

Washington Afterschool Program 2023-2024



SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Improving Me	1 Spring Recess No After School Program	2 CLUBS: 3-5: Oceans club and K-2: Soccer club POWER HOUR	3 SEL (B) - Positive Action: Believe, try hard, and stick it out POWER HOUR	4 CLUBS: 3-5: Soccer club and K-2: Oceans club POWER HOUR	5 Skill Building Labs: Active Rotation Creative Rotation STEM Lab
Improving Me	8 SEL (P) - Positive Action: Getting better with the big things POWER HOUR	9 CLUBS: 3-5: Oceans club and K-2: Soccer club POWER HOUR	10 SEL (B) - Positive Action: Your mind POWER HOUR	11 CLUBS: 3-5: Soccer club and K-2: Oceans club POWER HOUR	12 Skill Building Labs: Active Rotation Creative Rotation STEM Lab
Improving Me	15 SEL (P) - Positive Action: Power and energy POWER HOUR	16 CLUBS: 3-5: Oceans club and K-2: Soccer club POWER HOUR	17 SEL (B) - Positive Action: Getting a bigger better picture POWER HOUR	18 CLUBS: 3-5: Soccer club and K-2: Oceans club POWER HOUR	19 Skill Building Labs: Active Rotation Creative Rotation STEM Lab
Post Surveys Units 4-6	22 POST SURVEYS Skill Building Labs: Active Rotation POWER HOUR	23 CLUBS: 3-5: Oceans club and K-2: Soccer club POWER HOUR	24 POST SURVEYS Skill Building Labs: Creative Rotation POWER HOUR	25 CLUBS: 3-5: Soccer club and K-2: Oceans club POWER HOUR	26 Skill Building Labs: Active Rotation Creative Rotation STEM Lab
	29 Skill Building Labs: Active Rotation Creative Rotation POWER HOUR	30 CLUBS: 3-5: Oceans club and K-2: Soccer club POWER HOUR	1 Skill Building Labs: Active Rotation Creative Rotation POWER HOUR	2	3

Monday/Wednesday	Tuesday/Thursday	Friday
3:30 - 3:45 pm - Check In, Circle Up, Snack 3:45 - 4:15 pm - Recess/Wash hands 4:15 - 4:45 pm - Power Hour / Positive Action 4:50 - 5:20 pm - Positive Action / Power Hour 5:25 - 5:30 pm - PM Snack, Check out	3:30 - 3:45 pm - Check In, Circle Up, Snack 3:45 - 4:05 pm - Recess/Wash hands 4:10 - 4:30 pm - Power Hour 4:30 - 5:00 pm - Club Time 5:00 - 5:30 pm - Club Time 5:30 pm - PM Snack, Check out	12:00 - 12:30 Check in, recess 12:30 - 1:00 Structured recess 1:00 - 1:40 Computer lab 1:40 - 2:00 Super Snack 2:00 - 2:45 1st Club rotation 2:45 - 3:30 2nd Club rotation (STEM) 3:30 - 4:15 3rd Club rotation 4:15 - 4:30 PM Snack 4:30 - 5:30 Quiet time/weekly recap 5:30 Checkout

Contact Info
Brittney Thliveris Site Coordinator Email: brittney.thliveris@bgcutah.org Phone: 801-372-5776 Program Address: Program Address: 300 N 300 E Washington, UT 84780



Washington
After School Program
2023-2024



**BOYS & GIRLS CLUBS
OF UTAH COUNTY**

March Club & Activity Details

Message to Parents:

Our mission with clubs and activities is to give your child more opportunities for learning and interactive activities with their peers. The goal is to provide an environment that gives your child the opportunity of choice and integrate into new activities each month. There will be a new set of clubs and activities each month that will be posted on the calendar. For monthly clubs, it is the goal to build on each activity weekly, giving your child the opportunity to learn new skills every week! Every day except Fridays we spend time with students doing power hour for academic support. Your child has time during clubs to work on homework that they have been given during the school day and they receive assistance from all Boys and Girls Club staff. On Mondays and Wednesdays students are able to participate in a staff led activity for the purpose of social and emotional learning. This time is allotted for students to become more educated on life skills and emotional intelligence! If you have any questions or concerns please feel free to reach out to me!

~ *Brittney Thliveris* ~

Washington Site Coordinator

Social Emotional Learning:

Positive Action - Social Emotional Learning curriculum is an evidence based program that is integrated in afterschool activities to build a positive environment throughout the program – an environment that encourages students to do their best and be their best. Positive Action teaches real-life concepts that help students feel good about themselves. This program is run Tuesday & Thursday with new topics each week. The February theme is getting along with others, a great way to start off the new year!

Academic Support:

Power Hour - The main focus of power hour will be to help youth complete homework assignments, work on HYLEA activities and also participate in our reading program. Our goal is to help youth reduce missing assignments by aligning with school day teachers and completing daily assignments at programs to allow family time at home.

Skill Building Labs:

Each week on Friday youth rotate among fun and engaging activities designed to build or advance a skill in a creative, physical or STEM concentration area.

Enrichment Clubs:

Creative Club: This month for creative club students will have the opportunity to learn about all of Earth's oceans and the sea life that exists in that habitat. In the spirit of our STEM recycling unit as well students will be taught on the different ways that they can help clean up the ocean and help preserve sea life.

Physical Club: This month for physical club we will be doing soccer club! This was a club that was widely requested by all the students and they are all super excited for. Students will be learning about the fundamentals of soccer and have the opportunity to play their peers in scrimmages.

APRIL 2023

WASHINGTON

300 N 300 E Washington UT 84780 | 801-372-5776



BOYS & GIRLS CLUBS
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our SEL focus this month is "Improving Me"

Get To Know

Ms. Hali

She is one of our awesome YDPs here at Washington Boys and Girls Club! She enjoys hanging out with friends and family. In her free time she likes to go camping and fishing and also likes to read. Hali is a great asset to the BGC team!



Upcoming Events

CLUB CLOSURE: April 1st



Mack - April 3rd

CLUB CLOSURES

April 1st



Contact Information:

Brittney Thliveris - Site Coordinator

Phone: 801-327-5776

Email: brittney.thliveris@bgcutah.org



www.facebook.com/BGCUtah

Power Hour

Monday-Thursday

The main focus of power hour will be to help members complete homework assignments, work on Hyla activities and also have the opportunity to work with program staff on assignments given throughout the week.

Clubs

Tuesdays & Thursdays

This month students will be learning about the seven oceans on our planet and how they can help preserve sea life. They will also be learning about the different creatures that live in the ocean! For physical club students will be participating in a soccer club!

Enrichment

Everyday

Enrichment clubs are to further enrich and broaden our members' experiences by offering a variety of clubs that members have a choice between. These clubs are changed on a monthly basis.

Prevention & Education

Mondays & Wednesdays

Positive Action & SMART Moves curriculum focus on providing youth with important social-emotional skills. All SEL skills are taught through daily lessons and then integrated throughout the rest of programming.



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