

Independence Afterschool Program 2023-2024



BOYS & GIRLS CLUBS
OF UTAH COUNTY

SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Gratitude	1 SPRING BREAK	2 SPRING BREAK	3 SPRING BREAK	4 SPRING BREAK	5 SPRING BREAK
Gratitude	8 Homework Help Soccer Practice	9 Homework Help Cooking Club Soccer Game vs UMA-HF @ 4	10 Homework Help Soccer Practice	11 Homework Help Soccer Practice Game Club RPG Club	12 No after school End of Hex 5
Gratitude	15 Homework Help Soccer Practice Hex 6 Begins	16 Homework Help Cooking Club Soccer Game vs LCA @ 4	17 Homework Help Soccer Practice	18 Homework Help Game Club RPG Club Soccer Game @ LPA @ 4	19 No after school
Gratitude	22 Homework Help Soccer Practice	23 Homework Help Cooking Club Soccer Game vs AAI @ 4 SENIOR NIGHT	24 Homework Help Soccer Practice	25 Homework Help Soccer Practice Game Club	26 No after school
Gratitude	29 Homework Help Soccer Practice	30 Homework Help Cooking Club Soccer State Tournament	1	2	3

Daily Schedule

3:00 School Ends
 3:05 Snack passed out/SEL Lesson
 3:10 Homework Help begins in Library and various Enrichment activities begin
 3:15 Practice Begins in Gym
 4:30 All Programs End
 4:35 Late Bus Leaves School

Contact Info

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 Site Coordinator
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 Phone: (801) 372-5839

Program Address: 636 Independence Ave Provo
 UT 84601



April Club & Activity Details

Message to Parents:

We are finishing out soccer season this month! We have games every Tuesday and one Thursday this month before Tournament. We want to celebrate our senior soccer players at the last home game of the season!

Sports Practice - With basketball Season having finished out, we have loved working with your youth and having them be a part of the team! Soccer Season is starting and we are very excited to have students come and try out for the soccer team! We look forward to seeing them on the field! Youth will be working on sportsmanship and being a part of a team. Creating an encouraging and learning atmosphere. Practices are Monday-Thursday from 3-4:30 on days that there aren't games. Games will be on Tuesdays.

Homework Help - The goal is to help students get help with classes that they are struggling in and provide an opportunity for them to get their grades up. Offered every day in the library from 3-4:30.

Cooking Club - Youth will have the opportunity to learn how to make different kinds of foods every week. Using different foods that can be found around the kitchen, there will be a different meal cooked. This is every Tuesday from 3:00 - 4:30.

Game Club - Students have the opportunity to learn how to play a variety of games, as well as learn how to play with others. It also is a time for students to be able to be social with others. Every Thursday in the cafeteria from 3-4:30.

RPG Club - Students learn how to play dungeons and dragons and develop confidence and ability to express themselves. They will also use critical thinking skills, problem-solving and social emotional skills. The first two Thursdays of the month from 3:15-4:30.

Kid-Grit - Kid-Grit is a curriculum that focuses on teaching students how to become well rounded students through social emotional mindfulness techniques. When students are picking up their daily snack they will be asked a question that relates to this curriculum and get them thinking. Everyday from 3-3:15 while students are picking up their snacks.

APRIL 2024

Independence

636 Independence Ave Provo UT 84601 | 801-372-5839



The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our SEL focus this month is gratitude

Upcoming Events

- 4/1-4/5 - Spring Break
- 4/9 - Soccer Game vs UMA-HF @ 4
- 4/16 - Soccer Game vs LCA @ 4
- 4/18 - Soccer Game @ LCA @ 4
- 4/23 - Soccer Game vs AAI @ 4
- 4/23 - Senior Night Soccer
- 4/30 - State Tournament

Happy Birthday!

- 3- Zephyr
- 10- Jahiem
- 18- Alex
- 19- Citlaly
- 21- Isabell



CLUB CLOSED

4/1-4/5 Spring Break



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Sports Practice

Monday - Thursday 3:15 - 4:30

Working on creating a welcoming environment where all students can come and learn how to play a sport and be on a team.

Homework Help

Monday - Thursday 3:15 - 4:30

The main goal is to help students complete homework assignments and get help in classes that they are struggling with.

Enrichment

Tuesday - Thursday 3:15 - 4:30

To help introduce students to a variety of different activities and learn different skills every day.

Prevention & Education

Monday - Thursday 3:00 - 3:15

Daily Social Emotional Lessons taught throughout the day with an emphasis on gratitude



