

Provo Clubhouse After School Program 2023-2024



SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
	1-5 CLUB CLOSED - SPRING BREAK				
Improving Me	8	9	10	11	12
	<p>POWER HOUR ENRICHMENT CLUBS: K-2: D&D, STEM 3-5: Sports, Art</p>	<p>POWER HOUR SEL (P): K-2: Improving Yourself Continually Using Soc/Em Positive Action 3-6: Getting Better With the Big Things</p>	<p>POWER HOUR ENRICHMENT CLUBS: K-2: Sports, Art 3-5: D&D, STEM</p>	<p>POWER HOUR SEL (B): K-2: Improving Yourself Continually Using Soc/Em Positive Action 3-6: Your Mind</p>	<p>KidGrit Rotations: STEM: Seeing Animal Sounds Physical: Kickball Creative: Collages Tech Choice: Chromebooks, Legos, Perler Beads</p>
	15	16	17	18	19
	<p>POWER HOUR ENRICHMENT CLUBS: K-2: D&D, STEM 3-5: Sports, Art</p>	<p>POWER HOUR SEL (P): K-2: Improving Yourself Continually Using Soc/Em Positive Action 3-6: Power & Energy</p>	<p>POWER HOUR ENRICHMENT CLUBS: K-2: Sports, Art 3-5: D&D, STEM</p>	<p>POWER HOUR SEL (B): K-2: Improving Yourself Continually Using Soc/Em Positive Action 3-6: Getting a Bigger Better Picture</p>	<p>KidGrit Rotations: STEM: Seeing Animal Sounds Physical: Kickball Creative: Collages Tech Choice: Chromebooks, Legos, Perler Beads</p>
	22	23	24	25	26
<p>POWER HOUR ENRICHMENT CLUBS: K-2: D&D, STEM 3-5: Sports, Art</p>	<p>POWER HOUR SEL (P): Post Surveys</p>	<p>POWER HOUR ENRICHMENT CLUBS: K-2: Sports, Art 3-5: D&D, STEM</p>	<p>POWER HOUR SEL (B): Post Surveys</p>	<p>KidGrit Rotations: STEM: Seeing Animal Sounds Physical: Kickball Creative: Collages Tech Choice: Chromebooks, Legos, Perler Beads</p>	
29	30	1	2	3	
<p>POWER HOUR ENRICHMENT CLUBS: K-2: D&D, STEM 3-5: Sports, Art</p>	<p>POWER HOUR Tech Choice: K-2: Legos, Perler Beads 3-6: Chromebooks, 3D printing</p>				

Mon./Wed. Schedule	Tues./Thurs. Schedule	Fri. Schedule
3:00 - 4:00 Club Opens - Snack & Recess - Members being dropped off at various times 3:10 - 3:25 pm - Provost Van Pick Up 3:20 - 3:35 pm - Wasatch Van Pick Up 3:30 - 3:45 pm - Treeside Van Pick Up 3:45 - 4:00 pm - Provo Peaks Van Pick Up 4:00 - 4:25 pm - Circle-Up 4:25 - 5:00 pm - Power Hour/Brain Train/ Wednesday's Only - STEM HYLEA 5:00 - 5:50 pm - Enrichment Clubs 5:50 pm - Final Clean up 6:00 pm - Club Closes	3:00 - 4:00 Club Opens - Snack & Recess - Members being dropped off at various times 3:10 - 3:25 pm - Provost Van Pick Up 3:20 - 3:35 pm - Wasatch Van Pick Up 3:30 - 3:45 pm - Treeside Van Pick Up 3:45 - 4:00 pm - Provo Peaks Van Pick Up 4:00 - 4:25 pm - Circle-Up 4:25 - 5:00 pm - Power Hour/Brain Train 5:00 - 5:50 pm - SEL - Positive Action 5:50 pm - Final Clean up 6:00 pm - Club Closes	1:00 - 2:00 pm - Club Opens - Recess 1:20 - 1:35 pm - Provost Van Pick Up 1:30 - 1:45 pm - Wasatch & Treeside Van Pick Up 1:45 - 2:00 pm - Provo Peaks Van Pick Up 2:00 - 2:30 pm - Circle-Up 2:30 - 3:05 pm - SEL - Kid Grit Groups 3:05 - 3:30 pm - Snack/Recess 3:30 - 5:15 pm - STEM/Physical/Creative Rotations 5:15 - 5:50 pm - Tech Choice 5:50 pm - Final Clean Up 6:00 pm - Club Closes

Contact Info	
Jessie Whittaker.....	Site Director
Emily Hakala.....	Site Coordinator
Olivia Perkins & Sarah Christensen.....	Program Managers
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Phone: (801) 371-6242	
Program Address: 1060 E 150 N Provo UT 84606	



April Club & Activity Details

Message to Parents: We are so sad to be so close to the end of the year, but we have some exciting clubs and activities planned for the month. Please feel free to reach out with any questions you may have!

Social Emotional Learning:

Positive Action - Social Emotional Learning curriculum is an evidence based program that is integrated in afterschool activities to build a positive environment throughout the program -- an environment that encourages students to do their best and be their best. Positive Action teaches real-life concepts that help students feel good about themselves. This program is run Tuesday & Thursday with new topics each week. The January theme is getting along with others, a great way to start off the new year!

KidGrit - The kid-grit collective is passionate about equipping educators and students with the tools needed for success. Our innovative, mindful approach builds confidence & character, resilience & social-emotional learning, self-care & wellness.

Academic Support:

Power Hour - The main focus of power hour will be to help youth complete homework assignments, work on HYLE activities and also participate in our reading program. Our goal is to help youth reduce missing assignments. If you know what homework your student should be working on, please let us know and we will do our best to ensure they get it done!

Brain Train - This part of Power Hour allows the students to rotate daily through math, literacy, and science rooms to help support their academic growth.

STEM Labs:

Seeing Animal Sounds Club - In Sounds Like Fun: Seeing Animal Sounds, students investigate the properties of sound and their many applications in engineering. The unit begins with the storybook Kwame's Sound, in which a boy named Kwame living in Ghana explores the field of Acoustical Engineering in order to communicate his drumming rhythms visually to his cousin Kofi. Over the course of the unit, students learn about the properties of sound and its many applications in fields from animal research to the design of musical instruments. Like Kwame, students then follow the steps of the Engineering Design Process to imagine, plan, create, and improve their own systems for representing animal sounds.

STEM with FlowServe - FlowServe is a company based in Springville, UT that generously volunteers their time to provide a weekly STEM activity for our students every Wednesday.

STEM rotation - Every Friday all students will participate in a STEM activity. This month youth will be taught

Enrichment Clubs:

Sports Club - The members will have the opportunity to learn 3 different sports this month which will help inspire confidence, teamwork, and their physical health.

Art Club - Each week the members will learn or practice a different art medium including drawing, painting, clay, chalk, or pastels.

Dungeons & Dragons Club - Playing D&D can have a significant and positive impact on kids' growth and development. Whether it's improving creativity, social skills, problem-solving, mental health, or learning and education, D&D is a fun and engaging way for kids to develop important life skills.

APRIL 2024

Provo Clubhouse

1060 E 150 N Provo UT 84606 | O: 801-371-6242 | C: 801-717-6214



BOYS & GIRLS CLUBS
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our SEL focus this month is Improving Me



Get To Know

Lexi Albright, YDP

“Hi I’m Lexi! I’m from Gilbert AZ. I’m studying communication disorders at BYU! I love working with kids, playing pickleball, and playing games with friends. A fun fact about me is that I’ve gotten at least 6 teeth pulled out by the dentist!”



www.facebook.com/BGCUtah



www.instagram.com/bgcutah

Happy Birthday!

- 3 - Jeremiah C.
- 6 - Aiden P.
- 7 - Lillie E.
- 9 - Natalie H.
- 12 - Eric T.
- 12 - Stewart M.
- 15 - Kaled A.
- 16 - Jocelyn M.
- 22 - Salu L.
- 23 - Ainsley M.
- 26 - Nifai V.
- 28 - Sibyl E.



CLUB CLOSED

April 1-5: Spring Break



Contact Information:

Emily Hakala - Site Coordinator
Olivia Perkins & Sarah Christensen - Program Managers

Phone: 801-371-6242

Email: provoclubhouse@bgcutah.org

Project Learn

Monday - Thursday, 4:25 - 5:00 pm

Homework Help

Literacy, Wordle, & Reading

Kahoot

Math

Workbooks

STEM Labs

Monday, 5:00 - 5:50 pm; Wednesday, 4:15

- 5:50 pm; Friday, 3:30 - 5:15 pm

M&W: Seeing Animal Sounds

W: STEM with FlowServe

F: Seeing Animal Sounds

Enrichment

Monday & Wednesday, 5:00 - 5:50 pm

Sports Club

Art Club

D&D Club

STEM Clubs listed above

Prevention & Education

Tuesday & Thursday, 5:00 - 5:50 pm;

Friday, 2:30 - 3:10 pm

T: Positive Action (Prevention)

Th: Positive action (Behavior)

F: KidGrit-Healthy Habits

