

Mt Nebo Middle Afterschool Program 2023-2024



BOYS & GIRLS CLUBS
OF UTAH COUNTY

SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
	1 SPRING BREAK	2 SPRING BREAK	3 SPRING BREAK	4 SPRING BREAK	5 SPRING BREAK
Overcoming	8 No after school clubs - Teacher Collaboration	9 <u>Morning</u> Power Hour (Brown) Rm 209 <u>Afternoon</u> Sewing (Baguley) Rm 221 Ping Pong (McGregor) Front Commons 3D Printing (Lai) Library Gifted and Talented (Tasha) Rm 215 Strategy Card/Board Games (Tiffani) Faculty Room 4:40-5:30 Academic support and Fine Arts Club(Library)	10 SEL - P <u>Afternoon</u> Crafts/Quilting (Baguley) Rm 221 3D Printing (Lai) Library (Canceled Today) Dungeons and Dragons (Hunt) Rm 100 Fine Arts (Brynn) Faculty Room 4:40-5:30 Academic support and Fine Arts Club(Library)	11 <u>Morning</u> Power Hour (Brown) Rm 209 SEL - B <u>Afternoon</u> Science (Daniel) Rm 208 Strategy Card/Board Games (Tiffani) Faculty Room Orchestra (Cieslak) Rm 302 Fine Arts (Brynn) Faculty Room 4:40-5:30 Academic support and Fine Arts Club(Library)	12 <u>Afternoon</u> Coding (Baguley) Rm 221 Orchestra (Cieslak) Rm 302 3D Printing (Lai) Library Lego Competition (Ledesma) Rm 301 4:40-5:30 Academic support and Fine Arts Club(Library)
Improving Me	15 No after school clubs - Teacher Collaboration	16 <u>Morning</u> Power Hour (Brown) Rm 209 SEL - P <u>Afternoon</u> Sewing (Baguley) Rm 221 Ping Pong (McGregor) Front Commons 3D Printing (Lai) Library Gifted and Talented (Tasha) Rm 215 Strategy Card/Board Games (Tiffani) Faculty Room (canceled today) 4:40-5:30 Academic support and Fine Arts Club (Library)	17 <u>Afternoon</u> Crafts/Quilting (Baguley) Rm 221 3D Printing (Lai) Library Dungeons and Dragons (Hunt) Rm 100 Fine Arts (Brynn) Faculty Room 4:40-5:30 Academic support and Fine Arts Club (Library)	18 <u>Morning</u> Power Hour (Brown) Rm 209 SEL - B <u>Afternoon</u> Science (Daniel) Rm 208 Strategy Card/Board Games (Tiffani) Faculty Room Orchestra (Cieslak) Rm 302 Fine Arts (Brynn) Faculty Room 4:40-5:30 Academic support and Fine Arts Club (Library)	19 <u>Afternoon</u> Coding (Baguley) Rm 221 Orchestra (Cieslak) Rm 302 3D Printing (Lai) Library Lego Competition (Ledesma) Rm 301 4:40-5:30 Academic support and Fine Arts Club (Library)
Post-Survey	22 No after school clubs - Teacher Collaboration	23 <u>Morning</u> Power Hour (Brown) Rm 209 <u>Afternoon</u> Sewing (Baguley) Rm 221 Ping Pong (McGregor) Front Commons 3D Printing (Lai) Library Gifted and Talented (Tasha) Rm 215 Strategy Card/Board Games (Tiffani) Faculty Room 4:40-5:30 Academic support and Fine Arts Club (Library)	24 SEL - P <u>Afternoon</u> Crafts/Quilting (Baguley) Rm 221 3D Printing (Lai) Library Dungeons and Dragons (Hunt) Rm 100 Fine Arts (Brynn) Faculty Room 4:40-5:30 Academic support and Fine Arts Club (Library)	25 <u>Morning</u> Power Hour (Brown) Rm 209 SEL - B <u>Afternoon</u> Science (Daniel) Rm 208 Strategy Card/Board Games (Tiffani) Faculty Room Orchestra (Cieslak) Rm 302 Fine Arts (Brynn) Faculty Room 4:40-5:30 Academic support and Fine Arts Club (Library)	26 <u>Afternoon</u> Coding (Baguley) Rm 221 Orchestra (Cieslak) Rm 302 3D Printing (Lai) Library Lego Competition (Ledesma) Rm 301 4:40-5:30 Academic support and Fine Arts Club (Library)
	29 No after school clubs - Teacher Collaboration	30 <u>Morning</u> Power Hour (Brown) Rm 209 <u>Afternoon</u> Sewing (Baguley) Rm 221 Ping Pong (McGregor) Front Commons 3D Printing (Lai) Library Gifted and Talented (Tasha) Rm 215	1	2	3

		Strategy Card/Board Games (Tiffani) Faculty Room 4:40-5:30 Academic support and Fine Arts Club (Library)			
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Daily Schedule					
Mornings 7:30 am - 8:00 am: Power Hour Afternoons 2:40 pm - 2:45 pm: School is Released. Students head to cafeteria to check-in 2:45 pm - 3:00 pm: Check-in and snacks 3:00 pm: Clubs Start 4:00 pm - 4:30 pm: SEL Positive Action Lesson - SMART Moves 4:30 pm- 4:35 pm: Afternoon snacks 4:40 pm: Buses Leave 4:40 pm: Academic Support 5:30 pm: Clubs Close					



Contact Info
Brynn Bowers <i>Site Coordinator</i> Email: brynn.bowers@bgcutah.org Phone: (801) 633-4104
Program Address: 851 W 450 S Payson UT 84651



April Club & Activity Details

Message to Parents:

Hello Parents! We have had a few changes to clubs that are offered and when they will be offered so please double check the calendar for any changes! We hope that you had an amazing spring break and are excited to have your students back! As a reminder we are still open till 5:30 and are offering additional academic support and an art club during that time if your child would like to stay till the end of clubs!

Morning Club

Power Hour - Tuesdays and Thursdays with Mrs. Brown (Rm 209) from 7:30am - 8:00 am. Participating in a math club can enhance kids' critical thinking, problem-solving, logical reasoning, collaboration, and numerical proficiency, fostering a deeper understanding and appreciation for mathematics in a fun and interactive setting. Students will also be able to work on homework or get academic help if they need it.

Afternoon Clubs

Sewing - Tuesdays after school with Mrs. Baguley (Rm 221). Participating in a sewing club can empower kids to hone fine motor skills, enhance creativity, cultivate patience, and develop practical problem-solving abilities, while also fostering a sense of accomplishment through the creation of handmade projects.

Ping Pong - Tuesdays after school with Mr. McGregor. Participating in a ping pong club can help kids develop hand-eye coordination, reflexes, strategic thinking, teamwork, and physical fitness, fostering both social skills and a love for an active and engaging sport.

Strategy Card/Board Games - Tuesdays and Thursdays after school in the faculty room. Participating in a card games club can enable kids to enhance critical thinking, strategic planning, arithmetic proficiency, social interaction, and sportsmanship, while enjoying a diverse array of engaging and intellectually stimulating card games.

3D Printing - Tuesdays, Wednesdays, and Fridays after school with Mr. Lai in the Library. Participating in a 3D printing club can equip kids with skills in digital design, problem-solving, spatial reasoning, technology literacy, and teamwork, fostering their creativity and understanding of additive manufacturing processes.

Crafts - Wednesdays after school with Mrs. Baguley (Rm. 221). Participating in a crafts club can nurture kids' creativity, fine motor skills, patience, attention to detail, and teamwork as they explore various artistic techniques and materials to express their imagination through handmade projects.

Dungeons & Dragons - Wednesdays after school with Mr. Hunt (Rm. 100). Participating in a Dungeons & Dragons club can enhance kids' creativity, critical thinking, teamwork, communication, and problem-solving skills as they engage in collaborative storytelling, strategic decision-making, and imaginative exploration within the fantasy world of the game.

Science - Thursdays after school with Ms. Daniel (Rm. 208). Participating in a science club can empower kids with hands-on experimentation, critical thinking, observation, collaboration, and communication skills, fostering a love for inquiry-based learning and scientific exploration.

Gifted and Talented - Tuesdays after school with Tasha in Rm 215. Students will work on different passion projects throughout the remainder of the year focusing on creativity and problem solving skills. Students will learn new and different things each time!

Orchestra - Thursdays and Fridays after school with Mrs. Cieslak (Rm. 302). Students will learn new and different skills on instruments and further develop their skills.

Coding- Fridays after school with Mrs. Baguley (Rm. 221). Participating in a coding club can equip kids with problem-solving, logical reasoning, creativity, collaboration, and computer programming skills, empowering them to navigate the digital world and potentially pursue future careers in technology

Fine Arts- Wednesday and Thursday with Brynn (Faculty Rm). Students will learn different art skills using different mediums. They will learn problem solving skills, decision making, and confidence. This club will also be everyday after snack and between pickups from 4:30pm - 5:30 pm

Lego Competition - Fridays with Mr. Ledesma (Rm 301). Students will practice logic and problem solving skills while competing with other students to build new and creative items using legos.

Academic Support - Everyday from 4:30 - 5:30 pm in the library. Students will get any support they need in classes, as well as working on helping complete homework assignments. This is optional and in addition to Power hour in the morning.

APRIL 2024

Mt. Nebo Middle

851 W 450 S Payson UT 84641 | (801) 633-4104



BOYS & GIRLS CLUBS
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our SEL focus this month is Self-Improvement



Get To Know

My name is Marco Ledesma. I have been teaching at Mt. Nebo Middle School for 4 years. I teach

Spanish, English Language Development, and Biking. Additionally, I have been involved with Boys and Girls Clubs for 3 years. My role with BGC, at Mt. Nebo Middle School, is as program manager. As program manager I assist the site director in ensuring our day to day activities run smoothly at our site. My favorite part about working with kids is seeing them transform into amazing teens and young adults! It is my favorite thing to see a former student, several years after I have taught them, stop by the school and say hi and let me know how they are doing. I love teaching middle school and all the quiriness that comes along with that. In my free time I love to golf, hike unbeaten paths, and spend time with my one year old boy and my wife.

Upcoming Events

4/1-4/5 - Spring Break



www.instagram.com/bgcutah

Happy Birthday!

Andrew N	Miley
Kinley	Nora
Addalie	Kingsley
Sabrina	Kory
Hannah	Zander
Nicholas	Jory
Andrew E	Jenna
Treyvon	Rylin
Jasmine	Shelby
Aislynn	Bentley
Benjamin S	Coy
Djaliann	Austin
	Yaretzi



CLUB CLOSED
4/1-4/5 Spring Break



Contact Information:

Brynn Bowers - Site Coordinator
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Email: brynn.bowers@bgcutah.org



www.facebook.com/BGCUtah

Project Learn

Tuesdays and Thursdays 7:30-8:00 am

Power Hour is a period of time in our morning clubs where we provide students with Homework Help and an opportunity to increase literacy skills.

STEM Labs

Thursday 2:45 - 4:30

We have a variety of clubs building skills in science, technology, engineering, and math. Students will learn a variety of STEM skills and related activities.

Enrichment

Tuesdays - Friday 2:45 - 5:30

Students are given the opportunity to explore and learn different skills and a variety of different activities.

Prevention & Education

Tuesdays and Thursdays 4:00 - 4:30

Positive Action is used to teach students social emotional learning skills. They will learn communication skills and social skills that they can use their entire lives. We strive to help youth be their best in all situations.



Utah State Board of Education

