### *Windsor Afterschool Program* 2023-2024





SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Getting Along with Others	26 Drama Club (K-2, 3-6) Power Hour	27 Positive Action (P) (K-2, 3-6) American History Activities (K-2, 3-6) Power Hour	28 Career Club (K-2,3-6) Power Hour	29 Positive Action (B) (K-2, 3-6) STEM Club Power Hour	1 Healthy Lifestyles Painting Activities (K-2, 3-6)
My Truest Self	4 Friendship Club (K-2, 3-6) Power Hour	5 Positive Action (P) (K-2, 3-6) Scrapbooking Activities (K-2, 3-6) Power Hour	<i>6</i> <i>Positive Action (B)</i> <i>(K-2, 3-6)</i> <i>Nature Club</i> <i>(K-2, 3-6)</i> <i>Power Hour</i>	7 Grassroots Shakespeare Workshop (K-6)	8 Grassroots Shakespeare Performance (K-6)
My Truest Self	11 No Club School Closed	12 No Club School Closed	13 Positive Action (P) (K-2, 3-6) Nature Club (K-2, 3-6) Power Hour	14 Positive Action (B) (K-2, 3-6) STEM Club Power Hour	15 Healthy Lifestyles <b>St. Patrick's Day</b> Activities (K-2, 3-6)
My Truest Self	18 Friendship Club (K-2, 3-6) Power Hour	19 Positive Action (P) (K-2, 3-6) Scrapbooking Activities (K-2, 3-6) Power Hour	20 Nature Club (K-2, 3-6) Power Hour	21 Positive Action (B) (K-2, 3-6) STEM Club Power Hour	22 Healthy Lifestyles Painting Activities (K-2, 3-6)
Improving Me	25 Friendship Club (K-2, 3-6) Power Hour	26 Positive Action (P) (K-2, 3-6) Scrapbooking Activities (K-2, 3-6) Power Hour	27 Nature Club (K-2, 3-6) Power Hour	28 Positive Action (B) (K-2, 3-6) STEM Club Power Hour	29 Healthy Lifestyles Painting Activities (K-2, 3-6)

#### **Daily Schedule**

<i>Monday/Wednesday</i> 3:30 - 3:50 Check In, Circle Up, Snack 3:55 - 4:45 Clubs 4:50 - 5:05 Recess	4:30 - 5:00 Activities	Friday 3:30 - 3:50 Check In, Circle Up, Snack 3:55 - 4:25 Healthy Lifestyles/KidGrit 4:30 - 5:05 Activities
5:10 - 5:30 Power Hour	5:05 - 5:25 PowerHour	5:10 - 5:25 Recess
5:30 Dismissal, take home snack	5:30 - Dismissal, take home snack	5:30 - Dismissal, take home snack

#### Contact Info

**Site Coordinator: Fina Giraldo.** Phone: 801-372-5373 (Monday-Friday 2:30-6:00 pm) Email: <u>josefina.muller@bgcutah.org</u> Program Address: 1315 N Main St, Orem, UT







#### March Club & Activity Details

#### Message to Parents:

We are very excited to offer your children clubs and activities to learn about friendship, nature, scrapbooking, painting, and STEM. They will have the opportunity to expand their knowledge about those topics through a series of activities that will allow them to learn and grow in a positive learning environment.

#### Social Emotional Learning:

**Positive** Action - Social Emotional Learning curriculum is an evidence based program that is integrated in afterschool activities to build a positive environment throughout the program -- an environment that encourages students to do their best and be their best. Positive Action teaches real-life concepts that help students feel good about themselves. This program is run Tuesday & Thursday with new topics each week. The February theme is "Your Truest Self".

*Healthy Lifestyle -* A supplementary social emotional learning program designed to guide youth through healthy lifestyles for a strong and healthy future.

#### Academic Support:

**Power Hour -** The main focus of power hour will be to help children complete homework assignments, work on other academic activities and also participate in enhancing reading skills. Our goal is to help students reduce missing assignments by aligning with school day teachers and completing daily assignments at programs to allow family time at home.

#### **Enrichment Clubs:**

**Friendship Club** - The purpose of this club is to create a space where children can build strong relationships and confidence in themselves. Knowing that they have a companion in the club and or being able to create a new friendship within the club.

*Nature Club* - *The purpose of this club is to provide children with opportunities to learn about new ways to appreciate the environment we live in and to express it creatively.* 

**STEM Club** - The purpose of this lab is to provide children with learning opportunities about science, technology, engineering, and math. They will interactively explore and create problems and solutions to different everyday problems.

#### Activities:

*Scrapbooking - Children will create memories in a colorful and expressive way. By keeping and cherishing moments in photography and crafting.* 

**Painting-** By creating artwork with paint, children will have fun ways to express different emotions and imaginative ideas.

## March 2024

# Windsor Elementary

#### 1315 North Main Street Orem, UT 84057 | 801-372-5373



The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



#### Our SEL focus this month is My Truest Self and Improving Me

Get To Know The Boys & Girls **Club Staff!** 



London James is one of our Youth Development Professionals. She started working for the Boys and Girls Club in September 2023. She is very creative and loves to paint. She is always happy and smiling. She loves to be part of the club and be with your children every day!

#### **Upcoming Events**

Check our March Calendar! So you can plan accordingly, especially on the days that our club is closed. Please pay attention to any emails that we send you.

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**Power Hour** Monday-Thursday

We have homework help available every single day. We also will have reading, writing, and math activities.

#### **STEM Club**

We will have STEM once a week with fun activities that will help children learn about Science, Technology, Engineering, and Math

#### **Club Enrichment Activities**

Monday-Friday

Friendship, nature, sports, arts, crafts, scrapbooking, team-building activities, and more!

**SEL (Prevention and Behavior)** Tuesday and Thursday

We will use Positive Action to teach Social and Emotional skills to the kids. We will implement twice a week lessons and activities in this program to teach the children the importance of understanding their emotions and knowing how to manage them.

Utah State Board of Educatio



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