

Orem Jr. High Afterschool Program 2023-2024



**BOYS & GIRLS CLUBS
OF UTAH COUNTY**

SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
	1 Spring Break	2 Spring Break	3 Spring Break	4 Spring Break	5 Spring Break
Overcoming	8 SEL-Positive Action (P): Turning Problems into Opportunities Clubs Yoga and Spatial Awareness Robotics Stop Motion Cooking Tutor Lab/Power Hour: 3-5	9 Clubs Open Art Net Sports STEM Activity Graphic Design VR: After 4:30 Tutor Lab/Power Hour: 3-5	10 SEL-Positive Action (B): Perseverance Clubs Sports Robotics Stop Motion Soap Making Tutor Lab/Power Hour: 2-5	11 Clubs Sports STEM Activity Graphic Design VR: After 4:30 Open Art Cosmetology Tutor Lab/Power Hour: 3-5	12 Clubs Magic: The Gathering Sports Robotics Debate Fashion Design Open Art Tutor Lab/Power Hour: 3-5
Improving Me	15 SEL-Positive Action (P): Continual Self Improvement: Getting Where I Want to Go Clubs Yoga and Spatial Awareness STEM Activity Stop Motion Board Games Tutor Lab/Power Hour: 3-5	16 Clubs Open Art Net Sports Robotics Graphic Design VR: After 4:30 Tutor Lab/Power Hour: 3-5	17 SEL-Positive Action (B): Becoming a Good Ancestor (Earth Day) Clubs Sports STEM Activity Stop Motion Soap Making Tutor Lab/Power Hour: 2-5	18 Clubs Sports Robotics Graphic Design VR: After 4:30 Open Art Cosmetology Tutor Lab/Power Hour: 3-5	19 Clubs Magic: The Gathering Sports STEM Activity Debate Fashion Design Open Art Tutor Lab/Power Hour: 3-5
Post Survey	22 SEL-Positive Action: Post Surveys GYoga and Spatial Awareness Robotics Stop Motion Cooking Tutor Lab/Power Hour: 3-5	23 Clubs Open Art Net Sports STEM Activity Graphic Design VR: After 4:30 Tutor Lab/Power Hour: 3-5	24 SEL-Positive Action: Post Surveys Clubs Sports Robotics Stop Motion Candle Making Tutor Lab/Power Hour: 2-5	25 Clubs Sports STEM Activity Graphic Design VR: After 4:30 Open Art Cosmetology Tutor Lab/Power Hour: 3-5	26 Clubs Magic: The Gathering Sports Robotics Debate Fashion Design Open Art Tutor Lab/Power Hour: 3-5
Doing What I Say I Will Do	29 SEL-Positive Action (P): Finishing What I Started Clubs Yoga and Spatial Awareness STEM Activity Stop Motion Board Games Tutor Lab/Power Hour: 3-5	30 Clubs Open Art Net Sports Robotics Graphic Design VR: After 4:30 Tutor Lab/Power Hour: 3-5	1	2	3

Daily Schedule

M/T/Th/F

2:45-3:00 Super snack in the lunchroom, select club

3:00-3:30 SEL Positive Action (Mondays typically)

3:30-4:20 Club rotations

4:20-4:30 Small snack. Late bus arrives

4:30-5:30 Ending club rotations and cleanup

HOMEWORK HELP (Power Hour) IS OFFERED EVERY DAY until 5:00 in the tutor lab

Wednesdays

12:45-1 Super snack in the lunchroom, select club

2-2:30 SEL Positive Action

2:30-2:50 Club rotations

2:50-3 Small snack. Late bus arrives.

3-5:30 Ending club rotations and cleanup

Contact Info

Spencer Fulton
Site Coordinator
Email: oremjr@bgcutah.org
Phone: 801-592-6312

Program Address: 650 W Jaguar Ave, Orem 84057



April Club & Activity Details

Message to Parents:

Hello parents! We are coming closer to the end of the year, but we are far from done providing fun and engaging activities for your child. We are excited to introduce activities that will build creativity skills, foster teamwork, and help the students to recognize the importance of staying active and moving our bodies.

SEL:

Positive Action - refers to a comprehensive educational program designed to promote positive behaviors, character development, and social-emotional learning among students. The curriculum encompasses lessons, activities, and resources aimed at fostering a positive after school culture by teaching values, emotional well-being, and responsible decision-making to enhance both academic and personal development in teens. This is run on Mondays from 3-3:30 pm and Wednesdays from 2-2:30 pm.

STEM

Various STEM Activities - Teens will have a chance to try out new experiments every A-day. Students will learn about science, technology, engineering, math, and more during these fun activities. Students often have the chance to make their own creations using science.

Robotics - This is an active club every B day where students learn about robotics and have the chance to design and build their own. No prior knowledge is necessary to join this fun club. After learning the basics, students may have an opportunity to join competitions at other local schools and have a shot at winning robotics tournaments. This also teaches the students important job skills in an engineering and tech environment.

Enrichment

Fashion Design - This club is a place where teenagers can explore their passion for design, experiment with trends, and collaborate on exciting fashion projects. Through workshops, styling sessions, and hands-on design activities, members have the opportunity to express their unique style and foster a sense of camaraderie with like-minded peers. At the end we will be doing a fashion show. This will be every Friday starting in February.

Cooking - Every other Tuesday students will be given the liberty to create using food. Some days focus on practical cooking skills such as cooking ground beef or following a recipe, while other days the students may be able to experiment with their own ideas. We will touch on a variety of different food options, ensuring that every student will love their tasty creations.

Graphic Design - The students will learn principles and elements of graphic design and be introduced into the graphic design world. Students will be given multiple opportunities to create designs for different "clients" and will work with different surfaces and materials. We hope that this will help the teens to think outside the box no matter who or what they are designing for. This club meets every Tuesday and most Wednesdays.

Weight Training and Sports - Let's get active! Students will have the chance to learn about why exercise is extremely important for their bodies. We will be doing a variety of different workouts and sports, teaching students new things that they can do to stay on top of their health. These options are available every day except for Tuesday.

Stop Motion - This is for kids who love bringing stories to life through animation! Led by passionate mentors, we offer hands-on workshops and collaborative projects where members learn storytelling, character design, and animation techniques. With a focus on creativity and teamwork, our club provides a supportive environment for young filmmakers to unleash their imagination, make friends, and bring their ideas to life one frame at a time. Join us and let your creativity soar at the Stop Motion Club!

Yoga and Spatial Awareness - The Yoga Club provides a supportive and inclusive environment for teenagers to explore yoga. Held every Monday, sessions focus on breathwork, mindfulness, and physical postures. Through guided practice, teens develop strength, flexibility, and emotional resilience while fostering a sense of community and well-being.

Creative Writing - The Creative Writing Club is a dynamic space where young writers explore storytelling through engaging prompts and collaborative projects. Held every Friday, participants can experiment with various genres and styles while receiving feedback and connecting with peers who share their passion for writing.

Soap Making - The Soap Making Club offers hands-on workshops where young creators can craft personalized soaps. Held every Wednesday, participants explore the art and science of soap making, experimenting with ingredients, fragrances, and designs. The club fosters creativity, collaboration, and skill development in a supportive environment, providing teens with a fun and creative outlet to express themselves through unique artisanal creations.

Cosmetology - This club is a vibrant and interactive group where students explore the exciting world of beauty and self-expression. Through hands-on workshops and discussions, members learn various cosmetology techniques, share styling tips, and foster a supportive community passionate about personal grooming and creativity. They will also learn how these skills can relate to many jobs that exist in working America.

APRIL 2024

Orem Jr. High

668 W 150 N, Orem, UT 84057 | 801-592-6286



BOYS & GIRLS CLUBS
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our SEL focus this month is Being the Best I Can Be

Get To Know Matthew!

Hi! I'm the STEM specialist for Orem Jr! I love working with robotics and teaching what I love. When I was in high school I participated in many robotics competitions and grew a love for Stem. I'm now working on my degree for technology management. STEM isn't all I do though. I love rock climbing in my free time, and hiking and exploring new places. I'm excited to help your kids learn they are also smart enough to do whatever they apply themselves to



Happy Birthday!



- Abigail L. 4/1
- Kinley S. 4/1
- Asher G. 4/6
- Houston T. 4/6
- Levi K. 4/6
- Rebekah L. 4/12
- Jiale Y. 4/15
- Serenity A. 4/16
- Kimberly M. 4/18
- Ludriannys C. 4/25
- Kyler Bonney 4/25
- Stevee B. 4/29
- Karen T. 9/26

CLUB CLOSED

4/1-4/5 Spring Break!!



STEM and Tutoring Labs

Mon-Fri

STEM activities will be the first and second A day of each week. Robotics will be after school on every B day. Power Hour (homework help) is every day.

Enrichment

Mon-Fri

We will be starting a soap and candle making club, where students will learn how to make their own soap and candles!

We will also be continuing our Magic the Gathering Club every Friday!

Virtual reality club is every Thursday, and Cooking will be every other Monday!

We have sports happening almost every day. We will also be continuing to do our cosmetology club.

We will be continuing our graphic design club where they will be learning how to create designs and put them on shirts and bags.

Activity specifics are listed in the previous page titled *March Clubs & Activity Details*

Prevention & Education

Monday- Friday

This month our focus will be "Being the best I can be." We will have positive action lessons every Monday and Wednesday.

www.facebook.com/BGCUtah

www.instagram.com/bgcutah

Contact Information:

Spencer Fulton - Site Coordinator

Phone: 801-592-6312

Email: oremjr@bgcutah.org

