Sunset Afterschool Program 2023-2024

April

BOYS & GIRLS CLUBS OF UTAH COUNTY

SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Improving Me	**1** SPRING RECESS	**2** Book Club OR Baseball Club SEL Kid-Grit Power Hour	**3** Workout Club OR Origami Club SEL Positive Action(B): (K-2) L. 116 (3-6) L. 119 Power Hour	**4** STEM Power Hour	**5** Book Club OR Baseball Club SEL Kid-Grit Power Hour
Improving Me	**8** Workout Club OR Origami Club SEL Positive Action(P): (K-2) L. 118 (3-6) L. 120 Power Hour	**9** Book Club OR Baseball Club SEL Kid-Grit Power Hour	**10** Workout Club OR Origami Club SEL Positive Action(P): (K-2) L. 121 (3-6) L. 124 Power Hour	**11** STEM Power Hour	**12** Book Club OR Baseball Club SEL Kid-Grit Power Hour
Improving Me	**15** Workout Club OR Origami Club SEL Positive Action(P): (K-2) L. 122 (3-6) L. 127 Power Hour	**16** Book Club OR Baseball Club SEL Kid-Grit Power Hour	**17** Workout Club OR Origami Club SEL Positive Action(P): (K-2) L. 130 (3-6) L. 129 Power Hour	**18** STEM Power Hour	**19** Book Club OR Baseball Club SEL Kid-Grit Power Hour
Post Surveys	**22** Workout Club OR Origami Club SEL Positive Action(P): Post-Survey Power Hour	**23** Book Club OR Baseball Club SEL Kid-Grit Power Hour	**24** Workout Club OR Origami Club SEL Positive Action(P): Post-Survey Power Hour	**25** STEM Power Hour	**26** Book Club OR Baseball Club SEL Kid-Grit Power Hour
	29 Workout Club OR Origami Club Power Hour	**30** Book Club OR Baseball Club SEL Kid-Grit Power Hour	**1** Clubs TBA Power Hour	**2** STEM Power Hour	**3** Clubs TBA SEL Kid-Grit Power Hour

Daily Schedule Mon-Thurs

2:35-2:45	**CHECK IN**
2:45-3:00	Snack Time & Feelings check-in
3:00-3:30	Recess
3:30-4:00	Power Hour
4:00-4:30	Club Time
4:30-5:15	**SEL** Positive Action OR **SEL** Kid-grit, STEM
5:15-5:30	Snack Time
5:30	**PICKUP**

Daily Schedule Friday

1:00-1:15	**CHECK IN** & Pos. of the week
1:15-1:45	Recess
1:45-2:00	PM Snack Time
2:00-2:15	Feelings Check-in
2:15-2:45	Power Hour/ Computer Lab Time
2:45- 3:15	Recess
3:15-3:30	Snack Time
3:30-4:00	**SEL** Positive Action OR **SEL** Kid-grit
4:00-4:30	Brain Break
4:30-5:30	Club
5:30	**PICK UP**

Contact Info

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UTAH DEPARTMENT OF WORKFORCE SERVICES CHILD CARE

AMERICORPS

April Club & Activity Details

Message to Parents:

Club will be closed for Spring Recess April 1st

Positive Action Lesson Description:

4/1-4/5: P: (K-2) L 112, p.213 Improving Yourself Continually Using Soc/Em Positive Action
(3-6) L 114, p.230 Believing We Can Do More, Be More
B: (K-2) L 116, p.220 Improving Yourself Continually Using Soc/Em Positive Action
(3-6) L 119, p.240 Believe, Try Hard, and Stick It Out

4/8-4/12: P: (K-2) L 118, p.225 Improving Yourself Continually Using Soc/Em Positive Action
(3-6) L 120, p.242 Getting Better with the Big Things
B: (K-2) L 121, p.231 Improving Yourself Continually Using Soc/Em Positive Action
(3-6) L 124, p.248 Goal 2: Your Mind

4/15-4/19: P: (K-2) L 122, p.233 Improving Yourself Continually Using Soc/Em Positive Action
(3-6) L 127, p.252 Power and Energy
B: (K-2) L 130, p.243 Improving Yourself Continually Using Soc/Em Positive Action
(3-6) L 129, p.257 Getting A Bigger, Better Picture

4/22-4/26: Post-Surveys

4/29-5/3: Kid-Grit Lessons Instead

CLUBS:

Workout Club: This month for our **First** active club, we will be learning how to understand the basic movements of at home workouts. At the end of the month students will verse the teachers in athletic events.

Baseball Club: This month for our **Second** active club, we will be learning the basic rules of baseball. They will learn how to catch, throw and hit a ball. At the end of month we will have a program baseball game.

Book Club: This month for our **First** creativity club we are going to be doing a Book Club. Each week we will pick a different book to read as a group and do an activity with it. At the end of the month we will be doing a read-a-thon. Students will be allowed to bring pillows and stuffed animals as well as a book of their choice.

Origami Club: This month for our **Second** creativity club, students will learn the Japanese art of folding paper into decorative shapes and figures. Students will learn about the three different types of Origami, Single sheet origami, Modular origami, and Composite origami

Since Fridays are so long we have a Brain Break. This is a time for the students to relax and reset before we continue with the rest of the day

Sunset Elementary

495 Westridge Dr. St George, UT | 801-372-3151

BOYS & GIRLS CLUBS OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.

AMERICORPS

Our SEL focus this month is Improving Me

get to know us

Meet Sunset Elementary's BGC Volunteer and Janitor Xavier Todd

This is Xavier, he has lived in St. George his whole life! Fun fact about him, Mrs. Campbell, who will be the principal at Sunset next year, was his second grade teacher! A few things he enjoys are sports, like softball and basketball, hunting, fishing, and drawing. Xavier loves music and if he is ever home alone, he will be dancing to his favorite tunes.

Upcoming Events

No Program April 1st

Happy Birthday!

Deagan 4/6
Ian 4/11
Lily 4/20
Blakely 4/26
Sofia 4/27

CLUB CLOSED
Spring Recess April 1st

Sorry We're CLOSED

Contact Information:
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f www.facebook.com/BGCUtah

www.instagram.com/bgcutah

Enrichment
Monday-Thursday 4:00-4:30
Enrichment clubs are to further enrich and broaden our members' experiences by offering a variety of clubs that members have a choice between. These clubs are changed on a monthly basis.

STEM LABS
Thursdays 4:30-5:00
Each week we will have an integrated science club. The STEM lessons will correspond to our clubs every week!

Project Learn
Monday-Thursday 3:30-4:00
Fri 2:25-2:45
The main focus of power hour will be to help members complete homework assignments, work on HYLA activities and also participate in our reading program.

SEL (Prevention & Behavior)
Monday-Friday
Positive Action, Kid-Grit, & SMART Moves curriculum focus on providing youth with important social-emotional skills. All SEL skills are taught through daily lessons and then integrated throughout the rest of programming.

WORKFORCE SERVICES CHILD CARE   Utah State Board of Education