

Paradise Canyon
After School Program
2023-2024



SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Improving Me	1 No Club / No School	2 SEL (P) - Positive Action: (K-2) L 112, p.213 Improving Yourself Continually Using Soc/Em Positive Action (3-6) L 114, p.230 Believing We Can Do More, Be More <i>Project Learn</i>	3 Soccer Club Art Club <i>Project Learn</i>	4 SEL (B) - Positive Action: (K-2) L 116, p.220 Improving Yourself Continually Using Soc/Em Positive Action (3-6) L 119, p.240 Believe, Try Hard, and Stick It Out <i>Project Learn</i>	5 Soccer Club Art Club STEM Club
Improving Me	8 STEM Club <i>Project Learn</i>	9 SEL (P) - Positive Action: (K-2) L 118, p.225 Improving Yourself Continually Using Soc/Em Positive Action (3-6) L 120, p.242 Getting Better with the Big Things <i>Project Learn</i>	10 Soccer Club Art Club <i>Project Learn</i>	11 SEL (B) - Positive Action: (K-2) L 121, p.231 Improving Yourself Continually Using Soc/Em Positive Action (3-6) L 124, p.248 Goal 2: Your Mind <i>Project Learn</i>	12 Soccer Club Art Club STEM Club
Improving Me	15 STEM Club <i>Project Learn</i>	16 SEL (P) - Positive Action: (K-2) L 122, p.233 Improving Yourself Continually Using Soc/Em Positive Action (3-6) L 127, p.252 Power and Energy <i>Project Learn</i>	17 Soccer Club Art Club <i>Project Learn</i>	18 SEL (P) - Positive Action: (K-2) L 130, p.243 Improving Yourself Continually Using Soc/Em Positive Action (3-6) L 129, p.257 Getting A Bigger, Better Picture <i>Project Learn</i>	19 Soccer Club Art Club STEM Club
Improving Me	22 STEM Club <i>Project Learn</i>	23 SEL (P) - Positive Action: Post-Survey <i>Project Learn</i>	24 Soccer Club Art Club <i>Project Learn</i>	25 Soccer Club Art Club <i>Project Learn</i>	26 SEL (B) - Positive Action: Post-Survey Inside/Out Celebration STEM Club
Improving Me	29 STEM Club <i>Project Learn</i>	30 SEL - How do I feel today? <i>Project Learn</i>	1 Physical Club Creativity Club <i>Project Learn</i>	2 SEL (B) - Positive Action: TBA <i>Project Learn</i>	3 Physical Club Creativity Club STEM Club

Monday-Thursday Schedule	Friday Schedule
2:35 - 2:40 pm - Welcome Check-in/Wash hands 2:40 - 2:55 pm - Super Snack/Feelings Check-in 2:55 - 3:20 pm - Recess/Wash hands 3:20 - 4:15 pm - SEL - Positive Action / Club Time 4:15 - 5:00 pm - Project Learn (Academic Support) 5:05 - 5:25 pm - PM Snack Time 5:25 - 5:30 pm - Clean up/Check-out	1:00 - 1:05 pm - Welcome Check-in/Wash hands 1:05 - 2:05 pm - Art Station Rotation Activity Club Time 2:05 - 2:25 pm - Super Snack Time/Feelings Check-in 2:25 - 2:50 pm - Recess/Wash hands 2:50 - 3:30 pm - STEM Club (Club Rotation) 3:30 - 4:10 pm - Physical Club & Creative Club (Club Rotation) 4:10 - 4:30 pm - Recess/Wash hands 4:30 - 4:45 pm - PM Snack Time 4:45 - 5:25 pm - SEL - Kid Grit 5:25 - 5:30 pm - PM Snack & Clean up/Check-out

Contact Info
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Program Address: 1795 W 1230 N St George, UT 84770



Welcome to the BGC Club!

We are so excited to create an amazing club experience with our Paradise Canyon club members. Please make sure to save and add our email address to your contact list so you don't miss out on important information throughout the year. Each week we have club themes where most of our activities stem from that week's focus. We like to focus on collaboration, teamwork with lots of group work and individual projects that club members may be able to present to the group if time allows. If you ever have questions please reach out.

We are starting something new this year. All club members get to pick at the beginning of each month which club they would like to participate in for the whole month. Each club, physical club and creativity club are broken into two teams each. One team tends to be younger players (yellow team) and the other team is older players (blue team).

Physical Club - This month we are doing a Soccer club. We break up into two separate teams. Our goal in this club is to teach our youth basic styles of kicks, passing, how to make a goal, physical fitness can be fun, and overall soccer skills.

Creativity Club - This month we are doing Art club. We break up into two separate teams. Learning different styles of art and strengths drawing skills. This will allow them to learn eye-hand coordination, patience, and how to make art.

April 1 - 5

1st **NO SCHOOL / NO PROGRAM**

2nd Positive Action Lesson - Prevention: (K-2) L 112, p.213 Improving Yourself Continually Using Soc/Em Positive Action (3-6) L 114, p.230 Believing We Can Do More, Be More

3rd Soccer Club - They are going to learn the basics of how to play soccer and start a few drills.
Art Club - They are going to learn the basics of painting with watercolors

4th Positive Action Lesson - Behavior: (K-2) L 116, p.220 Improving Yourself Continually Using Soc/Em Positive Action (3-6) L 119, p.240 Believe, Try Hard, and Stick It Out

5th STEM - Straw Rocket
Soccer Club - Learn how to score a goal with a soccer ball
Art Club - They are going to learn different techniques in watercolors painting

April 8 - 12

8th STEM - Noodle Walk

9th Positive Action Lesson - Prevention: (K-2) L 118, p.225 Improving Yourself Continually Using Soc/Em Positive Action (3-6) L 120, p.242 Getting Better with the Big Things

10th Soccer Club - Learn how to front kick and sidekick a soccer ball
Art Club - They are going to learn the basics of painting with acrylic paint

11th Positive Action Lesson - Behavior: (K-2) L 121, p.231 Improving Yourself Continually Using Soc/Em Positive Action (3-6) L 124, p.248 Goal 2: Your Mind

12th STEM - Rainbow Walk
Soccer Club - They are going to learn the basics of how to kick from the side and the front of their foot
Art Club - They are going to learn different techniques in acrylic painting.

April 15 - 19

- 15th STEM - Penny Spinners
- 16th Positive Action Lesson - Prevention: (K-2) L 122, p.233 Improving Yourself Continually Using Soc/Em Positive Action (3-6) L 127, p.252 Power and Energy
- 17th Soccer Club - They are going to drills on foot control and skill development
Art Club - They are going to learn the basics of clay creation
- 18th Positive Action Lesson - Behavior: (K-2) L 130, p.243 Improving Yourself Continually Using Soc/Em Positive Action (3-6) L 129, p.257 Getting A Bigger, Better Picture
- 19th STEM - Paper Helicopters
Soccer Club - They are going to drills on foot control and skill development
Art Club - They are going to learn the basics of clay creation

April 22 - 26

- 22nd STEM - Rubber Band cup stacking
- 23rd Positive Action Lesson - Prevention: Post-Surveys
- 24th Soccer Club - Played a full game of soccer
Art Club - They are going to learn the basics of drawing designs
- 25th Soccer Club - Played a full game of soccer
Art Club - They are going to learn the basics of abstract art
- 26th STEM - Pressure Experient
Positive Action Lesson - Inside/Out celebration

April 29 - May 3

- 29th STEM - Hot vs Cold crushing cans
- 30th Positive Action Lesson - How do you feel today?
- 1st Physical Club - TBA
Creativity Club - TBA
- 2nd Positive Action Lesson - TBA
- 3rd Physical Club - TBA
Creativity Club - TBA
STEM - TBA

*** All activities, lessons, and crafts are tentatively scheduled. May be subject to change at the discretion of BGC with the best interests of club members in mind.*

APRIL 2024

Paradise Canyon

1795 W 1230 N St George, UT 84780 | (801) 372-2507 | paradisecanyon@bgcutah.org



BOYS & GIRLS CLUBS
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our SEL focus this month is Feeling Good with Positive Actions

Braxton Miskin

BGC Southern Utah
Paradise Canyon's
Youth Development Professional



We are so excited to have Braxton join our team as a YDP this school year. We are very happy to have Braxton who moved to St George in August 2021 from Shelley, Idaho. Braxton loves climbing, gym, and any kind of sports.



Happy Birthday!

To all are amazing birthday
Club Members

We will **not** have
program on the
following days:



1st No School / No Club

🙄 Please mark your calendar

CONTACT INFORMATION

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STEM Activity

Mondays & Fridays 4:10p-4:50p

Each week we will have an integrated science club. The STEM lessons will correspond to our clubs every week!

SEL (Prevention & Behavior)

Tuesdays & Thursdays 4:10p-4:40p

Positive Action and Kid Grit Empowers greatness with the direct moment by moment practice of thinking, acting, and feeling.

Physical Club & Creativity Club

Wednesday & Fridays 4:10p-4:50p

Each month we will have a month-long focus in the physical club and creativity club. Our young learn new skills, techniques and are introduced to new experiences.

Project Learn

Monday - Thursday 5:00p-5:30p

We work with the teacher's to focus on academic support that is needed for all club members. Focus is on all subjects taught in school.

KID GRIT

Fridays 2:55p-3:25p

SMART Moves is a suite of Targeted Programs and other resources designed to help young people develop healthy decision-making attitudes and skills.

www.instagram.com/bgcutah
www.facebook.com/BGCUtah

