

# Minersville Afterschool Program 2023-2024



SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
	1 <b>Spring Break- No School</b>	2 <b>Spring Break- No School</b>	3 <b>Spring Break- No School</b>	4 <b>Spring Break- No School</b>	5 <b>Spring Break- No School</b>
Improving Me	8 <b>Sports Club</b> SEL (P) - Getting Better With the Big Things Power Hour <b>Easter Hunt</b>	9 <b>STEM Club</b> Power Hour	10 <b>Gardening Club</b> Power Hour	11 <b>Just Dance Club</b> SEL (B) - Getting Better With the Big Things Power Hour	12
Improving Me	15 <b>Sports Club</b> SEL (P) - Goal Setting: Taking Care of Home (Earth Day) Power Hour	16 <b>STEM Club</b> Power Hour	17 <b>Gardening Club</b> Power Hour	18 <b>Just Dance Club</b> <b>Create Better Health Club!</b> SEL (B) - Goal Setting: Taking Care of Home (Earth Day) Power Hour	19
Post-Surveys	22 <b>Sports Club</b> SEL (P) - Post Surveys Power Hour <b>Earth Day</b>	23 <b>STEM Club</b> Power Hour	24 <b>Gardening Club</b> Power Hour <b>Service Project</b>	25 <b>Just Dance Club</b> SEL (B) - Post Surveys Power Hour	26
	29 <b>Sports Club Tournament</b> SEL (P) - Power Hour	30 <b>STEM Club</b> Power Hour	1	2	3

## Daily Schedule

- 2:30 - Super Snack
- 2:50 - Restroom Break
- 3:00 - Brain Break/Club Fun!
- 3:30 - Positive Action/Smart Moves/STEM/HYLA
- 4:30 - Power Hour (We do our best but homework may not always get completed. Please check your child's work and their progress!)
- 5:00 - Club Fun, Reflection and Clean Up
- 5:30 - End of Program

## Contact Info

MINERSVILLE BOYS AND GIRLS CLUB  
 Site Coordinator: Jessica Butcher  
 Email: [jessica.butcher@bgcutah.org](mailto:jessica.butcher@bgcutah.org)  
 Phone: 1-801-372-4094  
 Program Address: 450 S 200 W Minersville Utah



## April Club & Activity Details

### Message to Parents:

We look forward to another great month in the afterschool program. This month we plan to enjoy some more active and seasonal activities perfect for the Spring. We hope your kids enjoy the clubs we have to offer this month as much as we do!

**Create Better Health Club!** - Allie Bradshaw joins us from — to teach our youth about healthy eating habits. This great club gives the kids first hand education on nutrition giving them more examples of healthy foods in all the categories of the food pyramid: protein, vegetable, fruits, dairy, and grains.

**Sports Club** - This month the Sports Club will feature Ultimate Frisbee! A competitive game perfect for the springtime, the kiddos will learn to throw a frisbee, aim, and work together as a team to earn points. They'll learn to engage in healthy competition and the foundations of sportsmanship as they work toward an Ultimate Frisbee Tournament. Join Miss Brooklyn on Mondays during Brain Break for outdoor fun!

**STEM Club** - April's STEM focus is ENGINEERING! Miss Nikole will be engaging the students' creativity and problem solving as they create and build all kinds of things with uncommon/fun building materials. This fun club will feature marshmallows, engaging projects, and challenges that get the kids brains going! Engineering STEM will be on Tuesdays!

**Gardening Club** - Miss Jessica will be engaging the kids in her favorite springtime activity by gardening! The kids will be tending to some plants and learning about plant life and their needs: like repotting overcrowded plants, soil maintenance, proper watering, germinating seeds, and tending to 'sick' plants. They will then apply their knowledge by growing a plant of their choice from a seed to take home. Come learn to care for plants on Wednesdays!

**Just Dance Club** - Kadence will be letting the kids bust a few moves and learn some of their own by playing Just Dance. They will be trying to copy fun dances to popular (family friendly) songs and working out some serious energy! The fun will teach them greater spatial awareness, bodily awareness, motor skills, and creative expression. We look forward to the dance parties on Thursdays!

**Easter Hunt** 🐰 A fun challenging egg hunt to celebrate Easter together.

**Earth Day** 🌍 We will be learning about ways to love our Earth, and make some fun recycled crafts!

**Service Project** 👮 We will be making crafts and expressing our appreciation for our local police officers and their effect on our community.

APRIL 2024

# Minersville

450 S. 200 W. Minersville Utah | 801 372-4094



**BOYS & GIRLS CLUBS**  
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



*Our SEL focus this month is Improving Me*

## What do we love about Spring?

In the Spring, Brooklyn loves to hear the chirping of the 🐦 returning, and taking Sunday naps in the ☀️ on the lawn.

Nikole loves the 🌷🌹 blooming in springtime, the warmth of the sun after ❄️, and traveling in the great weather.

Kadence cannot wait for the chance to play ball in spring, to 🚗 down to St. George for some great weather, laying back by the pool, and enjoying the new green of the 🌲.

Jessica loves tending to new 🌱 in the garden, flying 🦋 in spring breezes, and enjoying parks and trails with her family.

## Upcoming Events

- 8. 🐣 Easter Hunt 🐰
- 22. 🌍 Earth Day
- 24. 🧑🏫 Service Project

## Happy Birthday!

- 5. Kelcee
- 14. Nash
- 14. Miss Brooklyn
- 16. Kutler
- 23. Miss Jessica
- 29. Tamri



**CLUB CLOSED**

April 1-5 SPRING BREAK



## Contact Information:

**Jessica Butcher - Site Coordinator**  
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## Project Learn

*Monday - Thursday 4:00 - 5:00*

The main focus of power hour will be to help members complete homework and school assignments.

## STEM Labs

During enrichment clubs, members will have the opportunity to participate in STEM activities that are engaging and enjoyable for all.

## Enrichment

Enrichment clubs are to further enrich and broaden our members' experiences by offering a variety of clubs. Clubs are to help students build skills in a variety of creative and fun activities.

## SEL (Prevention and Behavior)

*Monday - Thursday*

Positive Action, Kid-Grit and SMART Moves curriculum focus on providing youth with important social-emotional skills. All SEL skills are taught through daily lessons and then integrated throughout the rest of programming.