

Milford Afterschool Program 2023-2024



SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
	1 Spring Break- No School	2 Spring Break- No School	3 Spring Break- No School	4 Spring Break- No School	5 Spring Break- No School
Improving Me	8 Agriculture Club SEL (P) - Getting Better With the Big Things Power Hour	9 STEM Club Fun! Power Hour	10 Edventures Club Power Hour	11 Geology Club SEL (B) - Getting Better With the Big Things Power Hour	12
Improving Me	15 Agriculture Club SEL (P) - Goal Setting: Taking Care of Home (Earth Day) Power Hour	16 STEM Club Fun! Power Hour	17 Edventures Club Power Hour	18 Geology Club SEL (B) - Goal Setting: Taking Care of Home (Earth Day) Power Hour	19
Post-Surveys	22 Agriculture Club SEL (P) - Post Surveys Power Hour	23 STEM Club Fun! Power Hour	24 Edventures Club Power Hour	25 Geology Club SEL (B) - Post Surveys Power Hour	26
	29 Agriculture Club SEL (P) - Power Hour	30 STEM Club Fun! Power Hour	1	2	3

Daily Schedule

- 2:30 - Brain Break/Physical Activity
- 3:00 - Club Fun!
- 3:30 - Super Snack
- 4:00 - (SEL) Positive Action/Smart Moves/STEM/HYLA
- 4:30 - Power Hour (We do our best but homework may not always get completed. Please check your child's work and their progress!)
- 5:00 - Club Fun, Reflection and Clean Up
- 5:30 - End of Program

Contact Info

MILFORD BOYS AND GIRLS CLUB
 Site Coordinator: Lorie Schow
 Email: lorie.schow@bgcutah.org
 Phone: 1-801-372-4836
 Program Address: 450 S 700 W, Milford Utah



April Club & Activity Details

Message to Parents:

We hope everyone enjoyed Spring Break making memories together with their families. Our amazing team has a month of fun, engaging activities planned for youth to experience. Youth will participate in creative projects, engaging activities and continue building lasting friendships. From arts and crafts to Clubs, we aim to make every moment count. We look forward to supporting your students as they finish out the remainder of the school year!

Social Emotional Learning:

Positive Action - Social Emotional Learning curriculum is an evidence based program that is integrated in afterschool activities to build a positive environment throughout the program -- an environment that encourages students to do their best and be their best. Positive Action teaches real-life concepts that help students feel good about themselves. This program is run Monday & Thursday with new topics each week. The February theme is My Truest Self.

Academic Support:

Power Hour - The main focus of power hour will be to help youth complete homework assignments, work on HYL A activities and their book in a bag. Our goal is to help youth reduce missing assignments by aligning with school teachers, and working on daily assignments at Club to allow family time at home. If you know what homework your student should be working on, please let us know and we will do our best to assist them!

Enrichment Clubs:

Agriculture Club - This club aims to cultivate not only plants but a sense of responsibility, teamwork and an understanding of where our food comes from. Together through hands-on activities and learning sustainable practices to develop an appreciation for agriculture and our environment.

STEM Club - Youth will participate in a fun STEM Club activity! STEM activities provide opportunities for youth to explore STEM subjects, topics and challenges through hands-on experiential learning.

Edventures Club - Our Edventure Club activities encourage the discovery of talents, interests and self-confidence. While building unique creations and problem-solving through engaging challenges, learners are given autonomy and the opportunity to realize their full potential.

Geology Club - Youth will explore the exciting world of rocks, minerals, and geological formations through hands-on exploration and engaging activities while fostering a curiosity of the natural world around us..

Create Better Health Club - Allie Bradshaw with our local USU Extension Office visits our programs monthly to offer the Create Better Health Club where the focus is to help participants establish healthy eating habits and a physically active lifestyle.

APRIL 2024

Milford

450 South 700 West | 801-372-4836



BOYS & GIRLS CLUBS
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our SEL focus this month is Improving Me

Get To Know

Boys & Girls Club Team Spring
Favorites:

Becky enjoys getting her flower beds and pots ready for flowers.

Lori enjoys getting out of the house and working in her yard and going hiking.

Lorie enjoys all the spring flowers.

Melissa enjoys hearing the birds in the morning and the warmer weather.

Upcoming Events

Spring Break - April 1st-5th
Science Fair - April 9th
2nd Grade World Fair - April 12th
Kindergarten Play - April 19th

Happy Birthday!

Jesus 4/2
Iker 4/3
Osmar 4/11
Isabella 4/21



CLUB CLOSED

April 1st- 4th: Spring Break



Contact Information:

Lorie Schow - Site Coordinator
Phone: 801-372-4836
Email: lorie.schow@bgcutah.org

Project Learn

Monday - Thursday 4:30 - 5:00

The main focus of power hour will be to help members complete homework and school assignments.

STEM Labs

During enrichment clubs, members will have the opportunity to participate in STEM activities that are engaging and enjoyable for all.

Enrichment

Enrichment clubs are to further enrich and broaden our members' experiences by offering a variety of clubs. Clubs are to help students build skills in a variety of creative and fun activities.

SEL (Prevention and Behavior)

Monday - Thursday

Positive Action, Kid-Grit and SMART Moves curriculum focus on providing youth with important social-emotional skills. All SEL skills are taught through daily lessons and then integrated throughout the rest of programming.



www.instagram.com/bgcutah



www.facebook.com/bgcutah



Utah State Board of Education



Utah Department of
WORKFORCE
SERVICES
CHILD CARE