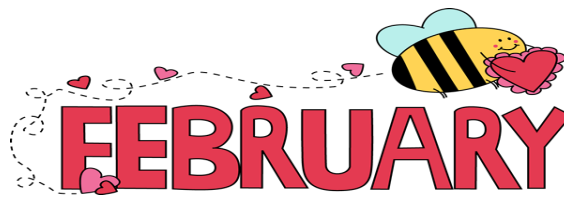


Provo Clubhouse After School Program 2023-2024

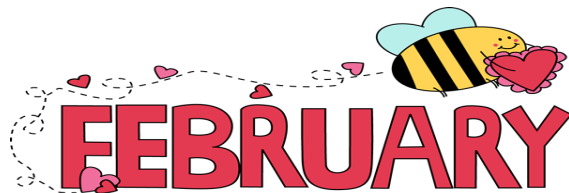


SEL Focus	Monday	Tuesday	Wednesday	Thursday	Friday
My Truest Self	29	30	31	1 POWER HOUR SEL (B): K-2: Getting Along with Others Using Soc/Em Positive Action 3-6: Trying It Out in Class	2 KidGrit Rotations: STEM: 3D Printing Physical: Dodgeball Creative: Madlibs Tech Choice: Chromebooks, Legos, Perler Beads
	5 POWER HOUR ENRICHMENT CLUBS: K-2: Just Dance, Legos, Jewelry Making 3-5: Lunar New Year, Race Cars, Painting, D&D	6 POWER HOUR SEL (P): Mid-Survey	7 Open at 1 PM POWER HOUR STEM HYLEA ENRICHMENT CLUBS: K-2: Lunar New Year, Race Cars, Painting, Jewelry Making 3-5: Just Dance, Legos, Jewelry Making	8 Open at 1 PM POWER HOUR SEL (B): Mid-Survey	9 KidGrit Rotations: STEM: 3D Printing Physical: Dodgeball Creative: Madlibs Tech Choice: Chromebooks, Legos, Perler Beads
	12 POWER HOUR ENRICHMENT CLUBS: K-2: Just Dance, Legos, Jewelry Making 3-5: Lunar New Year, Race Cars, Painting, D&D	13 POWER HOUR SEL (P): K-2: Telling Yourself the Truth 3-6: Telling Yourself the Truth—On Purpose	14 POWER HOUR STEM HYLEA ENRICHMENT CLUBS: K-2: Lunar New Year, Race Cars, Painting, Jewelry Making 3-5: Just Dance, Legos, Jewelry Making	15 POWER HOUR SEL (B): K-2: Telling Yourself the Truth 3-6: Your Truest Bravest Self	16 KidGrit Rotations: STEM: 3D Printing Physical: Dodgeball Creative: Madlibs Tech Choice: Chromebooks, Legos, Perler Beads
	19 Club Closed - President's Day	20 POWER HOUR SEL (P): K-2: Telling Yourself the Truth 3-6: What Can You Do?	21 POWER HOUR STEM HYLEA ENRICHMENT CLUBS: K-2: Lunar New Year, Race Cars, Painting, Jewelry Making 3-5: Just Dance, Legos, Jewelry Making	22 POWER HOUR SEL (B): K-2: Telling Yourself the Truth 3-6: Where You Shine & Where You Need Help	23 Club Closed - Staff Development & Training
	26 POWER HOUR ENRICHMENT CLUBS: K-2: Just Dance, Legos, Jewelry Making 3-5: Lunar New Year, Race Cars, Painting, D&D	27 POWER HOUR SEL (P): K-2: Telling Yourself the Truth 3-6: The Blame Game	28 POWER HOUR STEM HYLEA ENRICHMENT CLUBS: K-2: Lunar New Year, Race Cars, Painting, Jewelry Making 3-5: Just Dance, Legos, Jewelry Making	29 POWER HOUR SEL (B): K-2: Telling Yourself the Truth 3-6: 'Fessing Up	1

Mon./Wed. Schedule	Tues./Thurs. Schedule	Fri. Schedule
3:00 - 4:00 Club Opens - Snack & Recess - Members being dropped off at various times 3:10 - 3:25 pm - Provost Van Pick Up 3:20 - 3:35 pm - Wasatch Van Pick Up 3:30 - 3:45 pm - Treeside Van Pick Up 3:45 - 4:00 pm - Provo Peaks Van Pick Up 4:00 - 4:25 pm - Circle-Up 4:25 - 5:00 pm - Power Hour/Brain Train/ Wednesday's Only - STEM HYLEA 5:00 - 5:50 pm - Enrichment Clubs 5:50 pm - Final Clean up 6:00 pm - Club Closes	3:00 - 4:00 Club Opens - Snack & Recess - Members being dropped off at various times 3:10 - 3:25 pm - Provost Van Pick Up 3:20 - 3:35 pm - Wasatch Van Pick Up 3:30 - 3:45 pm - Treeside Van Pick Up 3:45 - 4:00 pm - Provo Peaks Van Pick Up 4:00 - 4:25 pm - Circle-Up 4:25 - 5:00 pm - Power Hour/Brain Train 5:00 - 5:50 pm - SEL - Positive Action 5:50 pm - Final Clean up 6:00 pm - Club Closes	1:00 - 2:00 pm - Club Opens - Recess 1:20 - 1:35 pm - Provost Van Pick Up 1:30 - 1:45 pm - Wasatch & Treeside Van Pick Up 1:45 - 2:00 pm - Provo Peaks Van Pick Up 2:00 - 2:30 pm - Circle-Up 2:30 - 3:05 pm - SEL - Kid Grit Groups 3:05 - 3:30 pm - Snack/Recess 3:30 - 5:15 pm - STEM/Physical/Creative Rotations 5:15 - 5:50 pm - Tech Choice 5:50 pm - Final Clean up 6:00 pm - Club Closes

Contact Info
Jessie Whittaker.....Site Director Email: provoclubhouse@bgcutah.org Phone: (801) 371-6242
Program Address: 1060 E 150 N Provo UT 84606





February Club & Activity Details

Message to Parents: Our newest change to The Club this month is the start of our 6th Grade Council. Our 6th graders will be working with Mr. Kaven to serve as our student leadership. They will be helping run our clubs, plan activities, and service projects for the rest of our members.

Social Emotional Learning:

Positive Action - Social Emotional Learning curriculum is an evidence based program that is integrated in afterschool activities to build a positive environment throughout the program -- an environment that encourages students to do their best and be their best. Positive Action teaches real-life concepts that help students feel good about themselves. This program is run Tuesday & Thursday with new topics each week. The January theme is getting along with others, a great way to start off the new year!

KidGrit - The kid-grit collective is passionate about equipping educators and students with the tools needed for success. Our innovative, mindful approach builds confidence & character, resilience & social-emotional learning, self-care & wellness.

Academic Support:

Power Hour - The main focus of power hour will be to help youth complete homework assignments, work on HYL A activities and also participate in our reading program. Our goal is to help youth reduce missing assignments. If you know what homework your student should be working on, please let us know and we will do our best to ensure they get it done!

Brain Train - This part of Power Hour allows the students to rotate daily through math, literacy, and science rooms to help support their academic growth.

STEM Labs:

Lego Club - Playing with Lego is so much more than just play time. The kids will work on creative thinking, fine motor skills, hand-eye coordination, problem solving, and attention span. They will work independently and together to build awesome creations and explore the world around them.

Race Car Club - The youth will work with different kinds of materials to make various race cars throughout the month and race against each other to see what works best.

STEM with FlowServe - FlowServe is a company based in Springville, UT that generously volunteers their time to provide a weekly STEM activity for our students every Wednesday.

STEM rotation - Every Friday all students will participate in a STEM activity. This month youth will be taught how to use TinkerCad and 3D print out their own designs.

Enrichment Clubs:

Painting Club - Painting is a great way for kids to practice their fine motor skills, embrace creativity, and express themselves. This club will allow youth to explore their senses, the world of color, and process and outcomes.

Jewelry Making Club - Designing and creating jewelry is a great option to enhance creative skills. Not only will they be expressing themselves through this process, but they will work on their logical and critical thinking skills as well as build concentration skills.

Just Dance Club - Music accelerates brain development, enhancing fine and gross motor skills, executive function, and sensory development. Youth will learn basic rhythmic dance moves, how movement can help them process emotions, and have fun dancing.

Lunar New Year Club - This club will celebrate the Lunar New Year by exploring the traditions of the various countries that celebrate this 15-day event.

Dungeons & Dragons Club - Playing D&D can have a significant and positive impact on kids' growth and development. Whether it's improving creativity, social skills, problem-solving, mental health, or learning and education, D&D is a fun and engaging way for kids to develop important life skills.

FEBRUARY 2024

Provo Clubhouse

1060 E 150 N Provo UT 84606 | 801-371-6242



BOYS & GIRLS CLUBS
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our SEL focus this month is "My Truest Self"

Get To Know

Olivia Perkins - Program Manager
"Hey, I'm Olivia! I'm at UVU, majoring in Elementary Education! I've been working at the Boys and Girls Club for almost 2 years! I love to bake, play guitar, and listen to music! My favorite activity to do with the members is painting. I love Dr. Pepper and Greek food."



Upcoming Events

Feb. 7-9: Club Opens at 1 PM
Mid-Feb.: Summer Registration Opens
Feb. 22: Lunar New Year Parent Night
Mar. 7: Club Closes at 5:30 PM

Happy Birthday!

- 1 - Felix W.
- 4 - Cortana S.
- 9 - Blythe W.
- 11 - Caroline F.
- 14 - Lucas F.
- 17 - Maksym L.
- 17 - Moises A.
- 20 - Grecia A.
- 22 - Lydia W.
- 23 - Freddy H.
- 24 - Jed S.
- 25 - Victoria C.
- 26 - Naydelin M.
- 27 - Hipa L.



CLUB CLOSED

Feb. 19 - President's Day
Feb. 23 - Staff Professional Development & Training



Contact Information:

Jessie Whittaker - Site Director
Sarah Christensen - Program Manager
Phone: 801-371-6242
Email: provoclubhouse@bgcutah.org

Project Learn

Monday - Thursday, 4:25 - 5:00 pm

Homework Help
Literacy, Wordle, & Reading
Kahoot
Math
Workbooks

STEM Labs

Monday, 5:00 - 5:50 pm; Wednesday, 4:15 - 5:50 pm; Friday, 3:30 - 5:15 pm

M&W: Race Car Club, Lego Club
W: STEM with FlowServe
F: TinkerCad

Enrichment

Monday & Wednesday, 5:00 - 5:50 pm

Painting Club
Jewelry Making Club
Just Dance Club
Lunar New Year Club
D&D Club
STEM Clubs listed above

Prevention & Education

Tuesday & Thursday, 5:00 - 5:50 pm;
Friday, 2:30 - 3:10 pm

T: Positive Action (Prevention)
Th: Positive action (Behavior)
F: KidGrit-Healthy Habits



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Utah State Board of Education



WORKFORCE SERVICES CHILD CARE