# Cherry Hill Afterschool Program 2023-2024





SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
	1 Closed Spring Break	2 Closed Spring Break	3 Closed Spring Break	4 Closed Spring Break	5 Closed Spring Break
Improving Me	8 Power Hour SEL-Positive Action (P): K-2 Improving Yourself Continually Using Soc/Em Positive Action 3-6 Getting Better with the Big Things <u>Clubs</u> K-2: Sports Club or Stop Motion Club 3-6: Sculpting Club or Stop Motion Club	9 Power Hour STEM Labs-Science <u>Clubs</u> K-2: Sculpting Club or Stop Motion Club 3-6: Sports Club or Go Team Club	10 Power Hour SEL-Positive Action (P): K-2 Improving Yourself Continually Using Soc/Em Positive Action 3-6 Goal 2: Your Mind <u>Clubs</u> K-2: Sports Club or Stop Motion Club 3-6: Sculpting Club or Stop Motion Club	11 Power Hour STEM Labs- Science Clubs K-2: Sculpting Club or Stop Motion Club 3-6: Sports Club or Go Team Club	12 Fun Friday SEL, Physical, Creative, & STEM Rotations Gratitude
Improving Me	15 Power Hour SEL-Positive Action (P): K-2 Improving Yourself Continually Using Soc/Em Positive Action 3-6 Power and Energy Clubs K-2: Sports Club or Go Team Club 3-6: Sculpting Club or Stop Motion Club	16 Power Hour STEM Labs-Science <u>Clubs</u> K-2: Sculpting Club or Stop Motion Club 3-6: Sports Club or Go Team Club	17 Power Hour SEL-Positive Action (P): K-2 Improving Yourself Continually Using Soc/Em Positive Action 3-6 Getting a Bigger, Better Picture Clubs K-2: Sports Club or Go Team Club 3-6: Sculpting Club or Stop Motion Club	18 Power Hour STEM Labs-Science Clubs K-2: Sculpting Club or Stop Motion Club 3-6: Sports Club or Go Team Club	19 Fun Friday SEL, Physical, Creative, & STEM Rotations Gratitude
Post Surveys	22 Power Hour SEL-Positive Action (P): K-2 Post-Survey 3-6 Post-Survey Clubs K-2: Sports Ubor Go Team Club 3-6: Sculpting Club or Stop Motion Club	23 Power Hour STEM Labs-Science <u>Clubs</u> K-2: Sculpting Club or Stop Motion Club 3-6: Sports Club or Go Team Club	24 Power Hour SEL-Positive Action (P): K-2 Post-Survey 3-6 Post-Survey Clubs K-2: Sports Ubor Go Team Club 3-6: Sculpting Club or Stop Motion Club	25 Power Hour STEM Labs-Science Clubs K-2: Sculpting Club or Stop Motion Club 3-6: Sports Club or Go Team Club	26 Fun Friday SEL, Physical, Creative, & STEM Rotations Gratitude
Post Surveys	29 Power Hour SEL-Positive Action (P): K-2 Post-Survey 3-6 Post-Survey Clubs K-2: Spots Go Team Club 3-6: Sculpting Club or Stop Motion Club	30 Power Hour STEM Labs-Science Clubs Sciubs K-2: Sculpting Club or Stop Motion Club 3-6: Sports Club or Go Team Club	1	2	3

#### **Daily Schedule**

Monday-Thursday	Friday
2:15-2:30 Check-in, Snack	2:15-2:30 Check-in, Snack
2:30-2:45 Structured Recess	2:30-2:45 Structured Recess
2:45-2:50 Transition	2:45-2:50 Transition
2:50- 3:10 Circle-up	2:50- 3:10 Circle-up
3:10-3:15 Transition	3:10-3:15 Transition
3:15-3:45 K-2 (SEL-Positive Action or STEM Labs), 3-6 (Power Hour)	3:15-4:00 SEL Activity
3:45-3:50 Transition	4:00-4:05 Transition
3:50-4:20 3-6 (SEL-Positive Action or STEM Labs), K-2 (Power Hour)	4:05-4:25 Rotation 1 (Creative)
4:20-4:25 Transition	4:25-4:30 Transition
4:25-5:25 Enrichment Clubs	4:30-4:50 Rotation 2 (Physical)
5:25-5:30 Transition	4:50-4:55 Transition
5:30 Snack, Check-out	4:55-5:15 Rotation 3 (STEM)
	5:15-5:20 Transition
	5:20-5:30 Gratitude
	5:30 Snack Check-out



#### **Contact Info**

Zayred Villarreal-Sol Site Coordinator Email: cherryhill@bgcutah.org Phone: 801-717-5035

Program Address: 250 E 1650 S, Orem UT 84058





### Cherry Hill After School Program 2023-2024

## **April Club & Activity Details**

#### Message to Parents:

We are so excited to be implementing these programs and clubs to help your kids! If you have any questions or any ideas for what you would like your child to be learning while here at the club please feel free to let us know. Thanks!

#### **Social Emotional Learning:**

<u>Positive Action -</u> Social Emotional Learning curriculum is an evidence based program that is integrated in afterschool activities to build a positive environment

throughout the program -- an environment that encourages students to do their best and be their best. Positive Action teaches real-life concepts that help students feel good about themselves. This program is run Tuesday & Thursday with new topics each week. The January theme is getting along with others, a great way to start off the new year!

<u>SMART Moves</u> - Is a BGCA Social Emotional Learning curriculum that is evidence based with focuses on building positive relationships, decision-making/critical thinking skills, learning how to avoid/resist harmful substances/circumstances, and bullying prevention. This program is run on Fridays with new topics each week.

#### **Academic Support:**

<u>Power Hour -</u> The main focus of power hour will be to help youth complete homework assignments, work on HYLA activities and also participate in our reading program. Our goal is to help youth reduce missing assignments by aligning with school day teachers and completing daily assignments at programs to allow family time at home.

#### **STEM Labs:**

<u>Science -</u> Youth will have the opportunity to participate in a new experiment every Tuesday, Thursday and Friday! Youth will focus on learning about observation, hypothesis, and the scientific process in these experiments.

#### **Enrichment Clubs:**

<u>Sculpting Club</u> - In this club, our students will learn about sculpting, whether that's with clay, legos or pipe cleaners. This will allow them to be creative and expressive with their art.

**Sports Club** - In this club, the students will learn and practice a new sport each week. Some of the sports they will get to be involved in will be Pickleball, tennis, basketball and volleyball. This will allow the children to dabble into different sports and explore more of their interests in sports.

**Stop-Motion Club** - In this club, the students will be coming up with their own storylines and bring it to life! They will plan and draw their plan on a piece of paper and then bring it to life by capturing these drawings frame by frame, creating a stop-motion video! This will allow the children to spark up their creativity and help them plan out and execute their plans!

<u>Go Team! Club</u>- This club will help the children learn more about how to be a good team player and teamwork! They will get to participate in different activities such as mind-games, physical games and other activities that will let the children show their teamwork skills!

# APRIL 2024

# Cherry Hill

#### 250 E 1650 S, Orem UT 84058 | (801)717-5035



The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our SEL focus this month is Improving Me and Post Survey

#### Parent Message



We are getting close to the end of the school year but we are having so much fun in our program! We are excited for our upcoming clubs. We appreciate all of your constant support that you all constantly show to us.

# Happy Birthday!

Danny-4/1 Santiago-4/7 Renata-4/11 Kaniela-4/22



## CLUB CLOSED

4/1-4/5 Spring Break!!



#### **Contact Information:**

Zayred Villarreal-Sol-Site-Coordinator Phone: (801) 717-5035 Email: cherryhill@bgcutah.org

#### Project Learn

*Monday-Thursday* The main focus of power hour will be to help members complete homework assignments, work on HYLA activities and also participate in our reading program.

#### STEM Labs

*Tuesday and Thursday* During our power hour on Tuesdays and Thursdays, members have the opportunity to participate in STEM labs after they have.

#### Enrichment

#### Everyday

Enrichment clubs are to further enrich and broaden our members' experiences by offering a variety of clubs that members have a choice between. These clubs are changed on a monthly basis.

#### **Prevention & Education**

Monday, Wednesday & Friday Positive Action & SMART Moves curriculum focus on providing youth with important social-emotional skills. All SEL skills are taught through daily lessons and then integrated throughout the rest of programming.

#### Upcoming Events

Spring Break!- April 1st-5th





<u>www.instagram.com/</u> bgcutah

