our goal is to help youth reduce missing assignments by aligning with school day teachers and completing daily assignments at programs to allow family time at home.

Enrichment Clubs:

Nature Club - Ms. Savannah - The birds are chirping. The sun is shining. With this club students will learn all about how to enjoy the great outdoors! They will learn about animals and their ways of living. While also learning about hiking and other fun outdoor activities. One of the most exciting activities that will be done is an outdoor scavenger hunt.

No-Bake Club - Mrs. Mimi & Mrs. Sydney - What's one thing all kids love? FOOD! This club is a way for the kids to learn ways to be healthy while also learning some yummy easy recipes. They will be split between grades and switch between the teachers to learn different treats. They will learn snacks from crispy pretzel bars to cinnamon rolls and even two different types of pizzas!

Outdoor Yoga Club - Ms. Maddie - Namaste everyone. With spring and warm weather finally here we will be taking full advantage of the sunshine and learning how to bring ourselves peace. Yoga is a great way of doing that and what better way to do that than soaking up sun. Students will learn about all the different types of yoga poses and why yoga is a simple and easy form of exercise and way to regulate us when we feel stress or other big emotions.

STEM - Each week we will have an integrated science club. The STEM lessons will correspond to our clubs every week!

Friday Rotations - Every Friday we will have activities planned that will build both the physical skills as well as creative and artistic skills of the students. The students have loved having time to do these activities and get to rotate between them during the allotted time during the day.

April 2024

CoralCliffs

2040 W 2000 N St. George, UT | 801-372-3555



BOYS & GIRLS CLUBS
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our SEL focus this month is Getting Along With Others

Get To Know

Ms. Miriam



My name is Mimi! I'm a mom and wife who loves to read, dance, hike, and cook. This is my first year working for the after school program, but I have worked for the school district for the last 13 years or so. I love working and helping the kids I work with.

Upcoming Events

Apr 1- Spring Recess



www.instagram.com/bgcutah



www.facebook.com/BGCUtah

Happy Birthday!

Madison 4/4
Sage 4/4
Lexi 4/10
Markus 4/24
Kelsie 4/30



CLUB CLOSED

Apr 1 Spring Recess



Contact Information:

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Project Learn

Mon-Fri

Daily assistance with reading, writing, math, spelling, or any other homework help.

STEM Labs

Tues & Thurs

Each week we will have an integrated science club. The STEM lessons will correspond to our clubs every week!

Enrichment

Mon-Thurs

Enrichment clubs are to further enrich and broaden our members' experiences by offering a variety of clubs that members have a choice between. These clubs are changed on a monthly basis.

SEL-Prevention and Behavior

Mon & Wed

Positive Action Empowers Greatness with the direct moment-by-moment practice of thinking, acting, and feeling.



