

SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
			<p>1 Power Hour STEM K&1: Shapes and Numbers 2-3: Chemical Reactions 4-6: Engineering CLUB K-1: Space Club 2-3: Gardening 4-6: Team Building</p>	<p>2 Power Hour SEL/PA K&1: Emotions 2&3: Respect 4-6: Empathy CLUB K-1: Camping Club 2-3: Nutrition 4-6: Team Building</p>	<p>3 30 mins Power Hour 30 mins Club 30 mins Game</p>
My Truest Self	<p>6 Power Hour STEM K&1: Shapes and Numbers 2-3: Chemical Reactions 4-6: Engineering CLUB K-1: Space Club 2-3: Physical Exercise 4-6: Team Building</p>	<p>7 Power Hour SEL/PA K&1: Respect 2&3: Talents 4-6: Empathy CLUB K-1: Camping Club 2-3: Gardening 4-6: Team Building</p>	<p>8 Power Hour STEM K&1: Shapes and Numbers 2-3: Chemical Reactions 4-6: Engineering CLUB K-1: Space Club 2-3: Nutrition 4-6: Team Building</p>	<p>9 Power Hour SEL/PA K&1: Emotions 2&3: Respect 4-6: Empathy CLUB K-1: Camping Club 2-3: Physical Exercise 4-6: Team Building</p>	<p>10 30 mins Power Hour 30 mins Club 30 mins Game</p>
My Truest Self	<p>13 Power Hour STEM K&1: Shapes and Numbers 2-3: Time and Measurement 4-6: Engineering CLUB K-1: Space Club 2-3: Gardening 4-6: Team Building</p>	<p>14 Power Hour SEL/PA K&1: Respect 2&3: Talents 4-6: Empathy CLUB K-1: Camping Club 2-3: Nutrition 4-6: Team Building</p>	<p>15 Power Hour STEM K&1: Shapes and Numbers 2-3: Time and Measurement 4-6: Engineering CLUB K-1: Space Club 2-3: Physical Activity 4-6: Team Building</p>	<p>16 Power Hour SEL/PA K&1: Emotions 2&3: Respect 4-6: Empathy CLUB K-1: Camping Club 2-3: Gardening 4-6: Team Building</p>	<p>17 Last Day of Club! See you Next Fall! 30 mins Power Hour 30 mins Club 30 mins Game</p>
My Truest Self	<p>20 NO CLUBS</p>	<p>21 NO CLUBS</p>	<p>22 NO CLUBS</p>	<p>23 NO CLUBS</p>	<p>24 NO CLUBS</p>
My Truest Self	<p>27 NO CLUBS</p>	<p>28 NO CLUBS</p>	<p>29 NO CLUBS</p>	<p>30 NO CLUBS</p>	<p>31 NO CLUBS</p>

Daily Schedule

2:15 - 2:25 Meetup/Check In
2:30 - 2:45 Snack & Circle Up
2:45 - 3:10 Recess
3:15 - 3:45 K-6 PowerHour
3:50 - 4:20 K-6 SEL/STEM
4:25 - 5:25 K-6 Club Activities
5:25 - 5:30 Dismiss to Pick Up
5:30 Check-Out



May Club & Activity Details

Message to Parents:

Our after school programs and clubs are designed to provide your child with a safe and engaging environment where they can explore their interests, develop new skills, and build meaningful relationships with their peers. Our programs are tailored to foster academic, social, and emotional growth, and offer a range of activities that cater to diverse interests and abilities.

Space Club - In this club we will be learning about extracurricular activities that focus on space-related topics such as astronomy and space exploration of the moon, sun and stars etc.

Gardening Club - In this club we will provide a platform for participants to share knowledge and expertise about gardening techniques and skills and participate in gardening activities.

Team Building Club - In this club we will provide activities for participants to participate in exercises designed to improve teamwork, communication, and collaboration skills.

Camping Club - In this club we will be organizing events that allow participants to explore nature and learn how to enjoy the outdoors such as hiking, outdoor safety, and even environmental conservation.

Nutrition Club - In this club we will be learning about nutrition, health and wellness and in purpose of providing education and sharing knowledge on various diets and nutrition approaches.

Physical Exercise Club - In this club we will be providing a supportive environment for participants to participate in exercises and offer a variety of group fitness classes and activities.

SEL - In this club we will promote positive behavior, attitudes and skills. It encourages social and emotional learning to help children develop habits and skills that lead to success in life.

Power Hour - In this club, we will focus on homework completion, academic support and tutoring. It would help with the children's challenging assignments and help them to gain new knowledge.

Fun Friday Rotations -On Fridays, we will provide a variety of different activities which give students a break from regular structured activities and homeworks and encourage them to build academic, social, and emotional skills in a positive environment.

MARCH 2024

Cascade Elementary

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BOYS & GIRLS CLUBS
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our SEL focus this month is "Your truest self"

Get To Know Kalo

Our spotlight this month is our new site coordinator Kalo!! Kalo is originally from Tonga and moved out to Utah to go to college. She graduated with a Masters in Public Health and enjoyed working with children. She likes to hang out with her friends when she has time and loves to read books about leadership.



www.facebook.com/BGCUtah



www.instagram.com/bgcutah



Utah State Board of Education

Happy Birthday!

June - 5/14
Edvin- 5/22
Lahia-5/28



CLUB CLOSED

5/20-5/31: NO CLUBS



Contact Information:

Kalo Maluga - Site Coordinator

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Project Learn

M-Th (K-6, 3:15-3:45)

Project Learn is a time for your students to receive additional academic support. Staff members are able to help them with math, reading, writing, and other homework subjects.

STEM Labs

M,W (K-6, 3:50-4:20)

Students will be focusing on chemical reactions and research design this month!

Enrichment

M-TH 3:15-4:20

Activity specifics are listed in the previous page titled *March Clubs & Activity Details*.

SEL (Prevention & Education)

T/TH (K-2: 3:15-3:45) (3-6: 3:50-4:20)

Our focus this month will be on being honest and true to ourselves and others.