

Orem Jr. High Afterschool Program 2023-2024



**BOYS & GIRLS CLUBS
OF UTAH COUNTY**

SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Being Truthful	26	27	28	29	1 Clubs Dungeons and Dragons Sports STEM Activity Debate Fashion Design Open Art Tutor Lab/Power Hour: 3-5
Honest Connections	4 SEL-Positive Action (P): Honesty Through Laughter, Tears, Lightening Up Clubs Game Show Club Robotics Stop Motion Cooking Tutor Lab/Power Hour: 3-5	5 Clubs Club Latino Weight Training STEM Activity Graphic Design VR: After 4:30 Tutor Lab/Power Hour: 3-5	6 SEL-Positive Action (B): Honesty and Humor Clubs Weight Training Robotics Stop Motion Podcasting Tutor Lab/Power Hour: 2-5	7 Clubs Sports STEM Activity Graphic Design VR: After 4:30 Open Art Cosmetology Tutor Lab/Power Hour: 3-5	8 Clubs Dungeons and Dragons Sports Robotics Debate Fashion Design Open Art Tutor Lab/Power Hour: 3-5
Me Now and Future Me	11 No School	12 No School	13 SEL-Positive Action (P): Me Now, My Dreams and Ideals Clubs Weight Training STEM Activity Stop Motion Podcasting Tutor Lab/Power Hour: 3-5	14 SEL-Positive Action (B): Who Do I Want to Be? Clubs Sports Robotics Graphic Design VR: After 4:30 Tutor Lab/Power Hour: 2-5	15 Clubs Dungeons and Dragons Sports STEM Activity Debate Fashion Design Open Art Tutor Lab/Power Hour: 3-5
Discovering My Way	18 SEL-Positive Action (P): Goals to Get Me There Clubs Game Show Club Robotics Stop Motion Board Games Tutor Lab/Power Hour: 3-5	19 Clubs Club Latino Weight Training STEM Activity Graphic Design VR: After 4:30 Tutor Lab/Power Hour: 3-5	20 SEL-Positive Action (B): Broadening My Horizons Clubs Weight Training Robotics Stop Motion Podcasting Tutor Lab/Power Hour: 2-5	21 Clubs Sports STEM Activity Graphic Design VR: After 4:30 Open Art Cosmetology Tutor Lab/Power Hour: 3-5	22 Clubs Dungeons and Dragons Sports Robotics Debate Fashion Design Open Art Tutor Lab/Power Hour: 3-5
Believing in Me	25 SEL-Positive Action (P): Believing in My Potential Clubs Game Show Club STEM Activity Stop Motion Cooking Tutor Lab/Power Hour: 3-5	26 Clubs Club Latino Weight Training Robotics Graphic Design VR: After 4:30 Tutor Lab/Power Hour: 3-5	27 SEL-Positive Action (B): Courage to Try Clubs Weight Training STEM Activity Stop Motion Podcasting Tutor Lab/Power Hour: 2-5	28 Clubs Sports Robotics Graphic Design VR: After 4:30 Open Art Cosmetology Tutor Lab/Power Hour: 3-5	29 Clubs Dungeons and Dragons Sports STEM Activity Debate Fashion Design Open Art Tutor Lab/Power Hour: 3-5

Daily Schedule

M/T/Th/F

- 2:45-3:00 Super snack in the lunchroom, select club
- 3:00-3:30 SEL Positive Action (Mondays typically)
- 3:30-4:20 Club rotations
- 4:20-4:30 Small snack. Late bus arrives
- 4:30-5:30 Ending club rotations and cleanup

Wednesdays

- 12:45-1 Super snack in the lunchroom, select club
- 2-2:30 SEL Positive Action
- 2:30-2:50 Club rotations
- 2:50-3 Small snack. Late bus arrives.
- 3-5:30 Ending club rotations and cleanup

HOMEWORK HELP (Power Hour) IS OFFERED EVERY DAY until 5:00 in the tutor lab



Contact Info

Spencer Fulton
Site Coordinator
Email: oremjr@bgcutah.org
Phone: 801-592-6312
Program Address: 650 W Jaguar Ave, Orem 84057



March Club & Activity Details

Message to Parents:

Hello parents! We are excited to be coming into the month of March expanding our club ideas.. We have the aim this month to help your kids to gain new skills. We will be encouraging students to try things they haven't done in the past! Please look at the options below and encourage your child to participate in something new.

SEL:

Positive Action - refers to a comprehensive educational program designed to promote positive behaviors, character development, and social-emotional learning among students. The curriculum encompasses lessons, activities, and resources aimed at fostering a positive after school culture by teaching values, emotional well-being, and responsible decision-making to enhance both academic and personal development in teens. This is run on Mondays from 3-3:30 pm and Wednesdays from 2-2:30 pm.

STEM

Various STEM Activities - Teens will have a chance to try out new experiments every A-day. Students will learn about science, technology, engineering, math, and more during these fun activities. Students often have the chance to make their own creations using science.

Robotics - This is an active club where students learn about robotics and have the chance to design and build their own. No prior knowledge is necessary to join this fun club. After learning the basics, students may have an opportunity to join competitions at other local schools and have a shot at winning robotics tournaments. This also teaches the students important job skills in an engineering and tech environment.

Enrichment

Fashion Design - This club is a place where teenagers can explore their passion for design, experiment with trends, and collaborate on exciting fashion projects. Through workshops, styling sessions, and hands-on design activities, members have the opportunity to express their unique style and foster a sense of camaraderie with like-minded peers. At the end we will be doing a fashion show. This will be every Friday starting in February.

Cooking - Every other Tuesday students will be given the liberty to create using food. Some days focus on practical cooking skills such as cooking ground beef or following a recipe, while other days the students may be able to experiment with their own ideas. We will touch on a variety of different food options, ensuring that every student will love their tasty creations.

Graphic Design - The students will learn principles and elements of graphic design and be introduced into the graphic design world. Students will be given multiple opportunities to create designs for different "clients" and will work with different surfaces and materials. We hope that this will help the teens to think outside the box no matter who or what they are designing for. This club meets every Tuesday and most Wednesdays.

Weight Training and Sports - Let's get active! Students will have the chance to learn about why exercise is extremely important for their bodies. We will be doing a variety of different workouts and sports, teaching students new things that they can do to stay on top of their health. These options are available every day except for Tuesday.

Stop Motion - this is for kids who love bringing stories to life through animation! Led by passionate mentors, we offer hands-on workshops and collaborative projects where members learn storytelling, character design, and animation techniques. With a focus on creativity and teamwork, our club provides a supportive environment for young filmmakers to unleash their imagination, make friends, and bring their ideas to life one frame at a time. Join us and let your creativity soar at the Stop Motion Club!

Podcasting - This is one of our student-run activities! Guided by a staff, a student will be in charge of introducing the digital media format of podcasting to the other students. We will learn about how podcasting can be done for fun but also as a growing viable career option. We will brainstorm ideas of topics to talk about and research about these topics in order to have good content. We are excited for this one! Every Wednesday.

Club Latino - Every Tuesday we have a club geared more toward our spanish-speaking population. We will be teaching about different cultures and traditions of many Latin countries. We will also be doing a mixture of our other clubs all in the spanish language so that our Latino students can participate in new experiences and learn new things in their native language.

Game Show Club - this club is a chance for students to use what they have been learning at school and clubs to compete in fun games based on some of the classic tv shows like Jeopardy, Family Feud, Are You Smarter Than a Fifth Grader and more! Kids will work together in teams to win these fast paced activities and tasks. Game Show Club takes place every Tuesday.

Cosmetology - this club is a vibrant and interactive group where students explore the exciting world of beauty and self-expression. Through hands-on workshops and discussions, members learn various cosmetology techniques, share styling tips, and foster a supportive community passionate about personal grooming and creativity. They will also learn how these skills can relate to many jobs that exist in working America

MARCH 2024

Orem Jr. High

650 W Jaguar Ave, Orem, UT, 84057 | 801-592-6312



BOYS & GIRLS CLUBS
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our SEL focus this month is Who Do I Want to Be?

Get To Know

Hi my name is April Gleim, I am a youth developmental professional here at Orem Jr. I have been working for The Boys and Girls club for about 2 years now. I am currently a student at BYU studying law. I love getting to know all your kids here at after school clubs!



Upcoming Events

Registration for our summer high adventure program has started, so make sure to check your email and get registered!

Happy Birthday!



- Brody 2nd
- Quade 3rd
- Max 5th
- Kyler 7th
- Osmar 11th
- Samantha 11th
- Raiden 12th
- Ryan 12th
- Diego 13th
- Staci 16th
- Ian 23rd
- Karitha 24th
- Dafne 28th

CLUB CLOSED

March 11 and 12



Contact Information:

Spencer Fulton - Site Coordinator

Phone: 801-592-6312

Email: oremjr@bgcutah.org

Project Learn

We have homework help (power hour) every day with help from tutors from UVU. Let's get those grades up!

STEM Labs

Every day we have something ready for the teens! Robotics on B days and fun STEM experiments on A days.

Enrichment

We are introducing a new club this month: Stop Motion. Encourage your kids to try this fun filmmaking style. We will continue on with Club Latino, Debate, Game Show Club, Fashion design club, and a few more.

Prevention & Education

We have Positive Action every Monday and Wednesday. The monthly emphasis about figuring out who we want to be. We will be helping your kids to set goals and to think about their futures.



www.instagram.com/bgcutah



www.facebook.com/BGCUtah



Utah State Board of Education



