

**Cascade
Afterschool Program
2023-2024**



SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
	1 No School	2 No School	3 No School	4 No School	5 No School
Improving Me	8 Power Hour STEM: Science Labs Clubs K-1: Candy Company Club 2-3: Trip to Peru 4-6: Paper Crafts Curriculum	9 Power Hour SEL (P): Getting Better with the Big Things Clubs K-1: Art Around the World 2-3: African Safari 4-6: Urban Gardening	10 Power Hour STEM: Science Labs Clubs K-1: Candy Company Club 2-3: Trip to Peru 4-6: Paper Crafts Curriculum	11 Power Hour SEL (B): Your Mind Clubs K-1: Art Around the World 2-3: African Safari 4-6: Urban Gardening	12 Power Hour Fun Friday 30 min ART 30 min Game 30 min STEM
Improving Me	15 Power Hour STEM: Science Labs Clubs K-1: Candy Company Club 2-3: Trip to Peru 4-6: Paper Crafts Curriculum	16 Power Hour SEL (P): Power and Energy Clubs K-1: Art Around the World 2-3: Art Around the World 4-6: Food Preservation	17 Power Hour STEM: Science Labs Clubs K-1: 2-3: Trip to Peru 4-6: Paper Crafts Curriculum	18 Power Hour SEL (B): Getting A Bigger, Better Picture Clubs K-1: Art Around the World 2-3: Art Around the World 4-6: Food Preservation	19 Power Hour Fun Friday 30 min ART 30 min Game 30 min STEM
Improving Me	22 Power Hour STEM: Science Labs Clubs K-1: Candy Company Club 2-3: Trip to Peru 4-6: Paper Crafts Curriculum	23 Power Hour SEL (P): Surveys Clubs K-1: Art Around the World 2-3: African Safari 4-6: Urban Gardening	24 Power Hour STEM: Science Labs Clubs K-1: Candy Company Club 2-3: Trip to Peru 4-6: Paper Crafts Curriculum	25 Power Hour SEL (B): Surveys Clubs K-1: Art Around the World 2-3: African Safari 4-6: Urban Gardening	26 Power Hour Fun Friday 30 min ART 30 min Game 30 min STEM
Improving Me	29 Power Hour STEM: Science Labs Clubs K-1: Candy Company Club 2-3: Trip to Peru 4-6: Paper Crafts Curriculum	30 Power Hour Clubs K-1: Art Around the World 2-3: Art Around the World 4-6: Food Preservation			

Daily Schedule

- 2:15 - 2:25 Meetup/Check In
- 2:30 - 2:45 Snack & Circle Up
- 2:45 - 3:10 Recess
- 3:15 - 3:45 K-6 PowerHour
- 3:50 - 4:20 K-6 SEL/STEM
- 4:25 - 5:25 K-6 Clubs Activities
- 5:25 - 5:30 Dismiss to Pick Up
- 5:30 Check-Out



March Club & Activity Details

Message to Parents:

Our after school programs and clubs are designed to provide your child with a safe and engaging environment where they can explore their interests, develop new skills, and build meaningful relationships with their peers. Our programs are tailored to foster academic, social, and emotional growth, and offer a range of activities that cater to diverse interests and abilities.

Candy Company Club - In this club, we will practice teamwork, creativity and problem solving. The participants will be divided into small teams and instructed to create their own candy company and will present to the other teams after the activity.

Trip to Peru - In this club, we will engage in hand-on activities such as making traditional Peruvian crafts or cooking local dishes. Participants will learn about Peru's famous areas.

Paper Crafts Curriculum - In this club, we will be focusing on teaching various paper crafting techniques and projects to the participants such as cutting, folding, scoring and gluing. Projects making will be card making, paper quilling, decorative boxes and paper flowers.

Around the World - In this club, we will enable the participants to explore virtually different countries and cultures from around the globe. The participants will focus on Culture, History, Language, Music and Arts, etc.

African Safari - In this club, we will have participants explore the wildlife, habitats, conservation, cultures and landscapes in Africa.

Urban Gardening- In this club, it will focus on cultivating a green thumb in the midst of the city. Participants will learn how to grow their own fruits, vegetables and herbs in small spaces.

SEL: Positive Action - In this club we will promote positive behavior, attitudes and skills. It encourages social and emotional learning to help children develop habits and skills that lead to success in life.

Power Hour - In this club, we will focus on homework completion, academic support and tutoring. It would help with the children's challenging assignments and new knowledge.

Fun Friday Rotations -In this club, we will provide a variety of different activities which give students a break from regular structured activities and homeworks.

April 2024

Cascade

860 E 200 N, Orem, UT 84097 | 801-372-6113



BOYS & GIRLS CLUBS
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our SEL focus this month is "Your truest self"

Get To Know Kalo

Our spotlight this month is our new site coordinator Kalo!! Kalo is originally from Tonga and moved out to Utah to go to college. She graduated with a Masters in Public Health and enjoyed working with children. She likes to hang out with her friends when she has time and loves to read books about leadership.



www.facebook.com/BGCUtah



www.instagram.com/bgcutah



Happy Birthday!



Grayson Ho- 4/3
Camila Moreno- 4/15
Eli Sanchez- 4/18
Ruth Stevens- 4/22
Elle Anderson- 4/28
Kevin Chavez- 4/28

CLUB CLOSED

4/1: Spring Break
4/2: Spring Break
4/3: Spring Break
4/4: Spring Break
4/5: Spring Break



Contact Information:
Kalo Maluga - Site Coordinator
Phone: 801-372-6113
Email: Cascade@bgcutah.org

Project Learn

M-Th (K-6, 3:15-3:45)

Project Learn is a time for your students to receive additional academic support. Staff members are able to help them with math, reading, writing, and other homework subjects.

STEM Labs

M,W (K-6, 3:50-4:20)

Students will be focusing on chemical reactions and research design this month!

Enrichment

M-TH 4:25-5:25

Activity specifics are listed in the previous page titled *March Clubs & Activity Details*.

SEL (Prevention & Education)

T/TH (K-6: 3:50-4:20)

Our focus this month will be on improving me. (Positive Action).