

Washington Afterschool Program 2023-2024



SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
	26	27	28	29	1
<i>My Truest Self</i>	4 SEL (P) - Positive Action: Starting out with the Truth POWER HOUR	5 CLUBS: 3-5: Basketball Club and K-2: Natural Disasters Club POWER HOUR	6 SEL (B) - Positive Action: Your Own Truth POWER HOUR	7 CLUBS: 3-5: Natural Disasters Club and K-2: Basketball Club POWER HOUR	8 Skill Building Labs: Active Rotation Creative Rotation STEM Lab
	11 Spring Break No After School Program	12 Spring Break No After School Program	13 Spring Break No After School Program	14 Spring Break No After School Program	15 Spring Break No After School Program
<i>My Truest Self</i>	18 Spring Break No After School Program	19 CLUBS: 3-5: Basketball Club and K-2: Natural Disasters Club POWER HOUR	20 SEL (P) - Positive Action: What's Real and What Isn't POWER HOUR	21 CLUBS: 3-5: Natural Disasters Club and K-2: Basketball Club POWER HOUR	22 Skill Building Labs: Active Rotation SEL (B) - Positive Action: Keeping Our Word STEM Lab
<i>My Truest Self</i>	25 SEL (P) - Positive Action: Standing True POWER HOUR	26 CLUBS: 3-5: Basketball Club and K-2: Natural Disasters Club POWER HOUR	27 SEL (B) - Positive Action: What Did You Learn? POWER HOUR	28 CLUBS: 3-5: Natural Disasters Club and K-2: Basketball Club POWER HOUR	29 No After School Program

Monday/Wednesday	Tuesday/Thursday	Friday
3:30 - 3:45 pm - Check In, Circle Up, Snack 3:45 - 4:05 pm - Recess/Wash hands 4:05 - 4:45 pm - Power Hour / Positive Action 4:50 - 5:25 pm - Positive Action / Power Hour 5:25 - 5:30 pm - PM Snack, Check out	3:30 - 3:45 pm - Check In, Circle Up, Snack 3:45 - 4:05 pm - Recess/Wash hands 4:05 - 4:45 pm - Power Hour / Club Time 4:45 - 5:25 pm - Club Time / Power Hour 5:25 - 5:30 pm - PM Snack, Check out	12:00 - 12:30 Check in, recess 12:30 - 1:00 Structured recess 1:00 - 1:40 Computer lab 1:40 - 2:00 Super Snack 2:00 - 2:45 1st Club rotation 2:45 - 3:30 2nd Club rotation (STEM) 3:30 - 4:15 3rd Club rotation 4:15 - 4:30 PM Snack 4:30 - 5:30 Quiet time/weekly recap 5:30 Checkout

Contact Info
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Program Address: Program Address: 300 N 300 E Washington, UT 84780



March Club & Activity Details

Message to Parents:

Our mission with clubs and activities is to give your child more opportunities for learning and interactive activities with their peers. The goal is to provide an environment that gives your child the opportunity of choice and integrate into new activities each month. There will be a new set of clubs and activities each month that will be posted on the calendar. For monthly clubs, it is the goal to build on each activity weekly, giving your child the opportunity to learn new skills every week! Every day except Fridays we spend time with students doing power hour for academic support. Your child has time during clubs to work on homework that they have been given during the school day and they receive assistance from all Boys and Girls Club staff. On Mondays and Wednesdays students are able to participate in a staff led activity for the purpose of social and emotional learning. This time is allotted for students to become more educated on life skills and emotional intelligence! If you have any questions or concerns please feel free to reach out to me!

~ *Brittney Thliveris* ~

Washington Site Coordinator

Social Emotional Learning:

Positive Action - Social Emotional Learning curriculum is an evidence based program that is integrated in afterschool activities to build a positive environment throughout the program – an environment that encourages students to do their best and be their best. Positive Action teaches real-life concepts that help students feel good about themselves. This program is run Tuesday & Thursday with new topics each week. The February theme is getting along with others, a great way to start off the new year!

Academic Support:

Power Hour - The main focus of power hour will be to help youth complete homework assignments, work on HYLEA activities and also participate in our reading program. Our goal is to help youth reduce missing assignments by aligning with school day teachers and completing daily assignments at programs to allow family time at home.

Skill Building Labs:

Each week on Friday youth rotate among fun and engaging activities designed to build or advance a skill in a creative, physical or STEM concentration area.

Enrichment Clubs:

Natural Disasters Club: After we held a group discussion on natural disasters when we practiced our earthquake drill this past month we saw that the students were SO intrigued by this discussion and asked many different questions. Since we saw that there was so much interest from our students in this topic we thought, why not make it a club this month! For the creative club this month students will be educated on all the natural disasters that occur around the globe and they will be taught of all the many safety plans that are in place to keep them safe in the event that they occur.

Basketball Club: In the spirit of March Madness this month we are holding a basketball club for our students. During this club each student will be able to learn the basic skills of the game of basketball and get the chance to play in games against their peers.

MARCH 2024

WASHINGTON

300 N 300 E Washington UT 84780 | 801-372-5776



BOYS & GIRLS CLUBS
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our SEL focus this month is

Get To Know

-Ms. Alexis-



This is Ms. Alexis' first time working with us here at the Boys and Girls Club! Alexis enjoys spending time with family and friends. She is excited to work here at the Boys and Girls Club to build many relationships with the students and help be a support to our team and the kids!

Upcoming Events

SPRING BREAK
March 11-18

PROGRAM CLOSED
March 29 & 1



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Avery - March 28th
Chandler - March 25th
James - March 12th
Logan - March 13th
Oliver - March 13th
Kaia - March 2nd

CLUB CLOSURES

SPRING BREAK
March 11-18

PROGRAM CLOSED
March 29 & 1



Contact Information:

Brittney Thliveris - Site Coordinator
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Power Hour

Monday-Thursday

The main focus of power hour will be to help members complete homework assignments, work on Hyla activities and also have the opportunity to work with program staff on assignments given throughout the week.

Clubs

Tuesdays & Thursdays

This month for our creative club students will be learning about all the natural disasters that occur around the world and learn about safety plans. For physical club students will get the opportunity to play basketball each Tuesday and Thursday in the spirit of March Madness this month!

Enrichment

Everyday

Enrichment clubs are to further enrich and broaden our members' experiences by offering a variety of clubs that members have a choice between. These clubs are changed on a monthly basis.

Prevention & Education

Mondays & Wednesdays

Positive Action & SMART Moves curriculum focus on providing youth with important social-emotional skills. All SEL skills are taught through daily lessons and then integrated throughout the rest of programming.



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