

SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
My Truest Self	26	27	28	29	1 <b>Power Hour</b> <b>Art Club:</b> "Clay Fridge Magnets" <b>Fun Friday:</b> The Floor is Lava
My Truest Self	4 <b>Power Hour</b> <b>Art Club</b> "Paper Bag Puppets"	5 SEL (P): Positive Action "Telling the Truth" <b>PE Club:</b> "Freeze Dance and Tag" <b>Power Hour</b>	6 <b>Power Hour</b> <b>STEM:</b> Wind Energy "Paper Pinwheels"	7 SEL (B): Positive Action "Your Own Truth" <b>Leadership Club:</b> K-2: School service Project 3-6: Service Project Planning <b>Power Hour</b>	8 <b>Power Hour</b> <b>Art Club:</b> "Woven Circles" <b>Fun Friday:</b> 20 Questions
My Truest Self	11 <b>No Clubs</b>	12 <b>No Clubs</b>	13 <b>Power Hour</b> <b>STEM:</b> Chemical Reactions "Coke and Mentos"	14 SEL (B): Positive Action "Keeping Our Word" <b>Leadership Club:</b> K-2: Teacher Appreciation Project 3-6: Service Project Begin <b>Power Hour</b>	15 <b>Power Hour</b> <b>Art Club:</b> "Culture: Paper Maché Bowls" <b>Fun Friday:</b> Leprechaun traps
My Truest Self	18 <b>Power Hour</b> <b>Art Club</b> "St Patrick's Day: Paper Rainbow Plate"	19 SEL (P): Positive Action "Standing True" <b>PE Club:</b> "Yoga" <b>Power Hour</b>	20 <b>Power Hour</b> <b>STEM:</b> Chemical Reactions "Ice Cream in a Bag"	21 SEL (B): Positive Action "What did you Learn" <b>Leadership Club:</b> K-2: Family Appreciation Project 3-6: Service Project continued <b>Power Hour</b>	22 <b>Power Hour</b> <b>Art Club:</b> "Make your own Bingo" <b>Fun Friday:</b> Culture Around the World
Improving Me	25 <b>Power Hour</b> <b>Art Club</b> "Weaving Butterflies"	26 SEL (P): Positive Action "Believing We Can" <b>PE Club:</b> "Sharks and Minnows" <b>Power Hour</b>	27 <b>Power Hour</b> <b>STEM:</b> Density and Mass "Foil Boats"	28 SEL (B): Positive Action "Trying Hard" <b>Leadership Club:</b> K-2: Heart Attack 3-6: Service Project wrap up/reflection <b>Power Hour</b>	29 <b>Power Hour</b> <b>Art Club:</b> "Egg decorating" <b>Fun Friday:</b> Scavenger Hunt

Monday/Wednesday Schedule	Tuesday/Thursday Schedule	Friday Schedule
<ul style="list-style-type: none"> <li>3:15-3:35 – Snack and Circle Up</li> <li>3:35-4:00 – Recess</li> <li>4:00-4:30 – Power Hour</li> <li>4:30-5:25 – Club/STEM</li> <li>5:30 – Pick Up</li> </ul>	<ul style="list-style-type: none"> <li>3:15-3:35 – Snack and Circle Up</li> <li>3:35-4:05 – Power Hour</li> <li>4:10-4:40 – Positive Action SEL</li> <li>4:45-5:25 – Enrichment Club</li> <li>5:30 – Pick Up</li> </ul>	<ul style="list-style-type: none"> <li>1:15-1:30 - Check In and Circle Up</li> <li>1:30-2:15 - Recess</li> <li>2:15-2:30 - Snack</li> <li>2:30-3:00 - Power Hour</li> <li>3:00-4:00 - Enrichment Club</li> <li>4:00-4:30 - Meditation Club</li> <li>4:30-5:25- Fun Friday Rotations</li> <li>5:30 - Pick Up</li> </ul>

**Contact Info**

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*Area Director*  
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 Address: 4230 N University Ave.



## March Club & Activity Details

### **Message to Parents:**

We are so happy to have you and your kids in our afterschool program! This month, we are focusing on developing leadership and service skills as our older kids get to collaborate and plan their own service project and our younger kids will learn different ways to show appreciation to people in their lives. Thank you for everything you do!

**Art Club** - This month we will explore different art mediums and practice using gross and fine motor skills. Art Club is on Mondays and Fridays this month.

**PE Club** - This club aims to teach sportsmanship, how to learn new things, and using movement to enhance a healthy lifestyle. PE Club is on Tuesdays.

**STEM** - We have fun and engaging activities for learning about chemical reactions, energy, and mass and density. STEM is every Wednesday.

**Leadership Club** - This is all about service this month. Our K-2 kids will be able to do a service project each week focusing on how to show appreciation in different ways for different groups of people. Our 3-5 kids will have the opportunity to research, plan, and do their own service project this month.

**Power Hour** - Power hour is a time every day for club members to either complete homework assignments, get tutoring in a subject they would like help on, or practice math or literacy skills. This occurs for 30 minutes each day.

**SEL** - On Tuesdays and Thursdays at 4:10, we spend 30 minutes learning about social and emotional skills through a program called Positive Action. We teach specific lessons aimed to introduce a positive action children can use to improve their social and emotional skills. This month is focused on being your truest self.

MARCH 2024

# Walden K-5

4230 N University Ave. | 801-372-8594



**BOYS & GIRLS CLUBS**  
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



*Our SEL focus this month is "Your Truest Self"*

## Get To Know

### Brianne Bramwell

Brianne just started with the Boys and Girls Club last week! We are so happy to have her here with us. She has extensive experience in elementary education and believes that every child matters. During clubs, you'll find her getting to know each child personally and playing games and doing activities right alongside them.

# Happy Birthday!

Samuel  
Matthias  
Liam  
Nancy  
Loxley  
Elijah  
Juniper  
Diana  
Walter



**CLUB CLOSED**

March 11 and 12 for Teacher Work Days



## Contact Information:

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## Power Hour

*Daily*

- Homework and Study Help
- Reading and Math time

## STEM Labs

*Wednesday*

- Chemical Reactions
- Energy, Mass, Density

## Enrichment

*Monday, Tuesday, Thursday, Friday*

- Art, Service, PE, Leadership

## Prevention & Education

*Tuesday and Thursday*

- We will build social and emotional skills by learning to be our truest selves.



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Utah State Board of Education

