

Panorama Afterschool Program 2023-2024



SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Improving me	1 No Clubs Holiday Break	2 Project Learn SEL (P) Positive Action: Improving yourself continually/Believing we can do more & be more Bowling Club Creativity Club	3 Project Learn SEL (B) Positive Action: Improving yourself continually/Believe, try hard & stick it out Drawing Club Game Club	4 Project Learn STEM Bowling Club Creativity Club	5 Kid Grit Creative, Physical, STEM Clubs Fun Friday!
Improving me	8 Project Learn SEL (P) Positive Action: Improving yourself continually/ Getting better with the big things Drawing Club Game Club	9 Project Learn STEM Bowling Club Creativity Club	10 Project Learn SEL (B) Positive Action: Improving yourself continually/ Your mind Drawing Club Game Club	11 Project Learn STEM Bowling Club Creativity Club	12 Kid Grit Creative, Physical, STEM Clubs Fun Friday!
Improving me	15 Project Learn SEL (P) Positive Action: Improving yourself continually/ Power & energy Drawing Club Game Club	16 Project Learn STEM Bowling Club Creativity Club	17 Project Learn SEL (B) Positive Action: Improving yourself continually/ Getting a bigger, better picture Drawing Club Game Club	18 Project Learn STEM Bowling Club Creativity Club	19 Kid Grit Creative, Physical, STEM Clubs Fun Friday!
Improving me	22 Project Learn Positive Action Surveys Drawing Club Game Club	23 Project Learn STEM Bowling Club Creativity Club	24 Project Learn Positive Action Surveys Drawing Club Game Club	25 Project Learn STEM Bowling Club Creativity Club	26 Kid Grit Creative, Physical, STEM Clubs Fun Friday!
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Daily Schedule	
<p>Monday-Thursday</p> <p>2:35 - 3:00 Check-in, Super Snack, Feeling check in 3:00 - 3:25 Structured Recess / 5 minute transition 3:30 - 4:00 K-3 (SEL-Positive Action or STEM Labs), 4-5 (Power Hour) / 5 minute trans. 4:05 - 4:35 4-5 (SEL-Positive Action or STEM Labs), K-3 (Power Hour) / 5 minute trans. 4:40 - 5:20 Enrichment Clubs 5:30 Snack, Check-out</p> <p>(Tuesday and Thursday - we spend our first hour outside due to gym access)</p>	<p>Friday</p> <p>1:00 - 1:15 Check-in, Feelings check in / 5 minute transition 1:20 - 1:45 Structured Recess / 5 minute transition 1:50 - 2:20 SEL-Kid Grit / 5 minute transition 2:25 - 2:40 Super Snack / 5 minute transition 2:45 - 3:15 Fun Friday / 5 minute transition 3:20 - 3:50 Rotation 1 (Creative) / 5 minute transition 3:55 - 4:25 Rotation 2 (Physical) / 5 minute transition 4:30 - 5:00 Rotation 3 (STEM) / 5 minute transition 5:05 - 5:20 Group game 5:20 - 5:30 Gratitude/PM Snack/check-out</p>

Contact Info
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April Club & Activity Details

Message to Parents - We may be coming into the most exciting part of the year for BGC! We are able to get out more due to good weather and we will be doing more sports and messy activities that will enable students to use their creativity to their fullest potential.

Positive Action (SEL) - Social Emotional Learning curriculum is an evidence based program that is integrated in afterschool activities to build a positive environment throughout the program -- an environment that encourages students to do their best and be their best. Positive Action teaches real-life concepts that help students feel good about themselves. This program runs Mondays and Wednesdays with new topics each week. We will be working on "Improving Me" which helps club members find ways to continually work on themselves in positive ways.

Project Learn - We encourage club members to complete any and all homework they may have during this time. If they have none, we require 20 minutes of reading and record this for the school. Not only does this enable the school to reach their goal of daily reading, but it improves club members vocabulary, fluency, logical reasoning and understanding. If there is free time afterwards, they will have a few minutes to draw which improves creativity, motor skills, concentration, and confidence in their abilities.

STEM - For our regular STEM days (Tues/Thurs) we will be focusing on engineering and chemistry. We will be making several types of experimental materials such as chalk and plastic. It will allow club members to hypothesize, create, problem solve, communicate, utilize teamwork and lead to some critical thinking.

Kid Grit - This is a perfect combination of social-emotional learning, mindfulness, character education, and youth development. We will be splitting this curriculum into 2 parts to facilitate the level of learning for each grade, ensuring all club members are getting the most out of it. This program helps solidify club members' ability to learn about and communicate their feelings in a safe, calm manner and gives them tools to calm down when things seem overwhelming.

Fun Friday - Club members get to choose between playing games, doing crafts or having some free time. Games help them learn social skills such as waiting, turn taking, sharing, how to cope with losing, winning gracefully, making conversation, problem solving, compromising, collaborating and being flexible. They love having time to have fun and having the autonomy to determine what they want to do.

Drawing Club - This will be a fun club where club members will have the opportunity to draw predetermined pictures of objects and learn about all the aspects of drawing such as smooth, fine lines, shading, colors, balance, among many others. Drawing teaches fine motor skills, concentration, creativity, improves confidence and attention span, and provides a safe avenue for emotional expression.

Game Club - Club members will be learning lots of games during this club. There will be card games such as Old Maid, Skipbo, Go Fish!, as well as board games like Sorry and Chutes and Ladders. They will also learn checkers and many other fun games that will allow them to strategize and use their reasoning skills. Of course we always work towards encouraging good sportsmanship and fair play.

Bowling Club - We will be learning about bowling and the rules and play of the game. This will be a great opportunity for club members to learn about a sport that they may have never played before. Additionally, it will enable them to build confidence and physical skills.

Creativity Club - This will be a fun time where club members can create many types of objects out of "stuff". We will be making bookmarks, stress reliever bottles, paper flowers, among many others. This activity will build creativity and wonder for club members while giving them a boost in confidence in their abilities.

APRIL 2024

Panorama

301 N 220 E ST, St George, UT | 801-372-4767



BOYS & GIRLS CLUBS
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our SEL focus this month is Improving Me

The Panorama Team!



We have all had a blast working with your kids! Oftentimes we get to be in the "kid-zone" as well, so here is a great representation of the spirit of the Boys and Girls Club for Panorama! (left to right) Halle, JD, Adeline, Bob, Ayden and Ashlie (up front).

Upcoming Events

We are looking forward to warmer weather so that we can be outside quite a bit more! Keep an eye on your email just in case we need to squeeze in a "water day"! That would be a great day for club members to be in shorts and shoes that might get wet.



www.instagram.com/bgcutah

Happy Birthday!



Cali
Chloe
Jericho
Nova
Oliver
Rene
Westin

CLUB CLOSED

4/1 Holiday Break



Contact Information:

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www.facebook.com/BGCUtah

Project Learn

Monday-Thursday

Grades 4-5 3:30-4:00/Grades K-3 4:05-4:35

All club members that have homework will receive assistance and our primary focus will be reading for the remainder of the year.

STEM Labs

Tuesday & Thursday

Grades K-3 3:30-4:00/Grades 4-5 4:05-4:35

We will continue to focus on engineering and creating objects out of random materials.

Enrichment

Monday - Thursday 4:40 - 5:20

We are offering four clubs to give members the opportunity to branch out and try something new! They can learn games, bowling, have some creative time or draw.

Prevention & Education

Monday & Wednesday

Grades K-3 3:30-4:00/Grades 4-5 4:05-4:35

This month our Social Emotional Learning will be complete and we will be doing surveys to see what club members learned. When the curriculum is complete, we will fill that time in with a team sport.



Utah State Board of Education

