# After School Program 2023-2024 MARCH



SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
	26	27	28	29	1
My Truest Self	Club Fun! SEL (B) - Integrity Power Hour	5 STEM Club! Clubs/STEM/HYLA Power Hour	6 Cooking Club! Clubs/STEM/HYLA Power Hour	7 Art Club! SEL (B) - Integrity Power Hour	ω
My Truest Self	Music Club! SEL (P) - Keeping Promises Power Hour	STEM Club! Clubs/STEM/HYLA Power Hour	Cooking Club! Clubs/STEM/HYLA Power Hour	Art Club! SEL (B) - Keeping Promises Power Hour	15
My Truest Self	Create Better Health Club! Standing True Power Hour	STEM Club! Clubs/STEM/HYLA Power Hour	20 Cooking Club! Clubs/STEM/HYLA Power Hour	Art Club! SEL (B) - Standing True Power Hour	22
Improving Me	25 Cooking Club! SEL (P) - Believing In Me Power Hour	26 STEM Club! Clubs/STEM/HYLA Power Hour	27 Music Club with Drum Utah! Clubs/STEM/HYLA Power Hour	Art Club! SEL (B) - Believing In Me Power Hour	29

### **Daily Schedule**

2:30 - Super Snack

2:50 - Restroom Break

3:00 - Brain Break/Club Fun!

3:30 - (SEL) Positive Action/Smart Moves/STEM/HYLA

4:30 - Power Hour (We do our best but homework may not always get completed. Please check your child's work and their progress!)

5:00 - Club Fun, Reflection and Clean Up

5:30 - End of Program



### **Contact Info**

BELKNAP BOYS AND GIRLS CLUB

Site Coordinator: Chloe Wood Email: chloe.wood@bgcutah.org

Phone: 1-801-372-4887

Program Address: 650 E. 510 N. Beaver Utah



### Belknap Afterschool Program 2023-2024



## March Club & Activity Details

### Message to Parents:

We are so excited for the fun activities we have planned for March! We look forward to continuing to build relationships with the youth, teach them new skills that can help them in the future, and watch them grow into future leaders!

### **Social Emotional Learning:**

<u>Positive Action</u> - Social Emotional Learning curriculum is an evidence based program that is integrated in afterschool activities to build a positive environment throughout the program -- an environment that encourages students to do their best and be their best. Positive Action teaches real-life concepts that help students feel good about themselves. This program is run Monday & Thursday with new topics each week. The January theme is getting along with others, a great way to start off the new year!

### **Academic Support:**

<u>Power Hour</u> - The main focus of power hour will be to help youth complete homework assignments, work on HYLA activities and their book in a bag. Our goal is to help youth reduce missing assignments by aligning with school teachers, and working on daily assignments at program to allow family time at home. If you know what homework your student should be working on, please let us know and we will do our best to assist them!

### **Enrichment Clubs:**

<u>Art Club</u> - Students will engage in a variety of creative activities tailored to their age group and skill levels. These activities may include exploring different art mediums such as painting, drawing, sculpting, and collage-making. Overall, the art club aims to foster a love for art and self-expression while nurturing each student's unique creative potential.

**STEM Club** - Youth will participate in a fun STEM Club activity! STEM activities provide opportunities for youth to explore STEM subjects, topics and challenges through hands-on experiential learning.

<u>Edventures Club</u> - Our Edventure Club activities encourage the discovery of talents, interests and self-confidence. While building unique creations and problem-solving through engaging challenges, learners are given autonomy and the opportunity to realize their full potential.

<u>Music Club</u> - Students will explore various musical instruments and learn basic music theory through engaging activities. They'll have the opportunity to sing, play instruments, and develop their musical skills in a fun and supportive environment.

<u>Create Better Health Club</u> - Allie Bradshaw with our local USU Extension Office visits our programs monthly to offer the Create Better Health Club where the focus is to help participants establish healthy eating habits and a physically active lifestyle.

<u>Cooking Club</u> - Students will embark on culinary adventures, learning basic cooking techniques and recipes tailored to their age group. They'll explore different ingredients, prepare simple dishes, and create a love for cooking and healthy eating in a hands-on, interactive setting.

# **MARCH 2024**

# Belknap Elementary

510 N. 650 E. Beaver Utah

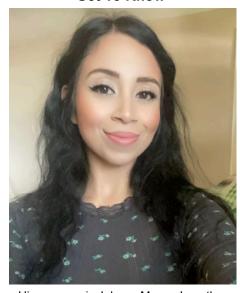


The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our SEL focus this month is my truest self

### **Get To Know**



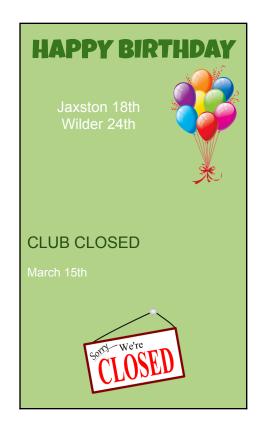
Hi my name is Johana Myers. I am the new stem teacher. I have three kids, a 13 year old girl, a 5 year old boy, and a 2 year old boy. I have 5 pets, 2 dogs, 2 cats, and a tortoise!

My favorite colors are green and black! My favorite food would probably be Chinese and pizza. I love spending time with my family. I enjoy volunteering with little league sports!

I'm so excited to teach stem this year, it's my first time teaching and I have been learning so much from it and have been enjoying it!

### **Upcoming Events**

No School 15th



### **Contact Information:**

Site Coordinator: Chloe Wood Email: chloe.wood@bgcutah.org 801-372-4887 chloe.wood@bgcutah.org

# www.instagram.com/bgcbeaver

### **Project Learn**

The main focus of power hour will be to help members complete homework and school assignments M-TH 4:30-5:00

### **STEM Labs**

During enrichment clubs, members will have the opportunity to participate in STEM activities that are engaging and enjoyable for all.

### **Enrichment**

Enrichment clubs are to further enrich and broaden our members' experiences by offering a variety of clubs. Clubs are to help students build skills in a variety of creative and active activities

M-TH 3:30-4:30

### **SEL** (Prevention and Behavior)

Positive Action, Kid-Grit and SMART Moves curriculum focus on providing youth with important social-emotional skills. All SEL skills are taught through daily lessons and integrated throughout the rest of program.



