

# Provo Clubhouse After School Program 2023-2024

# MARCH



**BOYS & GIRLS CLUBS**  
OF UTAH COUNTY

SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
My Truest Self & Improving Me	26	27	28	29	1 Guest Speaker: Chris Waddell - Paralympian Fun Friday: Mario Kart tournament, Laser Tag, Origami,
	4 POWER HOUR ENRICHMENT CLUBS: K-2: STEM, Capture the Flag 3-5: D&D, Clay	5 POWER HOUR SEL (P): K-2: Telling Yourself the Truth Using Soc/Em Positive Action 3-6: Starting Out with the Truth	6 POWER HOUR ENRICHMENT CLUBS: K-2: D&D, Clay 3-5: STEM, Capture the Flag	7 POWER HOUR SEL (B): K-2: Telling Yourself the Truth Using Soc/Em Positive Action 3-6: Your Own Truth <b>Club Closes at 5:30 PM</b>	8 KidGrit Rotations: STEM: Programming Physical: Ultimate Tag Creative: Pictionary Tech Choice: Chromebooks, Legos, Perler Beads
	11 POWER HOUR ENRICHMENT CLUBS: K-2: STEM, Capture the Flag 3-5: D&D, Clay	12 POWER HOUR SEL (P): K-2: Telling Yourself the Truth Using Soc/Em Positive Action 3-6: What's Real and What Isn't	13 POWER HOUR ENRICHMENT CLUBS: K-2: D&D, Clay 3-5: STEM, Capture the Flag	14 POWER HOUR SEL (B): K-2: Telling Yourself the Truth Using Soc/Em Positive Action 3-6: Keeping Your Word	15 <b>Closed</b>
	18 <b>Closed</b>	19 POWER HOUR SEL (P): K-2: Telling Yourself the Truth Using Soc/Em Positive Action 3-6: Standing True	20 POWER HOUR ENRICHMENT CLUBS: K-2: D&D, Clay 3-5: STEM, Capture the Flag	21 POWER HOUR SEL (B): K-2: Telling Yourself the Truth Using Soc/Em Positive Action 3-6: What Did You Learn?	22 KidGrit Rotations: STEM: Programming Physical: Ultimate Tag Creative: Pictionary Tech Choice: Chromebooks, Legos, Perler Beads
	25 POWER HOUR ENRICHMENT CLUBS: K-2: STEM, Capture the Flag 3-5: D&D, Clay	26 POWER HOUR SEL (P): K-2: Improving Yourself Continually Using Soc/Em Positive Action 3-6: Believing We Can Do More, Be More	27 POWER HOUR ENRICHMENT CLUBS: K-2: D&D, Clay 3-5: STEM, Capture the Flag	28 POWER HOUR SEL (B): K-2: Improving Yourself Continually Using Soc/Em Positive Action 3-6: Believe, Try Hard, and Stick It Out	29 KidGrit Rotations: STEM: Programming Physical: Ultimate Tag Creative: Pictionary Tech Choice: Chromebooks, Legos, Perler Beads

Mon./Wed. Schedule	Tues./Thurs. Schedule	Fri. Schedule
3:00 - 4:00 Club Opens - Snack & Recess - Members being dropped off at various times 3:10 - 3:25 pm - Provost Van Pick Up 3:20 - 3:35 pm - Wasatch Van Pick Up 3:30 - 3:45 pm - Treeside Van Pick Up 3:45 - 4:00 pm - Provo Peaks Van Pick Up 4:00 - 4:25 pm - Circle-Up 4:25 - 5:00 pm - Power Hour/Brain Train/ Wednesday's Only - STEM HYLEA 5:00 - 5:50 pm - Enrichment Clubs 5:50 pm - Final Clean up 6:00 pm - Club Closes	3:00 - 4:00 Club Opens - Snack & Recess - Members being dropped off at various times 3:10 - 3:25 pm - Provost Van Pick Up 3:20 - 3:35 pm - Wasatch Van Pick Up 3:30 - 3:45 pm - Treeside Van Pick Up 3:45 - 4:00 pm - Provo Peaks Van Pick Up 4:00 - 4:25 pm - Circle-Up 4:25 - 5:00 pm - Power Hour/Brain Train 5:00 - 5:50 pm - SEL - Positive Action 5:50 pm - Final Clean up 6:00 pm - Club Closes	1:00 - 2:00 pm - Club Opens - Recess 1:20 - 1:35 pm - Provost Van Pick Up 1:30 - 1:45 pm - Wasatch & Treeside Van Pick Up 1:45 - 2:00 pm - Provo Peaks Van Pick Up 2:00 - 2:30 pm - Circle-Up 2:30 - 3:05 pm - SEL - Kid Grit Groups 3:05 - 3:30 pm - Snack/Recess 3:30 - 5:15 pm - STEM/Physical/Creative Rotations 5:15 - 5:50 pm - Tech Choice 5:50 pm - Final Clean Up 6:00 pm - Club Closes



## Contact Info

Jessie Whittaker.....Site Director  
Emily Hakala.....Site Coordinator  
Olivia Perkins & Sarah Christensen.....Program Managers  
Email: provoclubhouse@bgcutah.org  
Phone: (801) 371-6242

Program Address: 1060 E 150 N Provo UT 84606



## March Club & Activity Details

**Message to Parents:** Can you believe March is already upon us?!? In case you missed it, summer registration is open! You can find the link available on our website. Priority goes to the current families the club serves, with any additional spots going to the public. In other news, Ms. Jessie is expecting a baby boy! Her due date is in April, however just like many things in life, it's possible that he will make a sooner and unexpected arrival. As she prepares to bring her new little one home, Ms. Emily, the Site Coordinator, will start taking on more responsibilities with the help of the Program Managers, Ms. Sarah and Ms. Liv. Please get to know them and be comfortable with talking to them and asking them any questions you may have.

### **Social Emotional Learning:**

**Positive Action** - Social Emotional Learning curriculum is an evidence based program that is integrated in afterschool activities to build a positive environment throughout the program -- an environment that encourages students to do their best and be their best. Positive Action teaches real-life concepts that help students feel good about themselves. This program is run Tuesday & Thursday with new topics each week.

**KidGrit** - The kid-grit collective is passionate about equipping educators and students with the tools needed for success. Their innovative, mindful approach builds confidence & character, resilience & social-emotional learning, self-care & wellness.

### **Academic Support:**

**Power Hour** - The main focus of power hour will be to help youth complete homework assignments, work on HYLE activities and also participate in our reading program. Our goal is to help youth reduce missing assignments. If you know what homework your student should be working on, please let us know and we will do our best to ensure they get it done!

**Brain Train** - This part of Power Hour allows the students to rotate daily through math, literacy, and science rooms to help support their academic growth.

### **STEM Labs:**

**Designing Model Membranes Club** - Students will be able to recognize the role of bioengineers in designing technologies based on ideas from the natural world. They will also explain that biological membranes separate or protect structures in an organism by allowing some things to pass through them, but not others. They will work together to design their own membranes to demonstrate how they function.

**STEM with FlowServe** - FlowServe is a company based in Springville, UT that generously volunteers their time to provide a weekly STEM activity for our students every Wednesday.

**STEM rotation** - Every Friday all students will participate in a STEM activity. This month youth will be taught the concept of coding and programming through gaming. They will work together to come up with a set of plans or programs that they must follow in order to play a game.

### **Enrichment Clubs:**

**Capture the Flag Club** - Not only is Capture the Flag a great way to get some physical activity, but it's great for sharpening problem solving skills, improving analytical skills, and working together as a team!

**Clay Club** - Introducing clay to youth provides multiple outlets for individual ideas, feelings, and developmental skills. For youth, clay holds no preconceived ideas as to what it is or how it is supposed to be used. Youth will learn how to use modeling clay, oven bake clay, and air dry clay.

**Dungeons & Dragons Club** - Playing D&D can have a significant and positive impact on kids' growth and development. Whether it's improving creativity, social skills, problem-solving, mental health, or learning and education, D&D is a fun and engaging way for kids to develop important life skills.

MARCH 2024

# Provo Clubhouse

1060 E 150 N Provo UT 84606 | O:801-371-6242 | C: 801-717-6214



**BOYS & GIRLS CLUBS**  
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



*Our SEL focus this month is My Truest Self and Improving Me*



## Get To Know:

### Andrew Young, YDP

"Hey! My name is Andrew Young! I'm going to GBC, and currently working on my generals right now. I like to snowboard, work out, and read. My favorite foods are bacon and cheese."

## Upcoming Events

Mar. 7: Club Closes at 5:30 PM



[www.facebook.com/BGCUtah](https://www.facebook.com/BGCUtah)

## Happy Birthday!

1 - Ben S.  
3 - Amani S.  
3 - Linus W.  
4 - Alistair S.  
4 - Finn L.  
5 - Samantha S.  
6 - Maria Jose H.  
6 - Vienna S.  
10 - Iriana P.  
10 - Karla S.  
10 - Sebastian S.  
19 - Arthur S.  
19 - King C.  
19 - Skylar R.  
24 - Maral B.  
24 - Namuun B.  
27 - Eimy L.  
27 - Katheryn T.  
30 - Luna Y.  
31 - Magnus H.



## CLUB CLOSED

Mar. 15 & 18 - PCSD Closed



## Contact Information:

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Emily Hakala - Site Coordinator  
Olivia Perkins & Sarah Christensen -  
Program Managers  
Phone: 801-371-6242  
Email: [provoclubhouse@bgcutah.org](mailto:provoclubhouse@bgcutah.org)

## Project Learn

Monday - Thursday, 4:25 - 5:00 pm  
Homework Help  
Literacy, Wordle, & Reading  
Kahoot  
Math  
Workbooks

## STEM Labs

Monday, 5:00 - 5:50 pm; Wednesday,  
4:15 - 5:50 pm; Friday, 3:30 - 5:15 pm  
M&W: Designing a Model Membrane  
W: STEM with FlowServe  
F: Programming

## Enrichment

Monday & Wednesday, 5:00 - 5:50 pm  
Capture the Flag Club  
Clay Club  
D&D Club  
STEM Clubs listed above

## Prevention & Education

Tuesday & Thursday, 5:00 - 5:50 pm;  
Friday, 2:30 - 3:10 pm  
T: Positive Action (Prevention)  
Th: Positive action (Behavior)  
F: KidGrit-Healthy Habits



[www.instagram.com/bgcutah](https://www.instagram.com/bgcutah)



Utah State Board of Education

