

# Gateway Middle Afterschool Program 2023-2024



**BOYS & GIRLS CLUBS**  
OF UTAH COUNTY

SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
	1 NO AFTER SCHOOL SPRING BREAK	2 NO AFTER SCHOOL SPRING BREAK	3 NO AFTER SCHOOL SPRING BREAK	4 NO AFTER SCHOOL SPRING BREAK	5 NO AFTER SCHOOL SPRING BREAK
Overcoming	8 Club: Cooking Club: IRL Gaming Project Learn/Power Hour	9 Club: Advanced Improv Club: P.E. SEL Positive Action: Prevention- Turning Problems into Opportunities	10 Club: The Arts Club: Minecraft SEL Kid Grit	11 Club: Advanced STEM Club: Improv SEL Positive Action: Behavior- Perseverance	12 Club: Cooking Club: The Arts Club: Reading STEM Project Learn/Power Hour Makerspace <b>SPRING FLING!</b>
Improving Me	15 Club: Cooking Club: IRL Gaming Project Learn/Power Hour	16 Club: Advanced Improv Club: P.E. SEL Positive Action: Prevention- Continual Self Improvement: Getting Where I Want To Go	17 Club: The Arts Club: Minecraft SEL Kid Grit	18 Club: Advanced STEM Club: Improv SEL Positive Action: Behavior- Becoming a Good Ancestor	19 Club: Cooking Club: The Arts Club: Reading STEM Project Learn/Power Hour Makerspace
Post-Surveys	22 Club: Cooking Club: IRL Gaming Project Learn/Power Hour	23 Club: Advanced Improv Club: P.E. SEL Positive Action: Prevention- Post-Survey	24 Club: The Arts Club: Minecraft SEL Kid Grit	25 Club: Advanced STEM Club: Improv SEL Positive Action: Behavior- Post-Survey	26 Club: Cooking Club: The Arts Club: Reading STEM Project Learn/Power Hour Makerspace
Review	29 Club: Cooking Club: IRL Gaming Project Learn/Power Hour	30 Club: Advanced Improv Club: P.E. SEL Positive Action: Prevention- Review Missed Lessons	1	2	3

Daily Schedule				
Monday	Tuesday	Wednesday	Thursday	Friday
2:50-3:15 Check-in/Snack/Circle up 3:15-3:30 Movement 3:30-4:30 Clubs: Cooking or IRL Games 4:30-4:45 Break/Transition 4:45-5:15 Project Learn/ Power Hour 5:15-5:30 Snack/Clean up 5:30 Parent Pick up	2:50-3:15 Check-in/Snack/Circle up 3:15-3:30 Movement 3:30-4:30 Clubs: Advanced Improv, Lego Robotics, or P.E. 4:30-4:45 Break/Transition 4:45-5:15 SEL: (P) Positive Action 5:15-5:30 Snack/Clean up 5:30 Parent Pick up	2:50-3:15 Check-in/Snack/Circle up 3:15-3:30 Movement 3:30-4:30 Clubs: STEM and the Arts 4:30-4:45 Break/Transition 4:45-5:15 SEL: Kid-Grit 5:15-5:30 Snack/Clean up 5:30 Parent Pick up	2:50-3:15 Check-in/Snack/Circle up 3:15-3:30 Movement 3:30-4:30 Clubs: Beg. Improv, Lego Robotics, MathCounts, Project Learn/ Power Hour 4:30-4:45 Break/Transition 4:45-5:15 SEL: (B) Positive Action 5:15-5:30 Snack/Clean up 5:30 Parent Pick up	1:00-1:15 Check-in/Snack/Circle up 1:15-1:30 Movement 1:30-2:00 Project Learn/Power Hour 2:00-3:00 STEM 3:00-4:00 Clubs: Cooking, The Arts 4:00-4:15 Transition 4:15-5:15 Makerspace 5:15-5:30 Snack/Clean up 5:30 Parent Pick up

## Contact Info

Hailey Larsen  
Site Coordinator  
Email: hailey.larsen@bgcutah.org  
Phone: (801) 372-3849

Program Address: 201 E. Thoroughbred Way



## April Club & Activity Details

### Message to Parents:

April will be a month where we're focusing more on our clubs and providing engaging and fun activities for our students as they begin the end of the school year! We hope as students get involved with these clubs from week to week, that they will develop skills and find opportunities to grow!

### **Minecraft Club** - Ms. Hailey, *Wednesday 3:30-4:30pm*

This club will utilize Minecraft Education Edition, which is a game-based platform that inspires creative, inclusive learning through play. The game takes place in a world of blocks in which you are faced with unique challenges as you gather resources and build.

April Focus: Creative Team Building Challenges

- Week 1: Students will establish teams and each team will be presented with a challenge to complete over the course of the month. The first week will focus on making a plan to execute the build challenge.
- Week 2: Teams will build upon their plan and work together to complete the challenge.
- Week 3: Teams will present their completed challenges.

### **Reading Club** - Ms. Annalyse, *Friday 4:00-5:00pm*

During our new reading club, participating middle school students will meet with an elementary student for an hour each week. Both our younger and older students will improve their cognitive development, language skills, phonics, and comprehension while utilizing mentorship, leadership, and interpersonal communication.

- Week 1: New mentor/ mentee assignments. Get to know your mentee activity!
- Week 2: Read to elementary school students, Elementary students read to middle school students
- Week 3: Five minute bonding activity and all together story time.

### **The Arts Club** - Miss. Annalyse, *Wednesday and Friday 3:30-4:30pm*

Discovery! Creativity! Self-expression! Not only does art improve motor skills, decision making, inventiveness, problem solving, and creativity, through exploring the arts, students have an outlet to process big emotions. A variety of mediums will be offered throughout the course including drawing, painting, puzzle-solving, sculpture, writing, design, music, theater, dance, and poetry.

April Focus: Growing

- Week 1: Flower Pipe Cleaner Arrangements
- Week 2: Moss Hanging Planters
- Week 3: Plant Flowers

### **IRL Gaming Club** - Ms. Sydney, *Monday 3:30-4:30pm*

This month in IRL gaming we will be focusing on compassion and challenges.

### **P.E.** - Ms. Cassie, *Tuesday 3:30-4:30pm*

Each month students will acquire an understanding of and a skill-set in the sport that is selected as the focus of the month. They will also have opportunities to learn about teamwork, sportsmanship, and healthy habits.

April Focus: Volleyball/ Favorite Sports Recap

- Week 1: Play Volleyball based games. (keepy-uppy)
- Week 2: Scrimmage Volleyball Game
- Week 3: Basketball favorites (outside if possible)

### **Cooking Club** - Mrs. Gregersen, *Monday and Friday 3:30-4:30pm*

Students will explore history, culture, traditions of their ancestry. Discussions and research will be presented on food differences around the world and if any of the cultures/traditions are related to the climate and living conditions in the area. Explore the current with the past and discuss differences and consistencies with foods.

This club will encourage students to use technology positively and productively to gain knowledge and understanding of the world and other countries.

- Week 1: Middle East - Luqaimat + paper weaving
- Week 2: English / Viking - Wassel + craft bone carving or string art
- Week 3: Early American - Pumpkin pie + Native american beadwork

### **Advanced Improv**- Mr. Ferguson, *Tuesday 3:00-4:00pm*

Advanced improv will take the advanced students through long form improv. Long form is based on relationships and follows how to create theater without a script. They will perform multiple scenes that are 30 mins or longer. They are learning how to maintain a scene. The skill of improv can help students learn how to be leaders and better public speakers. They will follow the four rules of improv from Commit fully, Yes and, Leave your ego at the door and Respect. These rules are great rules to live by. They will go through short form games that will help bolster confidence in the art form of improv

### **Beginning Improv**- Mr. Ferguson, *Thursday 3:00-4:00pm*

Beginning improv will take students through the basics of improv. The skill of improv can help students learn how to be leaders and better public speakers. They will follow the four rules of improv from Commit fully, Yes And, Leave your ego at the door and Respect. These rules are great rules to live by. They will go through short form games that will help bolster confidence in the art form of improv and help them build towards the advanced class.

- The students will begin experimenting with long form.

### **Makerspace** - BGC Staff, *Friday 4:00-5:00pm*

Every Friday, Boys & Girls Club staff will facilitate a "Makerspace" for students. Our goal for the Afterschool Makerspace is to support students as they delve deeper into their interests and to assist them in developing the necessary skills to help them through the creative process. Some possibilities during Makerspace may include: learning a new skill, writing and producing a play/movie, developing a new game, writing, illustrating, and publishing a book, etc. This will be student driven, supported by BGC staff and resources.

# APRIL 2024

# Gateway Middle

201 E. Thoroughbred Way | (801) 372-3849



**BOYS & GIRLS CLUBS**  
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



*Our SEL focus this month is Overcoming, Improving Me, and Post-Surveys.*

## Get To Know

Hailey Larsen - Site Coordinator, Minecraft Club



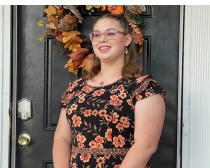
Cassie Newman - Program Manager, P.E. Club



Annalyse Davis - SEL YDP, The Arts Club



Sydney Nielson - AmeriCorps STEM YDP, IRL Gaming Club



## Gateway Staff

Nate Ferguson: Improv  
Kaye Gregerson: Cooking

## Upcoming Events

**April 12th: Spring Fling!**   
(time TBD, will be after school)

BGC is hosting a dance for the Gateway community. Families are invited to come dance, eat, and enjoy fun activities!

# Happy Birthday!

No student birthdays this month.

# CLUB CLOSED

April 1st-5th



## Contact Information:

**Hailey Larsen- Site Coordinator**

Phone: 801-367-2844

Email: [hailey.larsen@bgcutah.org](mailto:hailey.larsen@bgcutah.org)

Clubs are **free** for any middle school student and are held every day. If your child ever stays at the school and participates in a club, they are a part of the Gateway Middle Afterschool Program. All participants must be registered in order to ensure the safety of your children. Please reach out if you have any questions! Registration can be completed online through the following links:

**English Registration Links:**

<https://forms.gle/6ZqEg3GmS3GFYpNL8>

**Spanish Registration Links:**

<https://forms.gle/GdFKHWg2CyDTrBNq9>



## Project Learn

Mon. 4:45-5:15 and Fri. 1:30-2:00 pm

Students will have time to work projects/assignments from the school day. This is an opportunity to get ahead. The Summit Program will be accessible to help facilitate their completion of any assignments/projects

## STEM Labs

Wed. 3:30-4:30 and Fri. 2:00-3:00 pm

Students will be exploring various topics through experiments and projects in the STEM field. (Science, Technology, Engineering and Math)

## Enrichment/Clubs

Please see detailed descriptions above

Mon. - Fri. 3:30-4:30 pm

Mon.	Tues.	Wed.	Thurs.	Fri.
Cooking	Adv. Improv	Minecraft	Improv	Cooking
IRL Gaming	P.E.	The Arts	Adv. STEM	The Arts
				STEM
				Reading

## SEL Prevention & Education

Tues., Wed., and Thurs. 4:45-5:15

This time will be centered around learning ways to develop our sense of self, how we can better ourselves and improve our relationships with those around us.

