

Heber Valley Afterschool Program 2023-2024



**BOYS & GIRLS CLUBS
OF UTAH COUNTY**

SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
IMPROVING ME	1 *STEM Labs *SEL - Positive Action (P) K-2: Improving Yourself Continually Using Soc/Em Positive Action 3-6: Getting Better with the Big Things *Clubs: Survival, Get Moving, Music	2 *Power Hour - Reading *Clubs: Survival, Get Moving, Music	3 *Power Hour - Math *SEL - Positive Action (B) K-2: Improving Yourself Continually Using Soc/Em Positive Action 3-6: Goal 2: Your Mind *Clubs: Survival, Get Moving, Music	4 *Power Hour - Spelling *Clubs: Survival, Get Moving, Music	5 *Power Hour - HYLEA *Clubs: Survival, Get Moving, Music
IMPROVING ME	8 CLOSED FOR SPRING BREAK	9 CLOSED FOR SPRING BREAK	10 CLOSED FOR SPRING BREAK	11 CLOSED FOR SPRING BREAK	12 CLOSED FOR SPRING BREAK
IMPROVING ME	15 *STEM Labs *SEL - Positive Action (P) K-2: Improving Yourself Continually Using Soc/Em Positive Action 3-5: Power & Energy *Clubs: Survival, Get Moving, Music	16 *Power Hour - Reading *Clubs: Survival, Get Moving, Music	17 *Power Hour - Math *SEL - Positive Action (B) K-2: Improving Yourself Continually Using Soc/Em Positive Action 3-5: Getting a Better Picture *Clubs: Survival, Get Moving, Music	18 *Power Hour - Spelling *Clubs: Survival, Get Moving, Music	19 *Power Hour - HYLEA *Clubs: Survival, Get Moving, Music
Post Surveys	22 *STEM Labs *SEL - Positive Action (P) Post Surveys ALL GRADES *Clubs: Survival, Get Moving, Music	23 *Power Hour - Reading *Clubs: Survival, Get Moving, Music	24 *Power Hour - Math *SEL - Positive Action (B) Post Surveys ALL GRADES	25 *Power Hour - Spelling *Clubs: Survival, Get Moving, Music	26 *Power Hour - HYLEA *Clubs: Survival, Get Moving, Music
Post Surveys	29 *STEM Labs *SEL - Positive Action (P) POST SURVEYS *Clubs: Survival, Get Moving, Music	30 *Power Hour - Reading *Clubs: Survival, Get Moving, Music	1	2	3

Daily Schedule

Monday
2:15pm Arrive
2:30pm - 3:00pm Snack & Recess
3:05pm - 3:45pm SEL – Positive Action
3:50pm - 4:40pm STEM
4:45pm - 5:30pm CLUBS
5:40 pm - 6:00pm Clean up and Check out
6:00pm Program closes

Wednesday
3:15pm Arrive
3:30pm - 4:00pm Recess & Snack
4:05pm - 4:35pm Power Hour
4:40pm - 5:10pm SEL - Positive Action
5:15pm - 5:50pm Clubs
5:50pm - 6:00pm Clean up and Check out
6:00pm Program closes

Tuesday, Thursday, Friday
3:15pm Arrive
3:30 pm - 4:15pm Snack and Recess
4:15pm - 4:45pm Power Hour
4:50pm - Clubs
5:40pm - Clean up
6:00pm Program closes

Contact Info

Kellie Barrus, LCSW - Site Coordinator
Email: hebervalley@bgcutah.org
Phone: (801) 857-4793

Program Address: 730 S 6th W, Heber City, UT 84032



April Club & Activity Details

Hello Parents and caregivers! We are thrilled to introduce you and the students to a brand new Club starting in April: Survival Club! For the last few months we have been running a Get Moving Club, a Music Club, and an Art Club. We will be replacing our Art Club with the new Survival Club. Each week students will have the opportunity to participate in a unique activity or skill. They will learn how to use a compass, fire safety, camping 101, and so much more. They will also learn to develop skills such as problem-solving, critical thinking, and responsibility. If you think your student would enjoy Survival Club, please encourage them to participate!

SEL- Positive Action - This month, our focus within social emotional learning is continuing to learn about “Improving Me”. Members will be able to learn how to believe in themselves, make positive changes in their lives, setting goals and achieving those goals. New skills taught complement and add to prior skills members have already learned.

STEM Labs - This month members will learn to use science, technology, engineering, and math in a fun and creative way! Members will learn all about

Get Moving Club - Members really enjoy this club, getting to learn new games, practice teamwork, and developing gross motor skills!

Survival Club - Members will learn how to set up tents, emergency shelters and build mini catapults.

Music Club - Building off what members have been learning and practicing, members will continue to learn notes, scales, and practice piano. Members in this club are able to express themselves through music, teach one another, and practice taking turns as they all learn music techniques together.

APRIL 2024

Heber Valley

[730 S 6th W, Heber City, UT 84032] | [(801) 857-4793]



BOYS & GIRLS CLUBS
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our SEL focus this month is IMPROVING ME and post surveys!

What's New??

We have a new Club starting this month: **Survival Club**.

Each week students will have the opportunity to participate in a unique activity or skill. They will learn how to use a compass, fire safety, camping 101, and so much more. They will also learn to develop skills such as problem-solving, critical thinking, and responsibility.

Upcoming Events

- * SPRING BREAK!! WOOHOO!!
- CLOSED 4/8 - 4/12
- * Closed May 13 & 14 for HVE SSP
- * LAST DAY OF PROGRAMS 5/17

Happy Birthday!

- 8 - Olivia
- 12- Charles
- 17- Koa
- 28 -Vinny



CLUB WILL BE CLOSED FOR SPRING BREAK!

4/8-4/12



Contact Information:

Kellie Barrus - Site Coordinator
Phone: (801) 857-4793
Email: hebervalley@bgcutah.org

Project Learn

Wednesday 4:05pm - 4:35pm
Tuesday, Thursday, Friday 4:15pm - 4:45pm

The main focus of power hour will be to help members complete homework assignments, work on HYLE activities and participate in our reading program.

STEM Labs

Monday 3:50pm – 4:40pm
Our Main STEM lab will be on Mondays. Students will have the opportunity to be involved in Science, Technology, Engineering and Math activities.

Clubs

See Club details Page!

Prevention & Education

Mondays 3:05pm - 3:45pm
Wednesdays 4:40pm - 5:10pm

This month's theme is *Improving Me and Post Surveys!*



www.instagram.com/bgcutah



www.facebook.com/BGCUtah

